# TREATISE

ON THE

Religious Observation

OF THE

# LORD's-DAY,

According to the

## Express WORDS

OF THE

### FOURTH COMMANDMENT.

The THIRD EDITION.

To which is added,

ASERMON on Heb. x. 25. Of not forsaking the Assemblies for publick Worship.

### By S. WRIGHT.

#### LONDON

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# PREFACE

To the SECOND EDITION.

HE design of first publishing this Treatise, was to promote the religious Observation of the Lord's-Day. If that De-

sign be answered in the Lives of any, I am not solicitous to make them of the same Opinion with my self in Points of Controversy. Tho' after a Revisal of the whole, upon the Demand of a new Impression, I cannot help declaring, that I see no Reason for altering my Sentiments as to any thing I

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have laid a Strefs upon in this Treatise. What I have said concerning Moses's changing the Day of the Sabbath, is mention'd only as a probable thing; nor would I wish that Opinion should be any farther regarded, than as the Reasons mention'd for it carry their Evidence and Weight along with them. For it is still certain, that CHRIST, as Lord of the Sabbath, might and did change the Day of Rest, whether Mo-Ses made any Alteration of it, or not. And it is certain also, the Letter and Wording of the Command is such, that it may be applied to any Day of the Week God shall pitch upon for his Service, numbring fix Days from the Sabbath so appointed, and then keeping holy every seventh Day from that Time, till God himself shall order a new Æra, or reckoning of Days, by beginning a new Sabbath.

But to secure the Observance of a seventh Part of Time upon such a Compu-

Computation, as an act of Religion, (that is, with an Eye to Gop, and in Obedience to him,) it is necessary to infilt on the Morality or perpetual Obligation of the fourth Commandment. And since this cannot be maintain'd, without explaining the Commandment so as to allow for a change of the Day, it appeared necessary to mention several things, which some Readers have thought might as well be left out. But in reality this is the Truth of the matter; that those who are unacquainted with former Controversies about the Lord's-Day, think I have said too much, while others think I have land too little, on those Heads.

## Pro captu lectoris babent sua fata libelli.

The main Points which I wish all might be brought to unite in, are, the Morality of the Sabbath, and the careful observing it as a Day of holy Rest. Some have written for the religious Obser-

Compu-

Observation of the Lord's-Day, while they have gone only upon human Authority, and the Appointment of the Church, in this Matter. But with me, I must confess, the Morality of the Sabbath, and the fanctifying or keeping it holy, are Points that stand or fall together.

I have heard some things mention'd in general, to take off People's Attention from such a Thought as this, and from all Books that would make the Fourth Commandment a perpetual Law. There are two or three Ways of talking about this, that I shall here set myself to consider, and answer. And I would hope the perusing of this Preface, will make the after reading of this Treatise more profitable and useful.

It is commonly said, "That the most learned, and the most considerable part of our English Clergy
are

" are against the Morality of the Sab-

" bath, and do not put the Observ-

" ance of it upon its being a Com-

" mand of God, but only as requir-

" ed by Civil and Ecclefiaftical Au-

" thority.

To this I answer. (1.) That it is not true to say the most learned of the Clergy are of this mind. Because the Testimonies I have produc'd from Hooker, Stillingfleet, and others, univerfally fam'd for their Learning, have determined one Day in seven to be what God's immutable Law doth enact for ever; and that the Observation of the Lord's-Day was not started by Sects and Parties among us, but the constant Sense of the Laws and Church of England. And I will beg leave to add here another Testimony from one of as great Learning, Reading, and Piety, as any that can be mentioned; and that is Bishop Usher. In his Sum and Substance of Christian Religion

he has particularly shewn, what need there is of one Day in seven to serve God; and that the Sabbath is not ceremonial; as also, the Reasons for changing the Day snow the seventh to the first Day of the Week.

lead Reciple on neke highe of the When therefore it is alledged, that some Bishops, and learned Men of the Church of England are against the Morality of the Sabbath, we are only led to set the Opinion of some Bi-Shops against others, and some learned Men against others; but it is not just to say, the most learned and most considerable of the Clergy, are for have ing the Fourth Commandment look'd upon as an abrogated Law. For, if this was the prevailing Opinion, would not the Homilies, and other publick Offices, be altered, that speak of the Fourth Commandment as a Law yet in Force? To instance in one Particular; can it be thought that upon every Occasion of reading the Commandments,

ments, the Beople should be required every where to pray, God would incline their Hearts to keep this Law, if it was esteem'd a Law that is obsolete and out of date? If any of the Clergy in their Conversation or Practice, would lead People to make light of this Law, I can only say they are to be pitied, and prayed for, but not to be imitated in such Prevarications with Almighty God. I have it from a very good Hand, that when Dr. White, the Bishop of Ely, wrote against the Morality of the Christian Sabbath, Bishop Usher was so exceedingly shock'd at it, that (clapping his Hand upon his Breast) he immediately recited those Words of the Prophet Jeremy to Hananiah; Thus faith the Lord, this Year thou Shalt Jer. xxviii. 16. die, because thou hast taught Rebellion against the Lord.

(2.) I desire it may farther be considered, that such as make the Observation

vation of the Lord's-Day depend upon human Authority, derive it from the time of the Apostles; and so allowing it to be practised and settled by Men divinely inspired, they do in effect make it a Law and Appointment of God. Where this is not afferted, we see no Regards are had to this Day that are worth our Notice. But certain it is, that a loose and unguarded Way of talking upon this Head, has led many to count every Day alike, and to mind no more of Religion on a Lord's-Day, than they do on other Days of the Week. Others perhaps content themselves with going to Church one part of the Day, that they may be doubly loose and sensual the other Parts of it. Where it is not esteemed a Law of God, to keep holy the seventh Day, we see how little Effect it has, to teach it as a Commandment of Men. The Churches are empty, and Houses of Entertainment filled: The facred Offices of the Day are despised;

despised; and the Park, and the Fields and Visits, and Diversions, and Journies, consume the sacred Time. And at this rate, however considerable they may be thought that are for encouraging those Liberties, they are certainly weakning the Hands of all good Men, and destroying the Credit and Power of Religion more and more every Day.

But it is farther objected against such Treatises as this, "That so ma"ny Exercises of Religion in publick
"and private, with such absolute Re"straints from worldly Business and
"Diversions, as are here insisted on,
"is carrying Matters much farther
"than needs; and rather tends to set
"Men against the Lord's-Day, than
"to make them honour and ob"serve it.

To this I reply; that I am far from insisting on such Length and Tediousness

ousnels in religious Duties, as some may be chargeable with, meerly that they may fill up their whole time on a Lord's Day. I am afraid, the carrying Matters so far in the last Age, as some did, both in their publick and private Devotions, thrust out many other parts of Religion, and has prejudiced not a few against even the necessary Duties of this Day. I have therefore been particularly careful to set each Duty in such a Light, as may render it grateful; but yet to preserve a due Sense of every thing which I find enjoined in the Word of God. If I have said any thing otherwise than is warranted by Scripture, let that be disregarded and set aside; but if the Word of God, and his Law, speak the very things that are here set down, it is not this Book only that is objected against, but the Book of GoD, when fuch things are counted more than praying for Ministers in general

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I do not desire this Matter should be carried farther than it is by Bishop Wilkins, in his Discourse of Prayer. In that Book he fays, "We sin against " the Fourth Commandment, when we do not remember to keep the LORD's-" Day holy; that is, when we are not " mindful beforehand to prevent and " avoid all such Businesses as may distract us in those Duties that belong unto this Day. "When we our selves do not rest from our usual Works, and sinful " Desires, but mis-spend much of that " precious time in Idleness or Vanity, " or else satisfying our selves in a su" perstitious, customary Observation " of the outward Rest, without regarding the Means or the Works of Sanctification.

"When we are not careful to pre"pare ourselves for publick Duty, by
"praying for Ministers in general,
"that God would endow them with

2 "fitting

" fitting Gifts and Abilities, prosper-

" ing their Endeavours by giving hap-

" py Success unto their Ministry: More

" particularly for the Pastor to whose

" Charge we belong, that God would

" direct him to speak unto our Hearts

" and Consciences.

"When we are careless in the per-

" forming of our publick Duties, not

" with so much Reverence, Sinceri-

" ty, Spiritualness, Attention, as we

" should.

"When we are negligent in look-

" ing to those that are under us, who

" by our Carelessness or Connivance,

" may be encouraged to the Profana-

" tion of this Day.

"When we fail in those private

" Duties that concern the Sanctificati-

" on of the Sabbath, Meditation of

" the Word we hear, Searching the

" Scriptures to prove the Truth of it,

"Application of it to our selves, ex-

" amining our own Hearts, private

" Prayer, Conference, mutually ex-

" horting

" horting and stirring up each other

" unto holy Duties, con-

" templating the Greatures, Deut. xi. 19.

" and the Providence of

"GoD. Assure or the thomas thould stand

"When we are weary of the Sab-

" bath and wish it were

gone, and cannot call it Am. viii. 5.

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Once more; it is very commonly objected by some Persons, "That "the Protestants in other Nations, "have no such Regards to the Lord's-"Day, as those I am pleading for.

In return to this, 1. Let it be consider'd seriously, that no Opinions or
Practices of any, either at Home or
Abroad, are to be a Rule to us farther than as they agree with the Word
and Law of God. Supposing, therefore, the common Accounts were true,
concerning the neglect of the Lord's-

Day

Day in some foreign Countries, that ought by no Means to make us disobedient to a plain Law of God, or unmindful of those Passages of Scripture which teach us to reverence and sanctify his Sabbaths. We do not find such a Fondness for the Protestants abroad, as to make them an Example and Rule to us in some other things, that are valuable and commendable; and is it not a Pity that we should copy after them in a matter less reputable, and much disputed even among themselves?

2. Let it be considered, that their learned Men are of different Opinions in this Matter, as well as ours. We must therefore in this, as in the former Case, set the Opinions and Reasons of one side, against the Opinions and Reasons on the other side, and then judge for ourselves.

A late Professor in Holland \* has laid down some Theses concerning the Sabbath, which he apprehends may be generally received. After he has distinguished "betwixt the Rest of God, " and that which was to be observ-" ed by Man; " he shews, "that God " sanctified the seventh Day both by " Fact, and Precept. The Rest which " is required of Man, includes, (1.) "His abstaining from every evil. "Work. (2.) His acquiescing and " resting in God alone. (3.) His lay-" ing aside all those Works and Cares " that concern only the sustaining of "this bodily Life, and whatever " would hinder the Duties and Exer-" cises of Religion.

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<sup>\*</sup> Witsius, in Lib. 1. de Oeconom. Fæder. cap. vii.

And then, from Quotations out of Calvin, Cocceius, and others, he shews, 't that every seventh Day, according to God's Example, ought to be made a Day of Leisure from all worldly Labours, to mind the things of God, and attend his Worling.

If the several Disputes about the Sabbath in the Decalogue, may be brought to this Issue, (as Witsus thinks they may \*,) the Sense of the foreign Protestants, will not much disfer from what is laid down in this ensuing Treatise. And then it only lies upon them, and us, to make Opinions and Practices agree, and that will bring

l here

<sup>†</sup> De Oecon. Fæder. p. 85. In hisce Thesibus, naturam primi Sabbati non infeliciter explicantibus, si omnes, ut spes est, conveniamus; magnum quidem ego opus confectum arbitror, & viam complanatam esse ad sopiendas illas male faustas contentiones de Sabbato Decalogico, quibus Academiæ & Ecclesiæ Belgij, jam aliquot retro annis, perstrepuere.

all to a like religious Observation of the Lord's Day, with what is here insolution. But one content of the lord on But of the lord on But of the lord on that every seventh Day, according

3. The Objection taken from the Practice of foreign Countries, is very injurious to them, when it would represent them as universally negligent of the Lord's-Day. In some Places I am well assured, there are Persons of as great Piety and Devotion in spending the Lord's-day, as any that are to be found among us. But those who form their Judgment upon the general Behaviour of the People they fee and converse with, as Travellers do, may imagine there are no serious Regards had to this Day. So let a Person who is a Stranger to these Parts of the World, give an Account of the Observation of the Lord's - Day in London, according to what he generally observes, and I am afraid we should appear to be for the most part, as loose and profane as any others.

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There is another Thing to be confider'd; which is practis d'at Hanover, and in some other Protestant Countries, (that such as only pass thro' those Places are unacquainted with,) of which I have had an Account from One that lived abroad a confiderable time; and that is, their beginning the Sabbath on Saturday Evening. By this Computation, they reckon their Sabbath is over soon after the publick Service is concluded the next Day; and therefore they allow themselves in any of those Works or Diversions in the Evening, which they count lawful on other Days. Thus considering their different time of beginning and ending the Day, they observe a Day of twenty four Hours as well as we. And therefore, to spend the Evening of a Lord's Day as they do, ought not to be esteemed Profaneness in them, as it would be in us, who begin our Day of Rest six or eight Hours after them. To

To conclude this Preface, I wish both They, and We, were more concerned to keep holy the Sabbath Day; considering it as the first Institution of GoD; the great Ground-Work of all true Piety and Devotion; and the best Expedient to recover and strengthen those things in Religion, which are ready to die.

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# CONTENTS.

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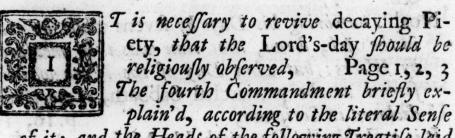
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#### THE

# CONTENTS.



of it; and the Heads of the following Treatise laid down, P.4,5

\*\*\*\*

### CHAP. I.

The Explication of the fourth Commandment justified, as to the first Branch of it; that is, the Day and Time of the Sabbath.

To make this an abrogated Law, is unbecoming the Clergy, and an Injury to the Caufe
of Christ,

Sect. 1. The fourth Commandment says nothing of
the time of beginning or ending the Sabbath,
a 4

according to our way of measuring other Days,

according to our way of measuring other Days,

10.

Sect. 2. It does not infest upon our knowing and obferving that exact Day and Time of the Week, in
which God rested when he ceased the Work of
Creation,

p. 11, to 14

Sect. 3. It is given in such Terms as may suit either the last or first Day of the Week, provided there be six Days for Labour, and then the seventh after those six statedly kept for holy Rest, p. 14, &cc.

Noth's numbring his Days by sevens while he was in the Ark, shews, that time was then measured by Weeks: but what Day of the Week was observed as the patriarchal Sabbath, is no where declared in Scripture,

p. 16, 17

It is probable the Day pitch'd by Moses, was different from the Day that was before observed, p. 17, and [117, 118]

But, suppose a Divine Order for pitching the Day of the first Sabbath differently, under different Dispensations of Religion, the fourth Commandment does not meddle with this; but only requires, that the seventh Day from such appointed Sabbath, be still carefully observed, p. 18. and [117, 123]

Sect. 4. To keep holy the seventh Day in this Sense, is a moral Precept, or of perpetual Obligation, p. 19. and [115, 120]

The Proportion of Time for Divine Worship is thus settled by God himself, and not left to the will of Man, or to the civil Power to ordain,

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This was first pointed out by God's Example: The Actions of the Creator, then sufficiently declaring his Pleasure, had the Force of a Law, p. 20 This Law was written afterward by God himself, and so given in express Words, p. 21 This Law does not stand and fall with the ceremonial Law given by Moses, for three Reasons, viz.

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1. Because it was a Law from the beginning, before the ceremonial Law in any part of it was contrived, ibid.

2. Because it was delivered in a Way quite different from the ceremonial Law, and was engraven among those Laws that are confessedly moral and perpetual,

p. 22.

3. Because, when the ceremonial Law was abolished, the fourth Commandment had still the same Honour done to it, that ever it had, p. 23

Sect. 5. Some Account of the universal Regards had to this Law, in all Ages, and all Parts of the Earth, which farther proves the Morality of it,

P. 24, to 27

### 

### CHAP. II.

Of altering the Day of the Week, which is appointed to be kept holy, by our Lord Jesus Christ.

Sect. 1. OUR first Parents began their Life with the Day of Rest, p. 29. So that it went before their six Days of common Life. See the Testimonies, [p. 121, &c.]

The

The first Day of the Week is thought by some to bave been generally observed before the giving of Moles's Law, 72 . 27, wandment of town 20 Moses bowever was directed and ordered by God, to begin his Sabbath on that which was reckoned in his Time the last Day of the Week, that he might deliver the Jews from Idolatry, 10 p. 30 When our Saviour came afterward to abolish the ceremonial Law of the Jews, after it bad anfwered the Ends for which it was given, he pitched upon the first Day of the Week for the Sabbath of Christians, Some have thought that in thus doing he brought the Sabbath to the first Pattern. See the Testimonies, p. 122

Sect. 2. That Christ did direct this change of the Day, is proved,

1. From those Actions by which he put a distinguishing Honour on the first Day of the Week, p. 32. On this Day he rose from the Dead, and met his Disciples, and bless'd them, p. 33. and he sent the Holy Ghost on this Day, p. 34.

2. From the Apostles interpreting these Actions by the infallible Spirit, so as to observe the first Day of the Week for the Christian Assemblies, p. 35. From the Scriptures carrying the Honour to this Day, and giving it the Name of the Lord's-Day,

From hence it appears, that the Observation of the Lord's-Day is not a meer human Tradition, but an Apostolical Appointment, and confirmed by the universal Practice of the Christian Church, p. 37. See also the Testimonies, p. [125, to 128]

### THE CONTENTS.

The first Day of the Week is thought by some to Sect. 3. This change of the Day was no Injury to the fourth Commandment, p. 37. but a means of making it more generally and truly observed, p. 38, to 40. The Atteration was brought about fo as. not to diffurb the Order and Course of Things in 04 " deliver the lews from IdolatichlroW setzo Sect. 4. In this Alteration we ought to acquiesce, and to observe the fourth Commandment according 24 brera de Ends for achieb is and given betient ed upon the first Day of the Week for the Sab-

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MAR MARINES CONTROLLER SERVICE CONTROLLER CONTROLLER CONTROLLER CONTROLLER CONTROLLER CONTROL CONTROL

Explains the Rest appointed on the Lord's-Day.

Sect. 1. THE Rest of Christians differs from that of the Jews in their ceremonial Observances of it, p. 46. Yet it ought to be observed according to the Letter of the fourth Commandment, in laying aside all the proper Business of the Week Days, and all worldly Employments, P. 47, 48. But little things should not raise Scruples; nor should works of Government, Necessity, and Mercy be neglected, and ground it the Name of there's me

Sect. 2. Particular Proofs from Scripture of Men's being forbidden to exercise their Trades on the Lord's-Day, p. 50, 1053 is not a recer human I radings, on

Sect. 3. All forts of Carriages, and needless Travelling forbidden on the Lord's-Day, p. 53, &cc.

Cases .

2 4000

Cases of Necessity that may dispense with this - noght would not the construction of their ways carefully carefully carefully carefully

Scot 4. There must be a resting or abstaining from all sensual Diversions, and Recreations, p. 56, 57. Of the Declaration for Sports and Pastimes, research and private and provide the p. 58

Sect. 5. Parents, Malters, and Magistrates, are required to see that the Law of the Sabbath be observed, p. 59. Of Parents Duty in this Matter, p. 60. Of the Duty of Masters, p. 61. The Obligation that lies on Magistrates, p. 62. These things to be considered not for Speculation, but Practice, p. 63

### 

# Seel 4 Of Morks of Charity and Goodne's to the

Of the Religion of the Lord's-Day, and keeping it holy.

Section for the open of Charity and Coodnels to the

HE Rest of the Day, and the Holiness of it joined together in Scripture, p. 64

Sect. 1. Of hallowing or fontlifying this Day in general. How consecrated by God; and how it is dedicated and devoted by Man, p. 65. No inherent Holiness in Times, but made holy by the doing of God's work only, p. 66. It is not a Day for Idleness, but for Holiness, p. 66, 67

Sect. 2. Of attending the publick Worship of God. The Jews spent a great part of their Sabbath in the Temple, p. 68. The first Christians spent much

much of their Lord's-Day in the publick Affemblies, p. 69. We ought on these Days carefully to attend on all the Parts of religious worship, 27.08 fodiog Diversions, and Recreations, p. 56;

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CANNE .

Of the Declaration for Sports and Paf Sect. 3. Of secret and private Exercises of Religion on the Lord's-day. These must not interfere with, or be put in the Place of publick Worship, p. 72. But we are to begin the Day with pious Thoughts, Reading, and Prayer, p. 73, 74. And they that have Families should call them together, and worship with them before they go to Church, P. 75. Of finging Pfalms in private Houses, ibid. Of our Behaviour betwixt the Times of publick Worship, p. 76. And of the Duties of the Evening, 英美国英州美国国际美国民族 计单位

Sect. 4. Of Works of Charity and Goodness to the Souls of others on the Lord's-day, viz. Conversing with them about Religion; reading to them, praying with them, &c. P. 77, to 79

Sect. 5. Of Works of Charity and Goodness to the Bodies of others, viz. Helping and attending the Sick; laying by something of our worldly Gains for good Uses; and contributing to the Necessities of others when called upon; and doing all the good Offices we can to those about us, p. 80, . 88 otdedicated and devoted by Man, p. 65. No

inherent Eletines in Times, but made holy by the duing of Good work only p 66. It is not a Day for Identis bir for Holingly 0.66, 67

sect 2 Of attending the tublish of orfair of Goo The Jews foest a great part of their Sabbath in Compley of the first Christians spent

#### THE CONTENTS.

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Eafons	for keeping	boly the	Lord's-da	y in gene-
R Eafons	ps historias	-day rend	5 7.10 T 30.	p. 84

est many that.

y a a farther

Sect. 1. It is expressly required by God, p. 85
James ii. 10. applied to the fourth Commandment,
whosoever keeps the whole Law, and yet offends in one point he is guilty of all, p. 86, 87.
Keeping the Sabbath is insisted on as a sign of Obedience to all the other Laws of God, p. 88

Sect. 2. The Equity and Reasonableness of the Law of the Sabbath should engage Men to observe it, p. 89, 90

Sect. 3. The Benefit and Advantage of observing the Lord's-day, should engage us to keep it holy. It is a Refreshment to the Body; an Improvement of the Mind; and a Day on which Heaven bestows the richest Gifts and Blessings upon Men,

P. 91, 92, 93

Sect. 4. The happy Influence, which the religious Observation of the Lord's-day hath, upon the common Affairs of Life, should make us remember to keep it holy,

An Injunction of Queen Elizabeth, with which she began her Reign; and the Example of the Lord Chief Justice Hale referr'd to,

Right spending the Lord's-day, forms the Mind to Sobriety and Discretion on other Days,

Justice Place of Mercy in times of Danger and Affiction,

P. 97

Sect.

Sect. 5. The Corruption and Misery of many that despise or neglect the Lord's-day, is a farther Argument for the religious Observation of it. Profaning the Lord's-day tends greatly to pervert the Thoughts of Men, and to lead to Debauchery, and Infidelity,

p. 97, 98

It spoils the Tempers of Men, to forsake the religious Assemblies; makes them grow sullen or factious, and sometimes profligately wicked, p. 98.

Many Judgments and Calamities are occasioned by polluting the Sabbath, p. 99, 100

7.

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v.

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S

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Dect

Sect. 6. Our Day of Rest should be religiously obferved, because of that eternal Rest which is typissed by it, and for which it is design'd to prepare us,
p. 100, 101
Our present Sabbath compared with our future e-

ternal Sabbatism, in four Particulars, viz.

I. In a Cessation from all earthly Labours and Enjoyments,

2. In the Holiness that adorns both, p. 102, 103

3. In the Services and Employments of both,

p. 103, 104 4. In the Splendor and Blessings of them, p. 105, 106 The Use we should make of that Difference there is, betwixt our present and future Rest, p. 107, 108

An Injunction of Queen Elizabeth, with which for

# Right Spending the Lord's-day, forms the Mond to Sobriety and Descreeks T. A. R. R. A. Days. 10 06

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# Religious Observation

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# LORD's-DAY

Explain'd and recommended, according to the Fourth Commandment.

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### INTRODUCTION.



Decay of Piety. And happy would it be for us, could any Expedients be found to bring Religion more into Request, and to give it new Life and Power among those who

call themselves Christians.

In order to this, I would particularly recommend a religious Observation of one Day in seven, as it is appointed of God to be remembred and kept by us. The Fourth Commandment expressly requires, that we should keep holy the Sabbath-day.

And

And the Stress, which the Scripture lays upon the Observance of this Command, is so great, that the Whole of Religion seems to rest very much upon it.

It is an Observation worthy of regard; "That "God has placed this Command about the mid-" dle of the Commandments with a remember be-" fore it, to intimate, that if This be duly attend-" ed to, we shall be better enabled to keep all " the rest; but if we forget This, other Parts of " our Duty will not be much, or however not " long, minded by us." In fact, this is certainly true; and very numerous are the Instances that confirm the Truth of it. It is also intimated, That Men would become too generally regardless of this Law of GoD; because it needs to have a Mark fet upon it which no other Commandment hath. We are therefore call'd, in a particular man-

In the Service of the Church we are instructed, when we hear this Commandment read, to beg, that God would have mercy upon us, for our past Breaches of it; and that our Hearts may be inclined, for the future, to keep this Law. I would therefore hope, that those, whose Hearts go along with their Lips in fuch a Prayer, will give the more diligent heed to what shall be laid before them on this Subject.

Surely Religion would not have come to be despised, as it is, by the profane part of the World; nor would those, who profess to keep up a Veneration for it, live and act as too commonly they do; if the perpetual Obligation, and the great Defign of the Fourth Commandment, were duly con-

fidered and understood.

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It is therefore to promote a serious Consideration of this matter, and a right understanding of it, that this Treatife is publish'd. To reverence God's Day, and keep it holy, would warm the cold Affections of Christians to God, and Goodness, and one another: And it would greatly check abounding Iniquity in the World. Religion would, hereby, be promoted among those that have no Sense of it; and it would be preserved in its Power and Excellency among those that profess it. This would greatly tend to reclaim a vicious Age; and to rescue many from the Snares of the Devil, who makes Men twofold more the Children of Wrath and Disobedience, by their idling, or rioting away, or wantonly spending their sacred Time.

Besides, it is a most rational Conclusion, and abundantly exemplified, That one Day in seven spent in serious Thoughtfulness, would make Men more wise in their Conduct on other Days. So that both their temporal and spiritual Interests, are admirably promoted, by the religious Observance of the LORD's-DAY.

These things will be farther enlarged on hereafter: I mention them *bere* only to shew, that the Subject I am now to treat of is exceedingly important, both in itself, and in its Consequences.

But before I enter upon the fuller Explication of the Fourth Commandment, and the moral Nature or perpetual Obligation of it, I would put the Reader upon observing the manner in which this Law is worded. And by a careful attending to this, we shall better be prepared for the several Heads that are more distinctly and largely to be considered.

The Commandment, as it was first given by God, stands thus;

B 2 Remember

### 4 INTRODUCTION.

Remember the Sabbath-day, to keep Exod. xx. 8.9, it holy. Six Days shalt thou labour, and do all thy Work: But the seventh Day is the Sabbath of the Lord thy God: Thou shalt not do any Work, thou, nor thy Son, nor thy Daughter, thy Man Servant, nor thy Maid Servant, nor thy Cattel, nor thy Stranger that is within thy Gates: For in six Days the Lord made Heaven and Earth, the Sea, and all that in them is, and rested the seventh Day; wherefore the Lord blessed the Sabbath-day, and hallowed it.

The whole Precept lies in those Words, Remember the Sabbath-day, to keep it holy. In which short Sentence, there are two Branches; and all the following part of this Statute is only for Explication of those two Branches, and enforcing the

Duty therein required.

The first Branch of this Precept is, Remember the Sabbath-day: That is, remember the Day of Rest; for Sabbath in the Hebrew Language signifies Rest. The second Branch is, remember to keep such a Day holy: That is, to separate it from

other Days, and consecrate it to the Lord.

If you ask, What Day is meant by the Day of Rest? The Explication of that first Branch immediately follows in these Words; Six Days shalt thou labour, and do all thy Work; but the seventh Day is the Sabbath [or Rest] of the Lord thy God. Nothing more is here expressly required, but that after every six Days Labour, there should be a Day of Rest. The different Method of computing Days, in order to fix upon the seventh for stated Rest, is not inserted in this Law. And it is a Circumstance that may be altered (as I shall hereafter prove) without overthrowing the Obligation, or at all weakning the Force of this Command. This Law is express'd in general and very extensive

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extensive Terms, "Six Days shalt thou labour, and do all thy Work, and the seventh, [that is,

" after those fix thou shalt do no Work.

If it be asked concerning the second Branch of this Law, How fuch a Day is to be kept holy? In answer to this, a particular Explication is added also, in the Body of the Command: Namely, Thou shalt not do any Work, Thou, nor thy Son, nor thy Daughter, &c. The Word here rendered Work, according to the strict sense and meaning of it, fignifies Trade, or Calling. And so in the literal Acceptation of this part of the Precept, I shall shew that it is perpetually binding. shalt not do any Work in the way of thy Trade or worldly Employment on this Day. But according to the Jewish Explication of doing no manner of Work, we are not bound by this Law; being fince taught much more reasonable Things, by him who is LORD of the Sabbath.

The closing part of the Command adds some very powerful Reasons for Men's keeping holy the Sabbath: Because in six Days the LORD made Heaven and Earth, the Sea, and all that is in them, and rested the seventh Day: Wherefore the LORD bleffed the Sabbath-day [or the Day of Rest] and hallowed it. When God had made the World in fix Days, he then rested the seventh: And he therefore requires, that (analogous hereto) Men should keep a Day of holy Rest after e-Then it follows, God very fix Days Labour. bleffed and ballowed the Day of Rest; which is a farther Reason why we should religiously observe it, and count it a bleffed and delightful Day. These Reasons will be considered in the proper Place.

But having now stated, in general, the Meaning and Intention of the Fourth Commandment;

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I shall proceed to justify this Explication, and to shew that the Commandment, thus understood, is

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moral or perpetually binding.

I shall also make it appear, That the Way of computing Days, in order to a seventh being kept holy, may be altered without Injury to this Command: And that it actually is altered by our Lord Jesus Christ and his Apostles, from what it was by the Direction of Moses.

This will farther lead me to shew, "How our Day of Rest under the Gospel is to be kept how by." In which case tho we are rescued from Jewish Explications and Impositions, yet we are to sanctify a Day according to the true and exact

meaning of the Fourth Commandment.

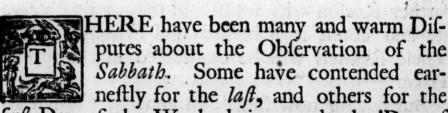
And then will follow, the Reasons, why one Day in seven should be thus religiously observed

by us.



### CHAP. I.

Wherein the Explication of the Fourth Commandment, before given, is justified, as to the first Branch of it: And the perpetual Obligation of the Command, as thus understood, is proved.



first Day of the Week, being made the Day of boly Rest: Whilst several sorts of Persons have despised

despised all those Debates, as of no manner of Importance or Concern to them, looking upon the fourth Commandment as an abrogated Law.

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It is no wonder that the Deists, and such as set aside the whole Book of God, should disregard this Command in particular: But for Men that believe the Scriptures, and Men in holy Offices, to argue against the Obligation of this Command, is strangely unbecoming their Character, and tends greatly to lessen their Esteem, and to render their Ministrations of little or no effect. The loose and fenfual Part of the World may count this Law of God a strange thing, and may snuff at it, and give up themselves to their own earthly, senfual Thoughts and Inclinations; but one would expect a quite different sense of things, from those who profess to have any Veneration for the Institutions of Heaven, and a relish for the Pleasures of Devotion.

It has not a little injured the Cause of Christ, and the Practice of Piety, that some devout and learned Men among the Clergy, have determined the fourth Commandment to be purely ceremonial; and so have resolved the Observation of the Lord's-Day entirely into the Authority of the Church.

It is not my Design here to revive Disputes on this Head; but to state things so as to guard against what has been written in Prejudice of that Day God appoints to be kept holy, and to prevent suture Mistakes about it, and Prophanations of it. I shall therefore,

I. Observe, That to fix one exact Period of Time, as to beginning and ending the Day of Rest, is no Part of the fourth Commandment.

II. Shew

H. Shew, That it is not the Design of this Command, to make the Day of our religious Rest depend upon a certain Knowledge of THAT Day on which God rested, when he created the World.

III. The Commandment is given in such terms as may suit either the Day that begins the Week, or that ends it; and is equally obliging, whether it be applied to one or the other. And,

IV. The Commandment, thus confidered, is amongst those that are called moral Precepts, or of perpetual Obligation.

### MACHEC HENRENGEN CONTROL

#### SECTION I.

Shews, That to fix one exact Period of Time, for beginning and ending the Day of Rest, is no Part of the Fourth Commandment.

In the first account of God's bleshing and sanctifying the Day on which he ceased from his creating Work, there is no mention of the length of that Day, or the Time when God would have it to begin and end: Nor does the Fourth Commandment mention any thing particularly in this Matter, but only refers us to the Day of God's Rest, as following the six Days in which the Creation of this World was finished. But in all Reason we must conclude that the seventh Day included both Evening and Morning, and so consisted of the same Number of Hours, which each of the six Days preceding had done.

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The Fourth Commandment therefore requires us to observe a Day; such a Day, as, in an equal and just Account, answers to, and is of the same duration with, other Days.

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Just as the other Days begin and end, in the usual Method of measuring our Time, so this Day for holy Rest must be measured by us. Debates, which have arisen about the Sabbath's beginning and ending, are altogether unscriptural; fince the Word and Command of God lays no firess upon this. To say the Evening and the Morning made the seventh Day, as the other Days are described, will not bring us to any certainty in this Matter: Because the Days of the Creation, it is evident, were univerfal Days; that is, every where measured alike, and not as the Days after the Creation were. The Sun was not created till the fourth Day, nor is it said what time of the Day it was created, nor how the Evenings and Mornings were to be computed from thence. Besides, we find that among the Jews themselves, their Computation is very different as to the Hour of their Evening's first beginning. Some tell us, " That Moses, being learned in all the "Wisdom of the Egyptians, and particularly in " their Astronomy, began the Day as the Egyptian " Priests did, at Midnight." Others tell us the Eastern Computation of the Day begun at Noon: Including in their Evening all the Time of the Sun's declining, till it began to return again; and in their Morning all the Time of the Sun's approaching and advancing, till it came to its Height +. . But

<sup>†</sup> In a learned Treatife on the Fourth Commandment, (recommended by Dr. Bates and Mr. Hom, for the reconciling of all Controversies about the Sabbath-day,) it is shewn, That the Arabians and other Eastern Countries, began

But in after Ages (as it is evident in the Days of Nehemiah and of our Saviour) they computed their Evening to begin at the time of the Sun's setting; and so our seven o' Clock at Night, was

their one o' Clock, or their first Hour.

This Difference being among the Jews themselves, they have the less Reason to make it a Matter of Necessity, in observing the Fourth Commandment, That the same Period of Time should be a Rule to all others. If their Day begun at Noon, or at Midnight, in Moses's Time, and at the Dark of the Evening in the Times succeeding, and yet they looked upon the Sabbathday as duly kept by them; this will plead for the like Allowances being made to other Nations, and People, who are obliged to observe this Law. And therefore whether the Day began at Midnight, as it does with us; or at Sun-rifing, according to the more universal Acceptation of the Word Day; or at Noon, as was the manner of the Eastern Countries; or at Sun-setting, as the Jews after Moses esteemed; yet still the Day of Rest may be kept according to the Commandment, provided it be made equal to the other Days,

began their Day at Noon: affigning this Reason for it, viz. when the Sun was made, and first appeared to the World, it was then in a Meridian: This is

which

called a meridional Day. The other Computations of the Day beginning, or ending, with the Sun's first appearing in, or leaving the Horizon, is there called an horizontal Day. Such was the Jewish Day after Moses.

I may here add, That if the Eastern Reasons for beginning their Day at Noon have any thing worth regard, the different Ways of beginning and ending Days, in the different Quarters of the Earth, may be justified upon the years from Foot.

When the Sun was first created, they say it was in the very same Foot. When the Sun was first created, they say it was in a Meridian: But if it was high Noon to them, it must be Midnight to the contrary Part of the Globe; and on the one Side of the Earth, at the same Time the Sun must be rising, and to the opposite Side, it must be setting. So that the same Reason of the manner of the Sun's first Appearance will lead the different Quarters of the Earth to different Ways of beginning and ending their Days. And indeed there is hardly any thing either in Nature, or Religion, but what calls for Men's allowing Variety and Differences in one another.

which consist of twenty four Hours, and be measured in its beginning and ending as the other

Days are.

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This being duly confidered, it makes the Alteration of twenty four Hours, in carrying the Sabbath from the last to the first Day of the Week, very easy, as it pass'd from one Part of the World to another: And it makes Way for that Liberty which is necessary, in the different Hours of beginning and ending the Day, according to the different Usages of several Nations and Countries: And yet the Command binds it upon all, as an indispensable, and never ceasing Dury, to keep one whole Day as a Day of Rest, according to the Pattern shewed them by the great Maker of all things.

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### SECTION II.

It is not the design of the fourth Commandment, to make the Day of our Religious Rest depend upon a certain Knowledge of THAT Day, on which God rested when He created the World.

THE next thing to be consider'd is, bow oft a whole Day was to be thus kept Holy. And here again, from the first Example of the Creator's blessing and sanctifying the seventh Day, Adam and his Posterity were to learn their Duty; and to rest statedly on the seventh Day, after every six Days Labour.

In complying with the first Signals of this Law, an exact observing of the same Day of the Week on which God rested, might be kept to, for some considerable Time. But as Inhabitants mul-

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tiplied, and spread upon the Face of the Earth; and Kingdoms were erected, and human Laws enacted, and Customs altered according to the political Purposes which each Prince or State had to serve; it is most reasonable to conclude, the Times and Seasons might be altered too: And in fact there was great Variety, as Chronologers and Historians inform us; and very different Computations were made of Days and Years, in different parts of the Earth.

For this reason, it is impossible for any Man to prove, that the seventh Day, which was so called, and appointed to be kept holy in the Age of Moses, was that exact Part of Time in the Week when God rested (or ceased) from the Creation of

the World.

That which was the feventh Day, according to the Computation of Egypt, and of those parts of the Earth where the Jews then were, was the Day to which Moses applied the Fourth Commandment; and so it became the Day of Rest, as long as the Mosaic Dispensation lasted. But suppose this Law had been delivered to any Nation, whose Computation of Days differ'd from that of Egypt, this would have made a Difference in their Observation of the Sabbath; and yet both would have observed what they called the seventh Day: And both would have had the Reason of the Fourth Commandment on their Side, and might alledge, God's resting on the seventh Day from all his Works which he created and made.

Yea, suppose a number of Jews dispersing, and travelling round the World; they would, upon their return to their own Country again, have found the Day of Rest altered, tho' they had in their own Thoughts most punctually observed

to begin and end it as they us'd to do in Judea \*.

It will therefore follow, that in God's bleffing and fanctifying the feventh Day, he did not defign to make it a Law for ever, that the very same part of the Week, on which he ceased his creating Work, should be observed as a Day of Rest; but that as he had gone on with his Work for six Days, and then rested the seventh, so Men should remember this, and act agreeably hereto, throughout all Generations: Taking it for a Law, that after every six Days Employment about the Affairs of this World, they should keep holy the seventh Day unto God.

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<sup>\*</sup> Since Voyages were made round the World, it is experienced and demonstrated, that a Day may be lost, or gained, by travelling Westward or Eastward round the Globe. Every Degree the Traveller goes Westward, he adds so much to the Length of the Day, that in going the three hundred fixty Degrees, into which the whole Globe is divided, an entire Day is Lost in the Number of Days, and by travelling Eastward, an entire Day is gained. This is illustrated in the Trast of the Sabbath, before quoted, from an Instance of a Law Case concerning One who accompanied Sir Francis Drake in his Voyage round the World: Upon his return to England, he deposed (even in a Matter against himself) that he had kept an exact Account of their Days from the Time of his first Departure; but notwithstanding all his Care, it was but Saturday in their Computation when they came back to England, and they found it to be the Lord's-Day here.

Dr. Heylin by this Computation shews, that a Turk, a Jew, and a Christian, dwelling together at Jerusalem, might observe their Sabbath, one on a Friday, and the other on a Saturday, and the third on a Sunday: But by the Turk and the Christian travelling round the world, they might all come to observe one and the same Day. Let the Turk begin his Journey Westward on the Saturday, and the Christian begin his Eastward, and let the Jew continue where they leave him: It will fall out, that the Turk losing a Day in his Computation, and the Christian gaining one, they will both keep their Day of Rest on the same Day the Jew does, at their meeting again.

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The Commandment is given in such Terms, as may suit either the Day that begins the Week, or that ends it; and is equally obligatory, whether it be applied to one or tother.

THE Wildom of the great Lawgiver is very conspicuous, in fixing the Observation of the Day for holy Rest in such Terms, that it might extend to all Ages, and all Nations of the Earth.

The precept is, Remember the Sabbath-day, or the Day of Rest, to keep it holy: It is not said, remember the seventh Day of the Week, to keep that always holy. The Order and Number of Days, as they are mention'd in the Commandment, may be observed by us, and by all other People round the World, as exactly as by the Jews. For tho' the Jews made the last Day of their Week the Day of Rest, according to the Direction of Moses; and the Christians make the sirst Day of their Week the Day of Rest, according to the Direction of Christ; yet the Letter of the Command is sulfilled by both.

The Explication of the Day, according to the Letter of this Law is thus; fix Days shalt thou labour, and do all thy Work, and the seventh (that is, after those six) thou shalt do no Work. It is not said, the seventh Day of the Week, as the Days are numbred in Egypt, or in any other particular part of the World; but the seventh, with refer-

ence to the fix beforemention'd.

This Commandment, you will remember, was written by God on the Tables of Stone, and given to Moses. And by God's Direction, for a time only, it was to be applied so as to separate that Day which

which was then counted the seventh, or the last Day of the Week, for the Day of Rest; but the Command itself makes no such Computation; yea, it is worded so, as to be free from this Limitation, and to leave room for any Alteration that should be consistent with a regular Observation of fix Days for Labour, and after them the seventh for Rest \*, provided such Alteration appear to be the Will of GoD.

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Again, The Reason alledged in the close of the Fourth Commandment, for keeping holy of the feventh Day, does not make any Limitation more, or farther, than the preceptive part does. Because God made the World in fix Days, and then rested the seventh, therefore he blessed the Sabbath-day, and hallowed it. This should be a Motive and Engagement to Men, after every fix Days Labour, to keep the seventh Day for holy Rest; because the Creator acted in such a manner. And he did not rest, and sanctify a Day, merely for his own fake, but the Mark ii. 27. Sabbath was made and ordained for

Man.

Yet farther observe, it is not said, that very Day of the Week, or that exact Portion of Time, which at the Creation was called the feventh Day, is the only Day and part of the Week which God will bless in after-ages: No; tho' it be faid God rested the seventh Day, it is not said he blessed the seventh Day, and hallowed it to be invariably kept. The Phrase changes immediately, he rested the seventh Day, and he blessed the Sabbath-day, and ballowed it. It was bless'd and hal-

See the Quotation from Mr. Joseph Mede, at the End of this Treatife.

lowed as it was a Day of Rest, not as it was the

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Seventh Day of the Week.

Hence it comes to puss that the Day which begins the Week now receives Blessing from God, as that which ended it did in the Days of Muses. And after every six Days Labour, the seventh Day is still regularly devoted to holy Rest under the

New Testament, as it was under the Old.

The Fourth Commandment has evidently put our Duty upon this easy and plain Computation, that every one may know how he is to act in this Matter, without puzzling himself about the Course of Weeks and Days from the beginning of the World. Whereas, if that very Day only, on which God rested at first, were the Day to be sanctified; and if the Blessing depended upon our knowing that Day exactly, and observing that and no other, we should be given up to continual Dissiculties and Doubts; such Dissiculties as the most accurate Chronologers, and the best Historians (when we had searched them all) could not enable us with any Certainty to resolve.

Supposing that from the time of Moses, the seventh Day fixed by him might have been certainly kept to, yet we can have no Certainty as to the Ages before. We have no where any particular Account of the patriarchal Sabbath, either as to any one Day being constantly observed, or as to the manner of resting on that Day. The plainest Passage that we have is that of Noah's measuring his Time in the Ark, by one seven Days after another; which is particularly mentioned in his sending out the Dove for three times successively. But there is no mention of the Day of the IVeek when she was first put out of the Ark, only seven Days from thence she was sent out a second time, and then seven Days after that

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think, that the very numerical Day on which God rested at the Creation is of such vast Importance to be observed, as some few People would have us imagine it is: Because in a History of no less than two thousand and seven bundred Years, there is not so much as one Passage inserted, that shews Men's Acceptance with God depended upon their unalterably observing one and

the same Day of the Week.

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Such an intire Silence about the patriarchal Sabbath, I confess, makes it very probable to me, that the Day instituted by Moses was not the same with theirs. If it had, it would vastly have strengthened Moles's Law, to have inserted an Account of the antient Practice. But when he feems to much concerned to establish his Law of the Sabbath; and affigns, as the main Reason, the Israelites being brought out of Egypt on the Day he now fixed upon, and so obtaining Rest from their hard Labours; and also speaks of its being a Sign and Token of a farther Rest which they were to be led into; and a Miracle must be wrought particularly to secure the Honour of his seventh Day, in God's giving them on the Day before the food of two Days, that there might not be fo much as the seeking for or preparing their Bread on the seventh Day; this seems to me a point so much laboured, because he fixed on a Day different from that of the Patriarchs, and therefore never once mentions the Example of any one of them, tho' that might have done as much to recommend his feventh Day to the Seed of Abraham, as any thing else he alledged. However, this would have been such an additional strength to his Law, that one can hardly think he would have omitted it, had his seventh Day and the seventh venth Day of the Patriarchs been exactly the same. The more he appears concerned to secure the Observation of his Sabbath, (and there is not thing about which he expresses more Concern than this,) the more strongly will the Argument here conclude, that he would have supported it, by alledging the Practice of the Patriarchs, had

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And if any thing plain can be made out from the Apostle's concise way of arguing in the ivito the Hebrews, this is evident; That God's resting on the seventh Day from all his Works, is mentioned as one Rest. The Rest of the Israelites in Moses's Time, and that which Joshua led them into, is mentioned as another Rest. And then that Rest and keeping of a Sabbath which remains to the Christians, is mentioned as a third Rest. But that the Patriarchs, Jews, and Christians, were all to make one and the same Day of the Week their Sabbath, is so far from being asserted, that their having different Days is much more reasonably to be inferred.

The Law of God's first Rest, however, extends to all: And the fourth Commandment is given in such terms as may suit one as well as the other, so long as so Days are for Labour, and the seventh, after those six, for Rest. This is what I assert is perpetual, and next proceed to the Proof of it.

point is many Seafons and is much Time for Devotion as to break in upon the other Dinies, and weeffary Affans of Life. Thus the World would be in Confuser. And it Civil Power and Authority should undertake to decide the Marten, some grievous Inconvenences in all probability might come to be established by a Law Perhaps wight come to be established by a Law Perhaps wight come to be established by a Law Perhaps

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To keep one Day in seven as a Day of holy Rest, is a moral Precept, or of perpetual Obligation.

T is on all hands allowed, that as Gos is to be worshipped, so there mult be a Time appointed and kept for our religious Services and Adorations. It is necessary, naturally necessary, or moval, that those Actions, which are our indispensable Duty, should have some Season allotted for them. For (as one speaks) be We might as well pretend to worship God, and do no Action, as worship him in no Time.

It is also morally requisite, that the Time for solemn Worship should be fixed and determinate: For otherwise, Men could not order their Affairs so as to join in their Worthip; nor could they attend the Services of Religion with that Salemnity, which becomes Greatures bowing before the LORD their Maker. Yea, it is evident, that if People were left to themselves, what time they would appoint for Gob's Worships some would never appoint any Time at all; others would be. at Uncertainties, and only worthip now and then upon some extraordinary Emergencies; whilst many might run into a contrary Extreme, and appoint to many Seufons and to much Time for Devotion as to break in upon the other Duties, and necessary Affairs of Life. Thus the World would be in Confusion. And if Civil Power and Authority should undertake to decide the Matter, lome grievous Inconveniences in all probability might come to be established by a Law. Perhaps the Mischiefs, I have just mentioned, might in GA different

different Places, and different Ages, be brought

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If those who had the Ruling Power were loose and atheitical, they might make fuch Decrees as that we read of in Daniel vi. That there should be no Petition asked of God or Man for a Month together, but only of an idoliz'd Prince: And by a parity of Reason, the same Power might enact, that there should be no Worship for many Months or Years together. On the other hand, if the ruling Powers were Superstitious, they might multiply Seasons of Worship so as to impoverish their Subjects, and destroy all Diligence and Regards to Business; and hereby expose themselves to the ravages of Enemies, and to continual Diforders; or else condemn them to live in perpetual Meanness and Slavery, as the generality of People in the popilo Countries do. And if Men were required to worship only upon extraordinary Emergencies, Devotion would become so much disus'd, and all would grow so ignorant of Gon, that they would not know how to fet about any decent Approaches or Addresses to him.

But now to prevent such Mischiess as these, the great Gon, who is the Object of our Worship, has himself determined the Time of Worship.

This he did first, by Example, and by certain Signals from Heaven: When he had made the World in six. Days, then resting on the seventh Day, and blessing and consecrating a seventh Part of Time, for Man to rest from worldly Labours; and in that Leisure to contemplate his Creator's Works, and celebrate his Praise\*. That Exam-

<sup>\*</sup> Primum ergo quievit Deus: Deinde benedixit hanc quietem, ut seus lis omnibus inter homines Sancta foret: vel septimum quemque diem quieti dicavit, ut suum Exemplum perpetua esset regula. Calvin. in Genes. 1.

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Again; when thro' the Corruption and Degeneracy of the World Men had loft a just Sense of this Law, God was pleased to write it. out himself in express Words; and gave it as a Commandment to his Church and People,

to be observed throughout all Gene- Exod. xxxi. 16. rations. Thus the Fourth Com-

mandment, as before explained, is of perpetual Obligation; and not amongst those Laws and Ordinances given to Ifrael, which were ceremonial, and at the coming of the Meffiah to be abolished and done away! A ferious Confideration of thefe' things will abundantly fatisfy us, concerning the Morality or Perpetuity of this Precept. Let us confider them diffinally. The word was told

1. The feventh Day was bless'd of God, and appointed to be kept holy, from the first Creation of all Things. species of your state of and I

Whilst all Things were perfectly good, and before Sin entered into the World, this was the Appointment of our Maker, that the seventh part of Time should be his. Gen. ii, 2, 3. Now we plainly fee, that the ceremonial Law in all the Parts of it was contrived on account of Sin, and to point to a Saviour;

but in a State of Innocence there could be no 

use for such Shadows and Ceremonies \* Therefore we must conclude, that a Law which was to be observed, the' Man had never apostatiz'd from Gop; and which stood in full force, from the very Creation of this World; cannot be made a part of that scremonial Law which was contrived for a State of Sin, and was given two thousand

five bundred Years after.
2. The Fourth Commandment, when inferted in the Law of Moses, was delivered in a way quite different from all these Ordinances which were abfolutely caremonial. It was engraven by Goo himself on those Tables of Stone, on which every ather thing that was written, was confessedly meral, and of a perpetual Nature +. But those Appointments, which were purely Ceremonial, were given in another manner, by a Voice only, or by some Direction from God to be written down by Moses, or those whom he appointed, and so were delivered to the People.

Farther; this Law was put into the Ark with the other moral Precepts; and is refer'd to, as making one of their Number. For when Moses

refers to the Tables of the moral Law, he reckons up the Number of Deut. x. 4. Commandments to be Ten: Which necessarily includes the Law concerning the Sabbath. It is therefore unreasonable, to number this Command among those which were ceremonial, when there was such a particular Care that it

Bishop Usher, in his Sum and Substance of Christian Religion, observes, that the Commandment concerning the Sabbath was not only before any Shadow or Ceremony of the Law, but is was before any Promise or Prediction of Christ, to whom all Ceremonles of the Law had Respect.

† This Law (says Bishop Usher) was written by the Finger of God.

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which no part of the ceremonial Law was. And it was written in Tables of Stone, as to lignify the Hardness of our Hearts, so to fignify the Contirhance and l'erpetuity of this Commandment, as well as the rest.

should be at first written, and all along kept, a-

mong those which were perpetual.
3. When the Jewish Ceremonial Law was abolisted by CHRIST, yet the Fourth Commandment was observed, and continued in force. It is called a Commandment, long after our Saviour's time. They refted the Sabbath- Luke xxiii. 56.

day, according to the Commandment.

St. Luke wrote his Gospel, probably, fifteen Years or more after Christ, (some make it twenty eight Years after;) when he had accompanied St. Paul for some time, and well knew all that he had faid, and written, concerning the intire abolishing of the Ceremonial Law: And yet notwithstanding all that, he mentions the Observation of the Sabbath as what might be called a Commandment still, and allows the Force of it: They rested according to the Commandment. The Day to which the Commandment was then applied, and on which they refted, was doubtless the last Day of their Week; but the Commandment is refer'd to on account of their Reft, not on account of the seventh Day of their Week being made a continued Sabbath. For that Text does not lay the Stress upon that, or so much as use the Expression the seventh Day, but they rested the Sabbath-day. A holy Rest was observed by them, and fuch as was commanded by God. According to this Commandment, fix Days for Labour, and the feventh for holy Reft, has continued ever since the abolishing of the Jewish Law, as it was appointed Thousands of Years before it: And in this Sense the Obligation is perpetual. cay of one Leve

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Giving some Account of the universal Regards had to this Law, in all Ages, and all Parts of the Earth.

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A S a farther strengthening the Morality or universal and perpetual Force of the Fourth Commandment, I shall now add some Account of the common Sense of Mankind, and the universal Practice of the World in this Matter.

It is evident, that the measuring of Time by Weeks every where prevailed in the World. Those Nations that had no Knowledge of the Jewish Records, yet fell into this. And whatever Names they gave to their Days, still they had but seven to make up their Week. This plainly shews, that there must be some original Law and Foundation for such a Practice, before the Jewish Law

was given.

Now it is certain, that Adam, upon his first Ceation, could not form a Notion concerning a Month, or a Year, till those Times had gone over his Head. He must first begin with the numbering of Days: And when he had lived fix Days, then, according to the Pattern set by the Crearor, to rest the seventh Day, this would immediately fix the measuring of Time by Weeks: And from hence the Computation of Months by observing the Course of the Moon, and after that, the fixing of Years according to the Course of the Sun, may very regularly and eafily be accounted for. "This way of measuring Time by Weeks, " appears to be first settled, and the other Com-" putations to arise from this, because there was very great Difference in the World about the " Count

" Count of Years, and Months, but never was " the Week counted to be more or less with any

" People than seven Days \*.

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Hence it came to pass, that a seventh Part of Time was every where observed as a Rest, or a Festival. The Day thus marked out by the Heathen World, was that Day on which they worshipped the Sun, their chief GoD; whilst Moses, to cure this Idolatry, and to secure the Worship of Him that made the Sun and the whole World, appointed the last Day of the Week to be kept as a Day of holy Rest. But a Sabbath was so much observed, on one Day or other, all the World over, that a fewenth Day, (Bishop Patrick tells us from Philo) " was truly called the Uni-" versal Festival +, kept by all People." He refers also to Josephus, Aristobulus, Hesiod, Homer, and others in Eusebius, concerning the Sacredness of the seventh Day.

That the Nations forgot and grew regardless of the Worship of Gop on these Days, he does not wonder; nor indeed can any Man, who confiders that the World foon grew corrupt to fuch a degree, as to forget the most natural Duties: But there was enough remaining to be a Proof of

this antient Tradition.

Steuchius, (a Man of so much Fame for general Learning, that he is faid to be worthy of eternal Remembrance, and to be indeed the Ornament of Italy II) affirms, as the result of his Reading and Observation in this Matter, That a se-

ons crarile from this, because the

ercal Difference of the World about

<sup>\*</sup> Trad of the Sabbath before quoted, p. 46.
† Eogra Havenucs.

| Hostman. Lexicon. in Steuch.

eventh Day was, every where, and in all Ages, ac-

Year I find, that an Opposer of the Morality of the Sabbath is forced to allow, what Clemens A. lexandrinus thas from many Authorities proved, namely, That the very Heathen knew the feventh Day was to be kept boly. He would make this owing to some Acquaintance which they had with the Law and Writings of Mofes: But in reality it appears, that fuch a Day was spoken of several hundred Years before the Writings of Mofes were communicated to the World. The Law of Mofes was not known, or read by the Heathen, till the Translation of it by the seventy Elders, in the Days of Ptolomy II. King of Egypt, about three hundred Years before Christ I And it is not of the Jews Saturday Sabbath that they fpeak, but of another Day in the Week. To the

Here let me add one Passage more from the Commentary of the Bishop of Ely, viz. It is not to be understood that the Patriarchs, before and after the Flood, kept such a Rest as God enjoyned the Israelites by Moses: For that was proper to them, for a peculiar Reason, &c.

And this is all the Christian Fathers mean, when

they say the Patriarchs did not (Sabbatizare) keep the Sabbath as the Jews did." But they had their Day of holy Rest, for all that. (Tertullian adv. Judæos. Cap. 2. & 4. Ireneus, and others.)

From the whole of these Testimonies it appears, that the seventh Part of Time fixed by God

<sup>\*</sup> In omni ætate, inter omnes Gentes venerabilis & Sacer. Steuch. Annotat. in 2 Genes. See also C. Downam on this Subject, p. 74.

<sup>†</sup> Strom. Lib. V.
| See a particular Account of this in Trast of the Sabbath, printed for Parkhars in 1692. p. 46.

for Rest, when he created the World, became universally obligatory. And it became a part of the Law of Nature that Men should confecrate such a Proportion of their Days for the Services of Religion. And thus the Morality of the Com-

mand is fully established. I was

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This is particularly urged by one of the Homilies \* appointed to be read in Churches, "That the Fourth Commandment, as appertaining to " the Law of Nature, ought to be retained and " kept of all good Christian People." And the same Homily further argues in a Style, which exactly agrees with the Explication I have given of this Law: " Like as God himself wrought fix "Days, and rested the seventh, and blessed and " fanctified it—Even fo God's obedient People " should labour fix Days, and use the Sunday ho-" lily, and rest from their common and daily Bu-" finels, and also give themselves wholly to hea-" venly Exercises of God's true Religion and "Service. And as good Children will not only " become obedient to the Commandment of their " Parents, but also have a diligent Eye to their " Doings, and gladly follow the same, so if we " will be the Children of our heavenly Father, " we must be careful to follow God's Example, " as well as to obey his express Commandment.

\* See Homil. of Time and Place of Prayer. From the relation of the Westimones are

\* In omni state, mer omees Centa ven ratific & Sacer. Schools, once er in a Genef Se allo C. Dondam on this Subject, p. 74

bears, that the Found Part of Time fixed by the

ALHO miles Account of the Bell of the Selberts principle.



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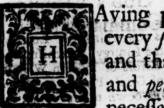
### Al L.W. H. J. C. H. A.P. W. H. C.

Shews, That the Day of the Week appointed for Holy Rest was altered by our Lord Jesus Christ and his Apostles, from what it was according to the Appointment of Moses: But this was done, without any Injury to the Fourth Commandment: And in this Alteration we ought to acquiesce.

### <u>ARABARARARARARARARARARARARARARARARARA</u>

### SECTION I.

The Day of the Week appointed for holy Rest is now altered, from what it was by the Appointment of Moses.



Aying proved that one whole Day in every seven Days is to be kept Holy; and that this is a universally binding and perpetual Command; We are as necessarily, and indispensably, obliged

to observe it, as ever the Jews were. But the definite Time now appointed to be kept Holy, is, according to common Estimation, the first, and not the last Day of the Week, as Moses of old applied this Law. It is most agreeable to the Will of Him who is Lord of the Sabbath, and

most suitable to our Profession of Christianity, to

begin every Week with this Day.

Thus our first Parents began their Life. They being created on the fixth Day, the first whole Day that they lived, was the Day on which God rested from all his Work, blessing and sanctifying it. It was God's seventh Day, after six Day's Work; but it was Man's first Day of Life and Being. With this Day therefore Man must begin the Measure of his Time; and so after six Days Employment about this Earth, he must go on to make every seventh Day a Day of holy Rest, as his first Day was.

Hence it came to pass, probably, that according to Tradition, the generality of the World made the first Day of the Week their chief Day, before the giving of Moses's Law. And their chief Worship was performed on these Days. And some have made this universal, and conclude that the Heathens first Day of the Week was kept Holy by the antient Patriarchs, as their seventh

Day \*

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altereduction, quinas es sono

<sup>\*</sup> There is a Book printed for Richard Chifwell, 1683. With this long Ticle: The Doctrine of the Church of England concerning the Lord's-Day, or Sunday Sabbath, as it is laid down in the Liturgy, Catechifm, and Book of Homilies, vindicated from the vulgar Errors of modern Writers, and settled upon the only proper and sure Basis of God's Precept to Adam, and patriarchal Practice. Where an Essay is laid down to prove, that the patriarchal Sabbath instituted, Gen. ii. 3. celebrated before the Mosaic Law, and reinsorced by the fourth Precept of the Decalogue, was the same Day of the Week, viz. Sunday, which Christians celebrate in Memory of the Perfecting of the Creation of the World, by the Redemption of Mankind.

feeling of the Creation of the World, by the Redemption of Mankind.

I find another well recommended Writer (quoted before) also arguing, that the first Day of the Week is more likely to be the very Day of God's Rest, than the last Day which Moses made his Sabbath. "For suppose a "Day of Rest orderly observed from the first Creation of the World, and then we must conclude, That which was in common and most universal "Use, was most likely to be God's seventh Day. For when Nimrod (who was also called Belies and Baal) began to worship the Host of Heaven, and set up Idolatry; (whose Practice the other Potentates of Assyria and the Chaldaa after sollowed;) what Day do we think it is most reasonable to

But let that be as it will the Heathen having every where perversed that Day to kerve their ?dolatrous Purpofes, and having devoted it to the Worship of their chief God, the San; therefore to break off the Israeling Nation more effectually from Idols, and from the Heathen and Egyptian Superfinions, it was fit they should go into a direct Opposition to them, in the DAY fet apart for their religious Rest. For this Reason, as well as others, they must keep Saturday, when the Heathen World observed the Day they called Sunday. And in a Way analogous to the first Sabbath, as God created the World in fix Days, and then rested the seventh; so Moses would have them worship the great Creator of all Things, on that Day, which, according to the Egyptian Computation, was then called the feventh Day of the Week. By this means they were for at a great Distance from the Worship of Idolaters; and were not to have any Communication with them fo much as in the Time and Day of their chief Solemnities \*. And all this, it must be acknowledged, was little enough to preserve the Jews from falling in with the Idolatrous Nations round about them.

" lungine would be appointed for the Worthig of their chief God, the Same but the Day which the antient Partiarchs had in the highest and greatest "Veneration! This no doubt was the seconds Day, according to their Account, which God at first blessed: And therefore the Heathen made this

\*This occasioned great Aversions betwire the Jews and other People; They were reproached as fingular for the Day they observed, and kept holy. And they were by this means to have nothing at all to do with the Heathen River and holy Days; But to be brought up in an utter Estrangement to them, or Abhorrence of them. See Trust on the Sabbath.

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I do not lay any Streets upon this, as if the precise Day of Gon's Rest, at the Creamon, could be determined by such arguings; but only to shew, that the change of the Day in Majer's Time might be consistent with the perpetual Obligation of the first Institution, and so may the Change made by our

Now for a like reason, the great Saviour of the World abolishes the Jewish Sabbath, that he may establish the First Day of the Week. This he did very agreeably to Man's first beginning and measuring of Time, as appears from what is said before. But not to infift farther on that, I have now faid, our Lord made this Change, for a like Reason with that, which occasioned the seventh Day of the Week being kept holy under the Law. For CHRIST was now to abolish every thing that was ritual and ceremonious in the Law of And in a Way analogous to

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So that as Moses intended by the Time of Worship, and the Ordinances he appointed, to destroy and root out Idulatry, and to keep the Jews from all Heatherish Superstition; in like manner our Saviour would have his Followers freed from the Yoke of the Jewish ceremonial Law, and from their typical way of Worship. For when the Substance was come, Types and Shadows must be done away. And, therefore, because the Jews were most ceremonious in their Behaviour on the seventh Day, and most of their ritual Observances were on that Day, it was highly expedient the Day of Rest and religious Service should be changed. For as long as the feventh Day was kept by them in such a ceremonious manner, as we read it was at the first Publication of the Gospel, there was no probability of Christianity prevailing in its Purity, Spirituality, and Liberty. But by our Saviour's lying in the Grave all the Jewish Sabbath, he shewed, That Day was now to lose its diftinguishing Honour; and all those ceremonial Rites and Observances, which were superstitiously attended to, were to be buried as his Body then was, and all were to be abolished in bim. And from that very Time, he appointed the first Day 200

of every Week, to be observed as a Day of lioly Rest, by all his Disciples and Followers.

### SECTION II.

The Proofs given for this change of the Sabbath.

Contract of the same of the track of the I T is certainly a very dangerous thing to make the necessity of Gon's Worship, and the Authority of the Lord's-day, depend upon human Orders and Customs. For, (as Dr. Prideaux argues in a Book published long ago) what would it affect Men that are busied about Farms, and Merchandise, and Domestick Affairs, to tell them of an buman Institution! Would they not easily fet at nought all that could be urged in fuch a way? Would not prophane Men eafily dispense with their absenting themselves from Prayer, and Preaching, and give themselves free leave of doing or neglecting any thing, were there not something found in Scripture, which should bind the Conscience more than any human Appointment? To this therefore let us look, and confider what Evidence we have, of the first Day in every Week being appointed to be kept holy, under the Gelpel.

1. This is plainly determined by the Actions of our bleffed Saviour on this Day, and the distinguish-

ing Honour he put upon it.

Actions do certainly make a Law, where they sufficiently publish the Mind and Will of the Lawgiver, as well as Words. The Signals given by a Prince, or General, are a Law to a whole Army. And there are also certain Actions and Customs, in Parliaments, and Courts of Judg-

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ment, and among other Bodies of Men, which have the force of a Law to them, and are confitantly observed and complied with. The Signals from Heaven, at the Greation of the World, (as before was shew'd) first made it a Law to keep a Day of Rest, after six Days Labour. This Law was not put into Words till many Ages after: But God shewed Man what was his Pleasure, by his own resting on the seventh Day, and sanstifying and blessing that Day. In like manner, when God was manifest in our Fless, he signalized the First Day of the Week by such Actions, as made it the most memorable Day, and the fittest to be devoted to Exercises of Religion.

On this Day, He rose from the Matth. xxviii. 1.

Dead; and by that amazing Act of

Power, he gave undoubted Proof of his being indeed that Prophet who was to come into the World, and to settle all things. For the Scri-

ptures all along testified, That the

Messiah was to suffer, and to rife Luke xxiv. 46.

from the Dead. This Action, there-

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fore, marked out the Day on which it happened, as most fit to be observed in worshiping God; since that Worship was to be, from thencesorward, according to the Directions of Him who was declared to be the Son of God with Power, by the Resurrection from the Dead. This, beyond all Dispute, gave Assurance to his Followers, that he had a Power to bless what Day he should see fit, for their assembling together in a religious manner. Christ ended all his Labours and Pains for our sakes, and having finished all his suffering Work, he rose for our Justification and Glorification.

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On this Day he chooses to meet his Disciples also, and to bless them; and by these Actions further distinguishes it, as a Day to be religiously observed. When the Disciples were assembled on the first Day of the Week, Christ shewed himself to them after his Resurrection, once and again at the stated Return of that Day. He

Presence, he enriched it with the noblest Gifts; and he made it memorable by the most signal Blessings. He then laid his Instructions before his Disciples, breathed on them, and spoke Peace to them, and gave them sensible Demonstrations of his being alive from the Dead, and living for their sakes and for their Salvation. He plainly carried their Attention, from every other Day, to this, as above all others remarkable.

Another most amazing Action on this Day, was, the sending of the Holy Acts ii. begin. Ghost \*. Then did he gloriously

appear, with whom and by whom all spiritual Gifts and Graces are conferr'd. He then descended on the Apostles, to teach them; and he did Wonders on the Hearts of others, to convert them. The very first time of the Spirit's appearance, a vast Assembly was converted, and a very numerous Church was born in a Day. On this Day St. Peter preach'd that Sermon, which, by the powerful Insluences of the Holy Ghost,

It is there faid, when the Day of Pentecoft was fully come, i. e. the fiftieth Day after the Refurrection of Christ. As the Disciples were assembled the first Day of the Week, when Jesus came and stood in the midst of them, immediately after his Resurrection; (John xk. 19.) so it was evidently the first Day of the Week, when the Holy Ghost also found them assembled all with one accord in one Place, and shed his miraculous Gists on them. The Day of Christ's Resurrection being the first of those fifty, from whence we are to compute to the Day of Pentecosts there was just seven Weeks from one Day to the other: The first Day of the eighth Week from thence, was the fiftieth Day. 1, 8, 15, 22, 29, 36, 43, 50.

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Thus CHRIST, by diffinguishing this Day, and so highly bleffing it, has plainly pointed it out for religious Service. If the Creator's bleffing a feventh Day made it observed at first; what shall we fay to fuch multiplied and rich Bleffings, as those which have mark'd out the Christian Sabbath? Such Actions must be owned, as fully to declare and express the Will of Heaven, as any Declaration in Words could do: And these have more Force than a bare Precept.

2. The Apostles, by the infallible Direction and Inspiration of the Holy Ghost, did interpret these Actions for as to observe this Day for their religious

Affemblies rigy and it mount is many boly As Moses settled the Matters of the Jewish Worship and Tabernacle, so the Apostles were to fettle the Orders of the Gospel Church. Their leaving upon Record, therefore, what was their Practice under the Guidance of the bleffed Spi-RIT, certainly shews what was the Will of God in this Matter. Now they expresly tell us, that they met together on the first Day of the Week, to celebrate the Sacrament, and to hear the Word of God. Upon the Ads xx. 7. first Day of the Week, when the Disciples came together to break Bread, Paul preached unto them. Hence it was, that the first Day of the Week, when the 1 Cor.xvi. 1, 2.1 Churches were affembled, was ap-

pointed as the proper Time for their charitable Collections at Corinth; they being then in the best frame for fuch Services, and having the best Opportunity. The Churches of Galatia are mentioned also as exemplary in this Matter. And from the Apostolical Appointment concerning those Church-

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cs, we may conclude that the same Rule was ob-

ferved by other Churches.

The Apostles therefore having interpreted the Actions of our Saviour on this Day, so as to meet statedly upon it; and by the Holy Ghost being directed to set apart this Day, (or to fanctify it,) for the Exercises of Religion, Charity, and Goodness; there is very plainly a divine Authority in appointing this Day to be kept holy.

3. The Name by which this Day is called in Scripture, shews that God would have it thus di-

stinguished and observed.

It is expresly called the LORD's-DAY. A Term that is not applied Rev. i. 10. to any other thing in the New Testament, but to the Sacrament of CHRIST's Body and Blood, which is called the LORD's Supper. If we explain the deinvoy xupiaxòv. one of these Places by the other, then a calling this Day the LORD's-DAY denotes his particular instituting and appointing of it, as he did the Ordinance of his Supper \*. And it declares the special Signification which he intended this should be of to his Church, and determined the constant setting apart this Day for his Worship and Service.

Hence it is, that the first Writers after the Apostles speak of this Day, as appointed and fixed for the Christian Assemblies by Christ himself. Arnobius, and with him a Train of Expositors, understand that Text in Psal. exviii. 24 as speaking of this Day; accounting it the Day which the

Dies Dominica diciter eadem ratione, qua facra Eucharifia Cona vocater.
Coena Dominica: quia, feilicet, & a Domino nostro Jesu Christo fuit instituta,
& ad emdem etiam Dominum, in fine & usu debet referri. Ames Med.
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From the Scriptures before produced, it plainly appears, that the Observation of the first Day
of the Week is not a mere human Tradition; since
it is so expressly recorded in the Word of Truth,
that CHRIST rose from the Dead, and met his
Disciples, and biessed them, on this Day; and
sent his infallible Spirit to guide them; and They,
by his guidance, settled and appointed This to be
the Day of their constant assembling for religious
Worship; and thereupon they distinguished it,
by the Name of the Lord's-Day.

If after this, any will add the universal Practice of the Christian Church from the Time of the Apostles, as a Proof of this Settlement being made in their Days, and by their express Orders, I readily join in the Argument. But if the Practice of the Church be pleaded by any, so as to make the Observation of the Lord's-Day depend only upon Church Authority; here I apprehend they do greatly injure this Day; and discredit the Law of God, by dishonouring and abrogating the Fourth Commandment; and they make no just Distinction betwixt human Tradition, and divine Revelation.

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### SECTION III.

It was no Injury to the Fourth Commandment, tomake fuch a Change of the Day as that beforementioned.

ONE would think by fome Men's Writings, that the Fourth Commandment could not be preserved.

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preserved, and the Lord's-day at the same time observed and kept Holy: Whereas it dvidently appears both from the Letter and Sense of this Law,
(as was largely shewn in the first Chapter of this
Treatise) that the Commandment has still the
same weight and force when applied to the first
Day of the Week, that it had when applied to
the last. Six Days are still allowed to worldly
Labour, and the seventh devoted to boly Rest, according to the express wording of the Command.

That there was no new and positive Precept given by Christ, for Men's devoting a seventh part of their time to God, was for this plain Reason: Because there was no need of it; that being already fixed by an indehible, and never-to-be-repealed Law. It would have made the old Law appear more insufficient, to say, that a fresh Law was necessary to keep it in force, and to maintain the Authority of it. This stood as a part of that Law which Christ came, not to destroy, but to enforce and fulfill. And it was no Disparagement to the fourth Command, for the Lorn of the Sabbath to set the Day of Rest at the beginning of the Week, which for some Ages had been set at the close of it.

Whether the seventh Day of Moses was the patriarchal seventh Day or not, yet it is evident, the Reason assigned for the observance of the fews Sabbath, was peculiar to the fewish Nation. "That which determined the seventh Day, as fixed in xvi. of Exodus, after six Days La-bour, to be the fewish Rest, was their Redemption out of Egypt; and the overwhelming of Pharaoh and his Host in the Red-Sea; which was upon this very Day. The Example of the Creation was a reason for fanctifying

one Day in seven, but the Designation of rhis

" feventh Day was from their wonderful Deliver-" ance tob This will appear very plain to any watchful unprejudiced Reader, if he confiders what is faid of Goo's bleffing his feventh Day at the Creation of the World, which is inferted in the Fourth Commandment: And then furn to what is faid concerning the Observation of the seventh Day as appointed by Moses; for which a distinct Reason is given in the yth of Deuteronomy: Remember that thou wast a Servant in the Land of Egypt, and that the Lord thy God brought thee out thence, thro' a mighty Hand and by a firetched-out Arm: Therefore the Lord thy God commanded thee to keep the Sabbath-day: That is, the Day then fixed for their Sabbath

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\* Bp. Patrick's Commentary, quoting and referring to a Discourse of

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So also the Book before quoted (printed for Chifwell) shews, that the Fourth Commandmens in the Decalogue, was different from the Application of it to the Jews seventh Day in the Vth of Denteronomy. But that Book being written to prove that the Day of Rest, now observed by Christians, is tertainly the very same Day of the Week on which God rested at the Creation; this View hath carried that Writer into many Mistakes, for which Dr. Wetten in his late miscellanceus Discourses, tejects his whole Design. But it is a Missake also of Dr. Wetton to speak of him as singular in this Opinion. For Dr. N. Homes had laboured that Point in an Essay published 1673. which was written on purpose to prove that our Lord's day, or Sanday is the very same Day of the Week which was anciently observed, before Israel's coming out of Egypt both by Jew and Gentile, and after that by the Gentiles, and some others, refer'd to before. This however I do not infult on; it being sufficient to recommend the Explication I have given of the Fourth Commendations. That it is alterested to before the west the fewerth. Fourth Commandment, that it is altogether antitiain which was the feverith Day from the Creation, when Moses delivered his Law. For which reason the Command is worded so, as to require in general the seventh Part of Time, and that only. But Moses applied that general Law to the loss Day of the Week, according to the then Computation, for Reasons abovementioned that were peculiar to the Jews. And if we fall in with those that suppose Moses thanged the Day from what it was in the patriarchal Times, yet the Anthority of the fourth Command, as founded upon the first Law of the Sabbath at the Creation, stands firm, provided it appear that such a Change was by Commission from Gon. And of this we have full Proof in the Miracle of the Manna as it is related in Exod. xvi. that Mosts was owned of Gon in the Day then appointed for Rest.

the Alteration made to the first Day of the Week is fully proved to be of God. It was ordered by him, who had an undoubted Right and Power, thus to commence a new reckening of Days. And therefore the old Law is to be applied to the Christian way of computing for Days for Labour, and the feventh for holy Services, as in former Times it was applied to the Day of the Jewish Computation from their Deliverance out of Egypt.

Turther ; let it be earefully confidered, buthat CHRIST came to be the Saviour of other Nations, and not of the Jews only. And if those of feveral Nations be brought to observe the Institutions, and to worship according to the Directions of the Gospel, there must be Alterations made somewhere; because of the different Days which were observed among Jews and Gentiles. This Wall of Partition, as well as others, must therefore be taken down and removed: There must be but one Sheepfold, and one Shepherd and Bishop of Souls. Consider then, what was said of the manner of computing Days and Weeks before the giving of the Law; and then think on the Reasons assigned for abolishing the Jewish Sabbath; and you will fee the Wildom of the great Lawgiver is very confpicuous in determining, that on this Law, as it must now extend to all Nations, and continue to the End of the World, should be applied to the first Day, rather than to the last Day of the Week.

This Alteration was brought about, without any Disturbance to the Affairs either of Kingdoms, or particular Persons: No Distorders were created by this Change. The Christians for some time observed both the seventh and first Day of the Week, as appears from that Phrase used in

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the Scriptures, the first Day Sabbath \* And in Aster ages, this was the Practice for some time, till the Exercises of Religion were all gradually carried from one Day to the other, and then generally confined to the first Day of the Week. Thus God was pleased to conduct the Piety of the first Christians, prudently to settle and fix this Matter, so as that the Computation of the Fourth Commandment might take place again as soon as possible every where, viz. six Days for Labour, and one only in seven for Religious Rest; droping the Sewish, and establishing the Christian Sabbath, to be observed as long as Days and Weeks shall endure.

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formerothere: because of the different Days which

#### were obtended in the Certificon it would be the

We ought to acquiesce in this Alteration, and observe the Fourth Commandment according to it.

Whatever Inconvenience there might seem to be in the first Attempt to change the Day of Rest, That being long since gotten over, it is now exactly according to the Command, for us to go on as we find things settled. And the more sensible we are of the Wisdom, Power, and Goodness of God in effecting this Change, and in the Reasons of it, the more should we rejoice to fall in with it.

This Alteration was brought about, without

<sup>\*</sup>Ev Th μια των Σαββάτων, Acis xx. 7, and 1 Cor. xvi. 2. Imà etiam post Apostolorum Tempora, ejustem rei multa exstant Testimonia. Vide Suicer, Thesaur. in Voc. Σάββάτον.

If any should say, that the Explication I have given of the Fourth Commandment may be made to fuit any Day of the Week, provided there be fix Days for Labour kept always together, and therefore the Christian might as well continue to observe the Jewish for his seventh Day, as the Day he does; I will here fet down what a Learn ed Writer has alledg'd \* in answer to a Plea of this Nature. " The Christian must not keep the " Jews seventh Day, because in so doing he "would feem not to acknowledge his Redemp-" tion to be already performed, but still expect-" ed. For the Deliverance of Israel out of Egypt " by the Ministry of Moses, was intended for a Type and Pledge of the Spiritual Deliverance " which was to come by Christ. Their Canaan " also, to which they marched, being a Type of "that Heavenly Inheritance which the Redeemed by Christ do look for. Since therefore the "Shadow is now made void by the coming of " the Substance, the Relation is changed, and "God is no longer to be worshiped and believ-" ed in as a God foreshewing and assuring by "Types, but as a God who hath performed the "Substance of what he promised. And this is that which St. Paul means, when cc col. il. 16, 17. he faith, Let no Man judge you (henceforth) in respect of a Feast-" Day, New-Moon, or Sabbath-Days, which were " a Shadow of good things to come, but the Body " is of Christ.

The seventh Day after six Days Labour, is the Law of the Creation. To make Saturday that seventh Day, is the Law of the Jews, for Rea-

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fons peculiar to them before affigned. To make the first Day of the Week the Sabbath, is the Law of Christians, for Reasons unspeakably beyoud those which determined Saturday to be the Jewish Reft.

He must, therefore, be esteemed a very perverse, and unreasonable Man, who will despise the Christian Institution after so much is done to engage his religious Regards to it. All things are now fixed so, as that both the Creator, and Redeemer, may be glorified on this Day. And the Bleffings of both may now be derived on all fin-

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All Denominations of Christians are agreed (excepting forme very few) in observing the LORD's-DAY, whatever different Thoughts there may be concerning the Grounds of it. It is become the Law of Nations, as well as the universal Practice of the Church \*: So that every Prophaner of the LORD's-DAY in these Parts of the World, rebels against the Laws of his Country, as well as offends (in the Pfalmift's Phrase) against the Generation of God's Children. And he evidently turns away from his own Mercy, who feeks his worldly Gain or Pleasures on this Day, to the Contempt of God, and his Soul. For what shall it profit a Man to gain the whole World, and lose bis own Soul? Or what will he do, that now spends his Days in Idleness, or worldly Care, or finful Pleasure, when God shall call him to account for his abused Sabbaths? How justly will he be condemned for ever to depart that Presence, which he us'd to fhun? And to dwell with those

<sup>\*</sup> See the Testimonies at the End, from Imperial Laws, and Councils, and from our own Acts of Parliament.

who shall spend an Eternity in weeping, wailing, and gnaffing of Teeth, instead of joining the blisful Allembly above, where they are finging continual Hallcluias, and Ikeeping an endles Sab Sabbaths, than ever were granted to the Olshrad

I shall not go any farther in pleading for the observance of this Command at present: Only this one thing it may be proper here to subjoin, viz. That the superadded Obligations, laid upon us by our bleffed Saviour, will expose those to much forer Punishment, who perish from under the Gospel-means of Salvation, than is appointed to such

as despised the Law of Moses.

Upon the whole, this is now an established Point's that a Day of Rest being weekly observed by the Christian Church, as it was from the beginning of the World by the Patriarchs, Jews, and other Nations; and the Order and Computation of the Fourth Commandment still being complied with; (fix Days for Labour, and the fewenth for holy Rest;) we are obliged, by this Command, to go on in the Observation of our Day of the Week, as much as the Jews were obliged to keep their Day. And, on many Accounts, our Obligations are greater than those of any other Religion in the World.

Ils We have a greater and better Master; Moses being faithful as a Servant to lead to Christ, but Christ being faithful as a Son to accomplish and fettle all things. We have also a much greater Salvation now to commemorate, than that of Ifraet from the Slavery and Bondage of Egypt; a Salvation from Sin, Death, and Hell. And the Gift of the Holy Ghost on this Day makes it a Day the fittest of all other for those Religious Services, which are to have respect to our Gre-

ator, Redeemer, and Sanctifier at one and the same

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time. And to add no more in this Chapter, we have a better Hope, and fuller Assurances of Immertality and eternal Rest, at the End of our Sabbaths, than ever were granted to the Observers of any other Day of Reft: on og son lish I



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Shews, How the Seventh Day is to be observed, as a Day of Rest.

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ginance of the World by the Patriarchs, Front AVING proved the perpetual Obligation of the Law concerning the H Sabbath; we are next to know, and confider well, how God would have his Sabaths to be kept. He is faid to

fanctify the Day of his Rest; which fignifies, (according to the known Acceptation of that Word) a separating such a Day from all others, and devoting it to some bely and good Purposes. The vite

There must be, therefore, a ceasing from all worldly Labours and Employments; no Trade or Calling must be exercised on this Day. And this Leisure from worldly Business must be improved in Acts of Homage to our Maker and Redeemer. and in applying our selves to the Thoughts and Practice of Religion \*. Death and more more vise sift of the Holy Choff on this Day ma

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lay the intell of all other for those Ren Ad Sabbathi redam observationem duo requiruntur; Quies, & quietis illius fanctificatio. Amef. stor, Redesmer, and Sandiffer at one and the lame

# 46 The Lord's Day to be observed,

In this Chapter, I shall explain that Rest which the Fourth Commandment requires: And in the next, I shall shew how this Rest is to be sanstisted, or religiously improved that he had a second to the sanstisted.

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Explains how we are to understand, in general, the Rest enjoined by the Fourth Command.

So far as the Fourth Command goes, in appointing Rest on the Sabbath-day, it certainly obliges us now, as well as the Jews of old. But if we carefully examine the Expressions made use of, to describe and limit this Rest, we shall find them very far from obliging us to the Jewish Way of resting on their Sabbaths.

It would be wearisome and unprofitable, here to relate the Jewish Laws, concerning every Man's abiding in his Place, and not going out on the Sewenth Day: (according to Exod. xvi. 29.) Or to speak of their Prohibitions and Restraints, about dressing Meat; cleaning, or putting on of Clothes; and a Multitude of other things, which they made necessary in the Observation of the Mosaic Rest +. These are not bound upon us by the Fourth Commandment, but were peculiar to the Jewish Nation, and made requisite by Laws and

Constitutions of their own. The great Lord of

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<sup>†</sup> Their List of Works forbidden on the Sabbath, with the Cases and Deforminations thereupon, may be seen at large in the Mischna, Vol. II. Ed. Sarenthus, Amst. 1688. Also in Dr. Wotton's late Translation of the whole Title, Shabbath.

the Sabbath has taught us to under- 101 01 fland the Rest God appointed, as Mark il 27. being made for Man, and not Man for that Rest. And he freed his Dif- gilon to An ciples in the Days of his Flesh, from those traditionary Laws, and ning. John v. 10, superstitious Observances, which the

Luke vi. begin-15, 60.

Jews laid a mighty Stress upon.

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If we consider this Rest as it is explained in the Body of the Fourth Commandment, it is to be understood of laying aside all secular Employments, and Week-Day Labours in any Calling, that we may on the feventh Day turn all our Thoughts and Hearts to God, and rest in him. I know, the express Words of the Command are, Thou shalt not do any Work, or all thy Work. But we must confider this Clause with the Clause which immediately goes before it. There it is faid, fix Days shalt thou labour, and do all thy Work; or all thy Trade, Art, or Occupation. For that is the proper Sense and Meaning of the Hebrew Word \*, there translated Work. And then it follows, on the feventh Day, which is the Sabbath of the LORD thy God, thou shalt not do any Work, that is of thy proper Week-Day Business and Employment. Or, according to the literal rendring, Thou shalt not do all thy Work, as is allowed on the fix Days just beforementioned. The Sum and Substance of the Command in this

<sup>+</sup> Schindler in his Pentaglot, on the Root [787] tells us, the Rubbins take 77870 for Art or Vocation, and in the Plural for Arts and Call-

ings. And by this Construction, Montains has corrected Pagnine's Translation of the Bible. Where Pagnine has it, non facies comne opus; Montauns turns it, non facies omnem functionem, Deut. v. 14. Where Pagnine fays, omnis faciens opus in die Sabbates it is to be read according to Montanus, omnis faciens opificium in die Cessationis, &cc. Exod. xxxi. 15. With many other

Branch of it, is; "Thou shalt not follow any "Trade, or worldly Employment what seever, whe-

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"ther it be Labour of the Body, the Hands, or

"the Head, which on other Days is pursued for the sake of worldly Enjoyments, and to pro-

" vide for this bodily dying Life.

According to this Explication, the Case of the Man stoned to Death for gathering Sticks on the Sabbath Day, is to be judg'd of by us. He was gathering Wood to use in the Way of his Occupation, or to pile it up for Sale in the Camp, as our most learned Expositors conclude. Because what is rendered in our Translation gathering of Sticks, is rendered by others (and was the Sense of the Jews\*) binding up Sticks, as they do that sagget them. And that none might dare after that Time to pursue their worldly Gains, or follow their worldly Business on this Day, the first Transgressor of this kind was ordered to be stoned.

The Commandment, thus explained, obliges Christians as well as Jews; but the ceremonious Pollutions, and the many little infignificant things, and some very needful and proper things to be done, which the Jews counted a Breach of their Sabbath, are no Ways obliging to us. They were not made of such Importance by the Fourth Commandment, but by other Laws purely ceremonial, or by the Traditions of their Elders and Rabbins.

If the Word translated [Work] in the Fourth Commandment, be interpreted as I have now shewed is the just and proper Construction of it, this will soon determine many Debates which there

<sup>\*</sup> The Jews tell us, this Man's Name was Zelophehad, who (in Namh. xxvii. 3.) is faid to die in his own Sin. Which was (in their Account) this Profanation of the Sabbath. See Patrick's Comment on Namb. xv. 32—36.

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are about the Manner of observing the Sabbath; and will remove many needless Scruples which have arisen in the Minds of some good People. It is the spiritual Benefit now to be made of this Day, and the Devotion of it, to which the Rest appointed must be subservient. And therefore all those things are allowed to be done, that are requifite to fit us for the more chearful and profitable Attendance on the Exercises of Religion. A little thing, that may be done without altering the Frame of the Mind toward God, and without employing our Thoughts and Concern much about it, should raise no Scruple in us. necessary speak for themselves, and are allowed by Works of Government toward those under our Direction, and Care of the Creatures that are in our Keeping and Power, (as our Saviour particularly instances in watering the Ox and the As) are also determined by the Gospel very fit to be done. And all Works of Mercy and Compassion to our Fellow-Creatures, where we are called to attend on them or help them, do well accord with the general Notion of this Day's Rest. All are put together in this Latin Verle:

Parva, necessarium, res publica, res pia fratri.

All Works of Piety are the very Business of the Day, as I shall shew hereafter; and therefore all Works tending thereto are also to be looked upon as consistent with the Rest God requires: Such as travelling or walking to the Place of God's publick Worship; clothing our selves in a Manner that is decent, and fit to appear in Publick; and doing those things that are needful to our own Health, and to the Health, Comfort, and good Order of our respective Families: Such

# 50 The Lord's Day to be observed,

things as these, provided they take not up too great a Proportion of our Time, and too great a Share of our Concern, (so as to prevent the Services of Religion, or distract us in them) are no Transgression of the Fourth Command. Thus stands the Notion of this Rest in general.

## 

#### SECTION II.

Particular Proofs from Scripture of Men's being forbidden to exercise their Trades on the Sabbath.

SINCE it is enjoined by the Fourth Commandment, That Men should do no Manner of Trade, nor Work of their particular Gallings, on the Sabbath; this is to be more fully insisted on, and must be esteemed as a Matter of perpetual Obligation. If we consult other Parts of Scripture, we shall find several Trades particularly mentioned, and expressly forbidden on the Sabbath.

Those Employments (for instance) are forbidden, which relate to the providing of Food, or other Refreshments for our Bodies. Those, who by their Callings are Tillers of the Ground, or Providers of Corn and Wine, and such things as are necessary for the Sustenance, as well as Delight of others, must forbear their Week Day Labours

on the Sabbath. It is particularly Exod. xxxiv.21. mentioned of old; Six Days thou shalt work, but on the seventh Day thou shalt rest; in earing Time and in Harvest thou shalt rest. This does not affect us, as it did the Jews, if we look to their Explications of it; but as it refers to any one's Trade or Week Day

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Calling, it does. In the Book of Nehemiah, it is said, In those Days Chap, xiii. 15. saw I in Judah, some treading Wine

Presses on the Sabbath, and bringing in Sheaves, and lading Asses, as also Wine, Grapes, and Figs, and

I testified against them.

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Now, if those Trades must not be exercised, which consisted in the first gathering and providing of these things; much less can those Employments be pleaded for, which consist in furnishing our Delicacies and Entertainments from these Provisions. People may, no doubt, dress and prepare that Food which is necessary for their respective Families on the Sabbath, if it be laid in before-hand; but no Persons are to exercise their Trades on this Day, either in preparing and laying in Materials for eating and drinking, or in providing and surnishing out things ready for Use, so as to expose them to Sale.

In this, our own Laws do acknowledge the perpetual Obligation of the Fourth Commandment. For the we are told that Harvest Work has been allowed in England on this Day \*, upon some Emergencies; yet the making an extraordinary Case of any thing of that Nature, plainly shews

that the general Practice is condemned.

Again we find, all Trades that confift in buying and felling, and all Manufactures in order thereto,

are forbidden on the Day of holy Rest.

All Merchandise, and also the Sellers of all kinds of Ware, are expresly testified against, in the forequoted Chapter of the History of Nebe-

<sup>\*</sup> Bishop Taylor says, he had found in an old Injunction of Queen Eliza. beth, that Corn may be carried on Sundays, when the Harvest is unseasonable and hazardons. Ductor Dubit. p. 278.

Ver. 20, 21.

miah. There dwelt Men of Tyre
ver. 16, 17. also therein, which brought Fish, and
all manner of Ware, and sold on the
Sabbath unto the Children of Judah, and in Jerusalem. Then I contended with the Nobles of Judah,
and said unto them, What evil thing is this that ye
do, and profane the Sabbath-day? Did not your Fathers thus, and did not our God bring all this Evil
upon us, and upon this City? Yet ye bring more
Wrath upon Israel, by profaning the Sabbath.

After this, when the Merchants, and Sellers of all kind of IVare contented themselves to lodge without Jerusalem, yet Nehemiah would not rest

till he had driven them from about the Walls and Suburbs of the City.

In this he acted as a good Magistrate, agreeably to the Laws and Statutes of the Jewish Kingdom. Tho' it is plain, these things were not peculiar to the Jewish Rest, as some would have us believe; but have still, by the wise Providence of God, been made Laws to other Parts of the World.

This Restraint from Labour and rural Works, and other civil and secular Negotiations, is appointed by the Laws and Constitutions of other Nations as well as the Jews. It is enjoined by many Regal and Imperial Laws, and by Episcopal Synods. We have Collections of these Authorities by such as have written for the Observation of the Lord's-day, under the Notion of its being an human Appointment\*. When those Testimonies are considered in Consequence of a Divine Law, they have very great Force; but when considered

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A considerable Number of these Authorities are put at the End of this Teatife.

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meerly as human Laws, Men may urge them long enough before they will fecure the End they are brought to serve.

In the same manner the Laws and Statutes of our own Nation are formed +: Expressly forbidding all fecular Business and Merchandise, Hunting, and other Diversions; as also journeying and labouring with Cattel, or employing Servants in any worldly Calling and service Employments: All which, as the following Sections will further shew, is agreeable to that Rest required in the Fourth Commandment. Thus God takes Care to perpetuate the Law of the Sabbath, according to the aforementioned Explication of it.

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#### SECTION IV.

All forts of Carriages, and needless Travelling, forbidden on the Lord's-day.

THE Commandment does not only forbid Man's doing any Work or Business in the Way of his Calling, but it forbids the using, or working of Cattle on this Day. So that there must be no drawing of Carriages, nor loading any Creature with Burdens, nor appointing them for Journies, and travelling from Place to Place. These things are necessarily implied in the Cattel being appointed to rest on the Sabbath.

As to Carriages and bearing of Burdens, these are not only expresly forbidden, but a particular

<sup>+</sup> See an account of the antient Laws of this Kingdom, and also the Asts of Parliament now in Force, under the fifth Head of Testimonies.

Caution is given, to make such a Prohibition the more observed. Thus faith the Lord. Jerem. xvii. 21, take beed to your selves, and bear no burden on the Sabbath-day; nor bring it in by the Gates of Jerusalem: Neither carry forth a Burden out of your Houses on the Sabbath-day. The Prophets were the great Reformers, under the Jewish Dispensation; who were always most vehement, and concerned, in calling Men to the Observance of the moral Law. We find them making very light of ceremonial Services, in Comparison of moral Duties. Here, therefore, let it be carefully remarked, that with the fame Zeal with which they reprove the People for Idolarry, and profane Swearing, and for Murders, and Adulteries, they also reprove them for the Profanation of the Day of Rest. For this Reason, what I have quoted from the Prophet, is not to be esteemed a Matter of Ceremony merely; (something that belong'd to the Jews and none else;) but it is (at least to me it is) an Explication and Enforcement of the Rest of the Sabbath, considered as a perpetual Law.

The Rezson why buying and selling, and bearing Burdens were forbidden, was not a Reason that passeth away; as in temporary and ceremonial Observances is the Case; but it is a Reason of perpetual Force. In order to attend to spiritual and religious Exercises, we must forbear those Ways of employing ourselves, which would either keep our Bodies from the worship and service of

God, or unfit our Minds for it.

The very Thoughts, therefore, of buying and felling, and conveying Things from Place to Place, should be banished from our Heads and Hearts on God's Day; as the Buyers and Sellers were, by our Blessed Lord, whipt out of the Temple.

For

For the same Reason it is unlawful to journey on this Day. We are not indeed confined to what the Jews called a Sabbath Day's Journey : For if our profitable Attendance on the publick Worship of God make it requisite to go to a Place at some Distance, on such an Occasion we are allowed to travel. But to take Journies upon the Day of God's Rest, and employ Servants, and use Cattel, and make the People where Refreshments are fought for live on that Day just as they do on others, is a manifest Breach of the Fourth Commandment. It will not do, for Men to pretend that they travel only betwixt the Times of publick Worship, and that they can employ their Thoughts very profitably by the way; unless they could undertake that their Example shall have no ill effect upon others, nor do any thing to discredit Gon's Law concerning the Observation of his Day. For he that shall break one of the least Commandments, and shall teach Men so; (that is, make others break it, by what he does;) he shall be called least in the Kingdom of God.

In Cases of Necessity, or Mercy, no doubt but this last, or any of the things aforementioned, may be dispensed with. But to make a justifiable Necessity, we must be sure to observe these fol-

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(1.) It must be something very important and considerable in itself, and urged by very great and good Reasons. Because the Reasons for resting on God's Day, are very great and important, it is not a light Matter that can over-rule them.

(2.) It must be a Matter that could not well be contrived before the Sabbath, nor will bear defer-

ring to an After-time.

# The Lord's Day to be observed,

(3.) It must be something that would always have the same Necessary. That is, if the same thing should fall out on another Day, as requisite to be done, it must be so necessary that all other Business should be forced to give way to it, or else it is not of fuch Necessity as to make the Duties and Exercises of Religion yield to it, on the Lord's Days ad of langit a buman Appointment and Confliction



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There must be a resting or abstaining from all sensual Diversions and Recreations,

TF lawful Work and Labour must not be followed on this Day, as on the fix Days of the Week; there is much more reason for all Sports and bodily Diversions to be laid aside. Because the Design of God's separating this Day from others is more perverted and contradicted, and more hurt is done to Religion, by fuch a loofe and sensual Way of spending Time, than by regular Labour. The more Men give up themselves to bodily Pleasures and Recreations, the less Relish will the Soul have for spiritual and eternal Things. Diversions make the Spirit trifling and unfixed; and give the Flesh Advantage, to profane and pollute the Mind; and they fet the Heart against that Reverence and Seriousness which becomes a Creature doing Homage to its Maker, and feeking the most important Blessings from him

That of the Prophet Isaiah, must Ch. Lyiii. ver, 14. therefore be applied to the Day of Gon's Rest in general, and not mere-

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ly to the Jewish way of keeping their Sabbaths, when he fays; Not doing thine own Ways, nor finding thine own Pleasure, nor speaking thine own Words. The plain Reason of the thing makes this Injunction perpetually binding. I don't lo son

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Hence it is, that such as would make our Observation of a Sabbath, as Christians, to be only a human Appointment and Constitution, yet have declared against all Plays, and Sports, and vain Feafting, and Drinking, and loofe wanton Converfation on this Day \*. Since it is a Day intended to prepare Men for their heavenly Reft, it must appear to common Reason exceedingly inconsistent and disagreeable, for any to give up themselves to sensual Frolicks and Entertainments.

"Such is the Reverence (fays one) due to the " publick Exercises of Devotion, that they re-" quire not only a ceasing from other Works and

"Thoughts for the time of the Performance, " but also a decent Preparation beforehand, that

" so our Thoughts and Affections which are na-" turally bent upon the World, and not eafily " withdrawn from it, may be raised to a Dispo-

" fition befitting fuch facred Employments." And the same may be said for Men's Retirement,

and Recollection of things afterward.

I find a remarkable Puffage quoted by another 1 Writer, from Bishop Andrews, on this head. "Tour " keep the Sabbath in an idle manner, he says, is " [Sabbatum boum & asinorum] the Sabbath of

<sup>\*</sup> Bishop Taylor in his Cases of Conscience, tho' he makes the Lord's Day to be merely of Ecclesiastical Constitution, yet speaks much against these things, and produces many Authorities from others, Tertull. Apol. c. 42. St. Austin, lib. de decem Chordis. c. 3. The Council of Toledo, can. 23. The Edil of Leo and Authorities. See also the Authorities at the End of this Treatile, Gon's Reft ingeneral and nor

60 jocular manner, to see Plays and Sights, or as 60 Leo saith, to be at Cards and Commessations,

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" this Auftin calls [Sabbatum aurei Vituli] the

"Sabbath of the golden Calf: But to keep the Sabbath in Surfeiting and Drunkennels, in

66 Chambering and Wantonness, this is the Sah-

" bath of Satan, the Devil's Holiday.

There was once an unhappy Season to these Nations, when a Declaration for Sports and Paftimes, after Evening Prayer on a Lord's Day, was published in the Parish Churches. And the preaching and writing for this, as many of the Clergy then shamefully did, has ever since furnished the ill-disposed part of the World, with Arguments for the Contempt they pour upon our Days of Sad was the Case, when that of facred Reft. Seneca became so justly applicable: Nullam babet Spem salutis æger, quem ad intemperantiam medicus bortatur. " No hope is left of that fick Man's " recovering his Health, whose Intemperance is " promoted by the Physician that should cure " him." But I would hope this is not imputed to us as a national Sin, because there are others who have born a constant Testimony against those loofe and diforderly Proceedings. And many good Laws also are enacted of a contrary Nature. And many royal Proclamations have been issued out. And many Persons are yearly convicted, and punished for the Profanation of this Day, by the Societies for Reformation of Manners; who deserve great Regards and Encouragements from all good Christians on this Account.

Our Delights on this Day should be spiritual and intellectual, like those of Angels, to whose blissful Assembly we hope to be joined in a little time: Not sensual and corporal, like the Pleasures

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hole ittle fures of of Brutes, or brutish Creatures, who look no farther than the gratifying of Flesh and Blood. If we have any just Regards to our eternal Rest, of which the Sabbath now appointed is a Type \*; how different will our Heb. iv. 9. Thoughts, Words and Actions be, from those of the drinking, sporting, trifling, rambling, or idling Sensualist? Instead of getting a frame and temper of Mind, fuited to the Satisfactions and Employments of the World above, such a one is despising his God, his Soul, and a future State, and enflaming his Passions and Affections to the things of this Earth. It is certainly a mark of an impious and irreligious Man, to make that a Day to improve in Vice and Vanity, which God has appointed for our Improvements in divine Wisdom and solid Goodness.

## SECTION V.

Parents, Masters, and Magistrates are expressly required in God's Law, to see that this Rest be observed by all under their Power and Government.

IT is inserted in the Body of the Command, that neither Son, nor Daughter, Man-servant, nor Maid-servant, nor the Stranger or Sojourner, should do any Work which would be a Breach of this Law. So that every one who is a Parent, a Master, or a Magistrate, stands obliged, not only in his personal Capacity, but in his Family and relative Capacity, to see that this Rest be observed. It is not in the Power of such, to

See the laft Section of this Treatife.

make all those truly Religious that are under their Care; but it would put them into a very likely way of being fo, to take them off from every thing else that would hinder the Religion of such When they are not allowed to spend the Day in any worldly Employments or Diversions, it is very probable their Mands and Thoughts may turn to God and Religion. And we are the more encouraged to hope for this, because the very Rest is God's Appointment; and whilst they are taught by you to cease from that which is Evil, his good Spirit may instruct and incline them to cleave to that which is Good. Only here let me add, what will be enlarged on in the next Chapter, that you must also oblige them to attend the publick Offices of Religion; and as you have Ability, and Opportunity, speak to them in private of the Rest and Happiness of the World to come; and of the Way to secure it by Christ Jesus, according to the Gospel he has given us; and recommend them in your Prayers to the Grace of God; and you may then expect great Advantages will accrue to all that are under you, as well as to your own Souls, in the Observation of this Day.

But to return to the Head I am now upon; the Rest which is required on Goo's Day, is primarily to be the Care of PARENTS, who are to look to it that neither Son, nor Daughter, do any

thing inconsistent with it.

This is one of the first things that Children are capable of learning; namely to distinguish this Day from others. They may be taught to lay aside their other Days Exercises, and Diversions, for some time before they can be brought to exercise themselves to Godliness. And to inure 'em to this as the beginning of Wisdom, well suits with

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the Method God took to introduce Religion into the World. To rest on the seventh Day, and to fanctify it, was the first Appointment and Institution of Heaven; (as the beginning of the ird of Genesis plainly shews;) and was made the Ground-

work, and Foundation of all Religion.

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Again: It has often proved, afterward, a means of restraining and correcting the Vanity of Youth; and it has prevented the Corruption and Degeneracy of many, who were liable to be seduced by ill Company, only to infift upon their observing the Rest of this Day. Tho' such Restraints may be look'd upon as a Hardship, when compared with the Liberties allowed to some loofe young People; yet I have known many thankful, when they have come to riper Years, for their being under such a Curb in their Youth.

"God never Now, as Moralists observe, " gave Power to one Man over another so plain-" ly, as to Parents over their Children; their " Power is the Fountain of all other, and the " Measure of all other; it hath in it the end and " usefulness of all Government, and whatever " Honour it keeps to itself, yet the Advantage " ever passeth on to others:" So the Observance of God's Rest must first be insisted on by Parents, and made a Law to their Children, before Masters or Magistrates can be supposed to have fuitable Regards paid to them. Let all Parents then remember that they are obliged, not only to abstain from worldly Labours and Diversions

The Charge next lies upon MASTERS, and that with Respect both to Men-servants and Maidservants. The Law is express as to both. What is the proper Business of a Family must be done on

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this Day, no doubt, as well as at other times. But no Servant is to be employed in any Trade or Calling: Nor should they be allowed to follow their Diversions Nor are they to be so taken up with houshold Affairs, as to be wholly deprived of the Worship of God, and of all share in the Rest of this Day. It must be a Day which they are able to distinguish by the Rest of it, as well as those they serve, tho' they may not rest in an equal Degree. But no Liberties must be allowed them which would be a Breach of the fourth Commandment. The Disobedience, Loofeness, and Degeneracy of Servants, so commonly complained of in our Day, is very much owing to the Neglect of the Sabbath. It was a Saying of Bishop Reynolds, " Take care that your Ser-" vants do their Duty to God, and God will " take care they do their Duty to you." When Rulers of Families give a Loofe to Servants on this Day, they get into Company, and fall into those Courses, that make them loose and regardless of their Affairs on other Days. If ever a prevailing Regard be had to this Law of the Sabbath, there must be more Care about it in private Families.

But then the MAGISTRATE is further obliged to attend this Matter. For the Stranger and Sojourner, that is, such as are not under any Controll of private Persons, yet must be obliged to observe the Day of Rest. This was not only to be the Care of Jewish Magistrates, who had many Laws peculiar to their own Nation, which they were to see put in Execution; but whereever the God who made Heaven and Earth is publickly own'd and worship'd, there worldly Employments must be laid aside every seventh Day, and a general Rest must be observed. This Law goes along mes.

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along with the others, that command and direct our Worship. And as far as the publick Lubrary, and Manners, are the concern of Magistrates, so far they are to promote the Observance of this Law. According to the Power entrusted with each Magistrate by the Legislature, he is to see that a Constitution so reasonable in it self, and ministring to the Good of the Publick, be observed and honour'd. And thanks be to God, we have so many Asts and Statutes of this Realm now in force \*, to direct the Magistrate in the Discharge of his Duty, with reference to Men's observing the Rest of this Day.

To close this Chapter: I now wish the Reader would not only speculate upon this Matter, but form his Practice according to those things that appear to be the Will of God, in what has been faid: That every Man would order his own Condutt, and also order his Family, according to this Law. And I wish there were more to affist the Magistrate, in executing the Laws upon those who have cast off all Fear of God, in their Profanations of this Day. This is one of the Foundations, upon which, both publick Order and true Religion are built; if this therefore should fail, what can the Righteous do to stop that Torrent of Profanenels and Infidelity, which threatens to bear down all before it? Let there be more care to keep up a Sense of the Rest required on this Day, and that will lead to (what is next to be explained) the Devotion of it.

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<sup>\*</sup> See the Account of these at the End of this Treatife.



## CHAP. IV.

Shews, how the Day of Rest is to be hallowed, or kept holy.



Sabbath, as the Fourth Commandment directs and requires, must have a great Regard to God's sanctifying the seventh Day, as well as resting upon

it. Because God rested on this Day, therefore he sanstified it, saith the second of Genesis; he ballowed it, saith the Commandment. There are some boly Purposes to be served by keeping this Day which follow upon the Rest of it. This Holiness is described in Scripture as additional to the Rest, by a variety of Expressions. One place says, the seventh Day is a Sabbath of Rest, an holy Convocation: Another says, it is the Sabbath of Rest, holy to the Lord: And a third says, there shall be to you Holiness: And again, ye shall hallow my Sabbaths. It is not only a Day to cease from worldly Labours and Employments; but it is evidently designed for Exercises of Piety and Devotion.

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### SECTION I.

The general Notion, of ballowing or fantifying this Day, stated.

There are two Ways, by which a time or thing is faid to be hallowed or fanctified; either by God's confecrating of it, or Men's devoting it to some sacred and religious Use. Both which belong to the Sabbath.

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If we consider the seventh Day as santified by God, it signifies his appointing it to bear his Name, choosing and separating it from other Days for his own Honour; and making it an Instrument, Occasion, or Means of Holiness, to them that observe it. This is the Consecration of it.

If we consider the Sabbath as sanctified by Man, it signifies a devoting that Day to holy Services; in St. Paul's Phrase, it is a regarding a Day unto the Lord: Not only sequestring our selves from world-ly Concerns, but using the time for God and purposes of Religion; diligently attending to those things that may promote Holiness and Rectitude of Nature, and may render us so many living Images of our Maker, and Objects of his Love. This is the Dedication of it.

But when we say that such a Day is consecrated by God, and devoted to him, we are not to imagine there is any inherent Holiness in Times, no more than there is in Places, or Vessels, or any such things. But they are hereby appropriated to a particular Use and Service, and kept for that. We are to keep the seventh Day for the Worship of God and the Duties of Piety, as not esteeming it our own, but his whose Name it bears.

Some therefore describe the Holiness of the Sabbath, as consisting in a careful observing and confining our selves to those things, which God either expressly prescribes, or plainly allows; doing every thing with a most observant Eye to him, throughout the Day. As a Servant that does his earthly Master's Work, and follows his Orders on other Days; so we are all to do the Work of our beavenly Master, and mind his Orders, upon the Lord's-day. It must be spent so, as to shew it is a Day separated for God; doing nothing but what is either religious in itself, or some way helpful to Religion, or at least no Detriment or Hindrance to it.

The Commandment referring to God's making Heaven, and Earth, and Sea, and all that is in them, plainly declares, that the Greator is to be remembred: And his Perfections, as displayed in his Works, are to be glorified: And his Example must be imitated: And all those Expressions of Homage and Worship, which become Creatures toward their MAKER, and which he himself appoints, are certainly implied and included. His communicative Goodness to all his Creatures, must be studied; and, as we have Ability and Opportunity, must be copied after on this Day. And the Riches and Glory of his Grace, in redeeming us, we are now to call to mind with Hearts full of Praise and Gratitude, and well-disposed to all gospel Obedience.

So that this Day has its Works to be done, as well as other Days. We are to rest from worldly Labours, that we may be employed in Exercises of Devotion toward God, and Goodness to our sellow Creatures. Even the Jewish Sabbath allowed the Labour of those that were employed in the Temple about their Sacrifices; tho' our Savi-

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our calls it a profaning the Sabbath according to the Laws then given Matth. xii. 5.

concerning the Rest of it. Those Actions that were done in facrificing, were a Breach of the Rest of the Sabbath, and so called a profaning it; but there was nothing contrary to the great Law and main Design of the Sabbath, since those Actions tended to promote the Honour of God, and to serve the Purposes of Religion; and therefore our Saviour says, they were blameless. But now it is much more discovered to us, that the Rest of this Day is to be made wholly subser-

vient to the Religion of it.

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The active Part of this Sabbath in using it for God, was always observed by our Saviour. He frequented the publick Worsbip, and fill'd up the Day with pious Instructions to his Disciples, or Works of Mercy and Goodness to others: But he did not treat the Jewish Traditions about the resting Part of the Sabbath with any manner of Respect: Because all those Notions and Laws, which placed Religion in the meer Rest, were to be done away. "Outward Rest is not appoint-" ed for itself, (says one of our Casuists) but as a " means to the freedom of the Mind for inward

" and spiritual Employments \*.

So also Calvin upon II. Gen. says, neque enim septimo quoque die sim-pliciter hominem justit Deus serias agere, quati otio delectetur: Verum ut negotiis aliis omnibus foluti liberius mentes suas ad creatorem mundi ap-

#### SECTION II.

Of attending the publick Worship of GoD.

TT is I think aflowed, on all Hands, that Men ought every where to be employed on the feventh Day in Acts of publick Worsbip. Some have made the Sanctification of this Day to confift wholly in attending the Service of the Church. There are such as are observed to place all their Religion there, and to lay it aside every where else: But none who have owned the Truth of the Scriptures, and have had any Sense of the Law of God as there given us, ever went about to deny their Obligations to bear a part in the Exefficies appointed for publick Communion and Devotion. The wilful and stated Neglect of this, stands every where condemned as a Profanation of the Lord's-DAY

The Jews spent a great part of their Sabbaths in the Temple, and in their Synagogues. And the Wicked who difregarded GoD's Law, are represented as Despisers and Profaners of God's Sanctuary together with his Sabbaths. As to those that went up to the House of God, we are informed how they spent their time there: We read in one Place, of going to the Temple to pray. And in another Place, it is faid, Moses of old Time had in every City them who preach him, being read in the Synagogues every Sabbath-day: And very numerous are the Passages which describe their Sacrifices and Offerings to God, on his Sabbaths: And then the People were bless'd, in the Name of the LORD that made Heaven and Earth; bles'd from his Holy Place.

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In like manner, we find the LORD's-DAY was spent by the first Christians in a careful Attendance to all the Parts of religious Worship, according to the Direction of the Gospel. They fometimes fpent the whole Day, Acts xx. II. even till late in the Evening, in publick Exercises of Religion. WThey and a met together to pray to God As also to praise him, speaking to themselves (as St. Paul exhorts his Ephefians, in PJalms and Hymns, and spiritual Songs, making Melody in their Heart to the LORD: They then celebrated those facramental Solemnities, which were instead of all Offerings and Sacrifices: And withal, they did not forget to do good, and to communicate and to contribute to the Necessities of the Poor. They ceased not thus to meet, that they might exhort and encourage one another to cleave unto the Lord. These things were of such Importance to Christians, that the Apostle to the Hebrews gives it them in Charge, not to for sake the Heb. x. 25. assembling of themselves together, as the manner of some was; but exhort one another: And so much the more, as they saw the Day approaching.

Now in our keeping Holy the Lord's-Day, there should be a conscientious Observance of all these Parts of religious Worship. Every one should be ready to join in the Church's first making her penitential Confessions, and in her earliest Expresfions of Homage, and offering up her Requests to God for his Presence and Bleffing. And then with a serious, attentive, humble Mind, we should go thro' every Service till we are dismissed with the

Go/pel Benediction.

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If we expect God should hear our Prayers when we speak to him, we should diligently hearken to his Word when be speaks to us. Some are all for their Prayers, as if they were only to tell God what they would have from him; but care not for Sermons, or reading the Scriptures, to know what God requires and expects from them. Others are all for hearing Sermons, and place their whole Satisfaction in correct Discourses, and in having some new things continually suggested to them. Whereas the true Worshiper of Almighty God, will have a becoming Regard both to praying, and bearing: and will not fatisfy himself with the one, without the other. He will say as Samuel did, speak LORD, for thy Servant beareth; or in the Language of the New Testament, he will take heed bow he hears; carnestly defiring to know the Truth as it is in Jesus, that he may form his Principles and Manners according to it. He will also have great Respect to the House of God, as it is emphatically called the House of

Prayer. And there will devoutly Matth. xxi. 13. join with the Congregation of those

that are making their common Supplications unto

GoD.

He will also offer unto God Thanksgiving, and will shew forth all his Pfal. cxlix. I. Praise, and sing unto the LORD in

the Congregation of his Saints.

And fince all former Sacrifices are now done away, and we look for Remission of Sins, and the Acceptance of our Services, thro' the Blood of CHRIST, who became a Sacrifice for us, and to whom all other Sacrifices had Respect; therefore it is become a Part of the Christian Worship, to show forth the Death of Christ by those facramental Signs and Actions which are appointed for this

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for his this very End. Without these, the primitive Christians did not think their Worship complete. And I see not how any Man can live in the stated Neglett of a known branch of Worship, without giving great Offence to God, and declaring himself only in part a Worshiper with his Church. Consider this well, he that is only a Worshiper in part, does only in part seek to please God; and does but go part of the Way toward that eternal Rest of which the Sabbath is a Type.

The closing branch of publick Worship is, for the Ministers of Religion to bless the People in the Name of God. The form of the Patriarchal Blessing was very short, but full. When Isaac pronounced it upon his Son Jacob, he says, God Almighty bless thee. The Priests of Israel have

their form of Blessing set down more largely: On this wise ye shall bless the Children of Israel, saying unto them,

The LORD bless thee and keep thee: The LORD make his Face shine upon thee, and be gracious unto thee: The LORD lift up his Countenance upon thee, and give thee Peace. The Christian Benediction includes all this, with the Addition of special Fa-

vour and Blessings from him by whose Name we are called. The Grace of 2 Cor. xiii. 14.

our Lord Jesus Christ, and the Love of God, and the Communion of the Holy Ghost be with you all. And sometimes all other Blessings are comprized in this one; The Grace of our Lord Jesus Christ be with you all. This is not pronounced only to tell People the Service is concluded; but it should be reverently attended to, as one Part of the Worship of this Day: And none should hurry out of an Assembly till they have receiv'd the Blessing, and express'd their De-

F 4 fire

fire to carry it away with them, in an hearty to not have counted say in me Amen.

Thus should the Day of Rest be sanctified, or hallowed, by worthiping with the Multitude of them that keep Holy Day. And where our Power and Influence reach, we should command others, and by proper Methods engage them, to a constant Attendance on the publick Worthip. The Religion of the Day is, thus far, the Concern of Parents, Masters, and Magistrates, as well as the Rest of it. They may oblige those under their Power to go to Church, the' they cannot make them true Worshipers there. a bar bare come

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### to get of SECTLOWISH. LIGHTING

Of Secret and Private Exercises of Religion, on the Lord's-Day.

THE Pfalmist says, the Lord loveth the Gates of Zion more than all the Dwellings of Jacob; thereby intimating to us, that the Templeservice, and the publick Worship of God, is greatly preferable to any private Devotions. And our Saviour speaks of the most successful Prayers being put up, when his Disciples agree together in the things asked of him. We should therefore by no means allow our selves to neglect the publick Worthip, on Pretence of reading or spending the Time religiously at Home, when we are under no Necessity of staying there. For they who do so, do not understand the great Ends aimed at in the Institution of the Lord's-day; which are, to give all true Christians the Advantage and Pleafure of Communion one with another; to promote

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mote Holiness, and Love among them; and to unite them in the Cause, and for the Honour of their Lord; and to be an Occasion of God's more signally displaying his Grace and Power, and conferring publick Gifts, and making his Name glorious in the World

But there are private and secret Exercises of Religion, notwithstanding, to which we should give up our selves, as we have Opportunity, on those Parts of the Day which we spend in our own Houses.

Some good Men have looked upon this Day as confecrated and devoted to God and Religion, in such a manner, that even the most common Astions ought to be improved by some spiritual and religious Thoughts. They will tell us that our Meditations, when we awake in the Morning of a Lord's-day, should be serious and heavenly. With some holy and joyful Acclamations we should welcome it, as soon as we lift up our Eyes to behold the Light of it.

Santta dies oritur, linguisque animifque favete.

When we rise; we should think of Christ's rising from the Earth, shaking off the Chains of Darkness, and the Fetters of Death; and by such Considerations, we should rouse all the Powers of our Souls, and excite our Hearts and Affections to quit earthly Things, and to shake off all Deadness and Drowsiness, and to lay aside every Weight and Corruption, that we may rise to Righte-ousness, and may be vigorous and lively in all the Services of the Day. And the Hour of our rising must be such, as not to make this Day shorter than our other Days are.

When we wash; that may put us in mind of washing our Hands in In-Pfal. xxvi. 6. nocency, and so compassing Gon's Al-And we may think of the Word of God

converting the Soul, purifying the Heart, cleanfing

the Ways of Men, and the like.

When we are dreffing our Bodies to appear in Publick, we may think of putting on the Lord Jesus Christ, ac-Rom. xiii. 14.

cording to the Apostle's elegant Expression: That whatever we say, or do, our Master may appear in it. As when any one imitates another, and endeavours to copy after him and be like him, we say he puts an such a Person or Character. So we must put on the same holy, heavenly, devout and obedient Temper, and Behaviour, which appeared in our Lord. And we must put on all those Graces which were conspicuous in him, as accounting them our greatest Ornaments.

From such Hints as thele, concerning the common Actions of the Morning, we may learn to make a religious Use of all that passes throughout the Day. And having fet out in this ferious devotional Way at first, we shall be the better disposed to proceed in it.

These Things are not to be insisted on, as if the Neglect of them argued Prophanenes; but yet as greatly promoting Mens Piety and Heavenly-mindedness, and very serviceable to their better discharging the necessary Duties of the Day. To

these, I next proceed.

It is necessary to prepare our Minds for a right Attendance on publick Worship, that we read, and pray in our Closets and Houses, before we go to the House of God. And some Time should be allowed to think of what we read; and to think

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of the Duties before us, toward which our Hearts should be well disposed. We should pray to GoD particularly to bless bis Word and Ordinances in publick to us. Earnestly requesting for those that minister in holy Things, that God would be with their Spirits, and with their Lips, that they may speak as becomes the Oracles of GoD, and so as to promote the Honour of a Redeemer, and the Interest of Religion, both in our own Souls, and the Souls of others. We should also pray to God for our selves, that no Prejudices, or Corruptions, may hinder our profiting under the means of Grace; that no Unbelief, or Worldliness, no Deadness, or Distraction and Levity of Mind, may spoil our publick Devotions and prevent the good Effect of them.

They that have Families should call all together to join with them in offering these Requests to God; and to pray at the same time for other Blessings which are necessary to their common Welfare as a Family, and to the Salvation of all their Souls. Parents and Masters should also direct their Children, and Servants, to read and pray by themselves.

And Psalms and Songs of Praise to the great Creator, Redeemer, and Sanctifier of our Souls, should be made one part of the private as well as publick Service of this glad Day.

The holy Angels, and the Spirits of just Men in Heaven, are said to sing eternal Hallelujahs unto the great King: And if our Sabbath (says Bishop Hopkins) be typical of Heaven, and the Work of the Sabbath represents to us the everlasting Work of these blessed Spirits, how can it be better done than when we are singing forth the Praises of him that sits upon the Throne, and of the Lamb our Redeemer?

When we go to Church, we should think in fuch a manner as that of David, I was glad when they said unto me, let Pfal. cxxii. 1. us go into the House of the LORD. Or we may apply that of the Prophet, Come ye, and let us go up to the House of the God of Jacob, and he will teach us of his Ways, and we will walk in his Paths.

Betwixt the Times of publick Worship, we should take care not to destroy any good Impresfions already made, or to prevent further Good. We should cast our Thoughts back on what we have been hearing and doing; and our Converses should be either on that, or on something agreeable thereto; at least they should be free from every thing that would contradict, our publick Devotions, and render the Word of God ineffectual or disgustful to us. Our Words should either be religious, or however few and inoffenfive.

We should be very moderate in our Eating, and Drinking, on these Days; going no farther than may be for Health and Liveliness, not to a Satedness and Dulness. Sensuality of this kind, will fadly indispose us to spiritual Exercises. The more sparing our Meals are in the middle of the Day, the better shall we be in the Worship of the Afternoons, and the more shall we renew our spiritual Strength and Pleasure. The Love-Feasts of the primitive Christians were on the Evening of the Lord's-day; and certainly they were then the most comfortable, when their Services of Religion were over, and when they could eat their Bread with greater Gladness, because God accepted their Sacrifice.

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But when the publick Worship is concluded in the Evening, there are private Exercises of Piety and Devotion to be renewed.

Works of Charity and Goodness to those about us are then to be done, of which I shall speak in the next Section. And then should every deyout Christian read the Word of GoD; and speak of what he has been hearing, and endeavour to fix Divine Truths in his own Mind, and on the Memories of those about him; and enforce the Practice of Religion so, as that he and his House may ferve the LORD. Every one should be taught, on these Evenings especially, to enter into their Closets, or go somewhere by themselves, and to pray to their Father Matth. vi. 6.

who fees in Secret, that he may re-

ward them openly. Retirement and Meditation, is certainly one part of the Duty of a Sabbath, without which (says Bishop Hopkins) to hear the Word of God only, is to swallow our Food without chewing it. It is Meditation that makes it fit for Nourishment.

And now is a proper Season, for People to fix their Purposes and Resolutions, as to their Conduct and Behaviour the Week following.

### in Sunde at the fact SECTION IV.

Concerning Works of Charity and Goodness to the Souls of others, on the Lord's-day.

MENIO IL THE Design of God, in appointing the religious Observation of one Day in seven, certainly was to keep up and promote the Knowledge of of Him, and of Religion in the World. It is therefore most suitable to this Institution, that every Man who knows and sears God himself, should counsel and instruct others in the same Fear of God, and in the great and important Matters of his Law, and Gospel:

Besides publick Sermons, and ministerial Instruction, there should be private Converses of the things of God: And every Man as he has Ability should help his Friend and Neighbour to

Jer. xxxi. 30. come when all shall know him even from the least unto the greatest. You read how the opening of the Scriptures made the Hearts of the Disciples burn within them, as they were walking to Emmaus. We should endeavour thus to communicate holy Thoughts, and Affections; both from a prevailing good will to the Souls of others, and for the Improvement and Refreshment of our own Spirits.

Where any want our Counsel and Assistance, in hours of Darkness and Distress, it is very proper Work on this Day to go to them; to advise, and comfort them, and do what we can to re-

vive their Spirits.

But more especially should Parents, and Masters of Families, shew their Charity and Concern for the Souls of Children and Servants on this Day. Instructing the Young, and Ignorant; correcting the Errors, and Manners, of such as are misled; and encouraging every thing of a serious and good Disposition where there are any promising Appearances of it. Sometimes talking with them, and trying what Improvements they make in Knowledge, and in Virtue: Sometimes reading proper Passages of Scripture, and suitable Sermons, or Books of Religion that may be most fitted

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fitted to their Capacities: Contriving, all the ways we can, to make Religion amiable to them, and to give them a deep and lasting Sense of the Advantages of it, together with the Folly and

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But when I speak of all this, as the Fruit of Charity and Goodness, you will easily perceive the Difference betwixt those ways of Instruction which flow from a Heart full of Concern for the Welfare of Souls; and those, which are only the effect of Custom, and the authoritative Orders of a Family. Nothing of this kind must be done thro' Affectation, or as a Task, with Tediousness and Irksomness of Spirit, and in a manner unsuitable to the Capacities of those with whom we have to do; but all should be managed with great Goodness of Temper, and so as to win Hearts to the Ways and Worship of God, and to act in every thing becoming the cheerful Servants of the best of Masters.

Only here it must be added; that where Children or Servants are profane, and Scoffers at Picty, or vicious and immoral, Authority must be used, and constraints laid upon them. And the such Methods should do no good to the impious, yet they may prevent the Insection and Ruin of the

fober and well disposed.

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and or year 3.

### SECTION V.

Concerning Works of Charity and Goodness to the Bodies of others, on the Lord's-day.

OD is said to bless the Sabbath-day, because I then he communicates his Gifts and Bleffings; and he would have us to do so too: dear LORD and Saviour shewed great Compassion to the Bodies of Men, as well as to their Souls on this Day. Many of his Miracles were wrought for restoring of Limbs, and Senses, and bealing the diseased, and feeding the hungry. Even such as were ill of chronical Diseases, and might have come on other Days, (having been of many Years continuance,) yet Christ chose to make them whole on the Sabbath-day. A remarkable Instance of this, we have in the Case of him that had an Infirmity thirty and eight Years, who was enabled to walk, and was directed to carry

his Bed too, (as a greater Proof of John v. 5, 9. 1 his Cure) on the Sabbath-day.

Where any are fick and infirm, that they cannot perform the Duties of Religion appointed on this Day, in such cases God will have Mercy and not Sacrifice. But I observe in the Scripture, that where the weak and fickly did exert themselves, and strive to come to Christ under their Disorders on the Sabbath, they met with the most signal Bleffings.

Such as are too ill to move from their Houses, it is very agreeable to the Mercies of our Lord Jesus Christ, to visit them; and as far as we are able, to help them, both to sustain their Afflic-

tions, and to make a right use of them.

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Those who attend the sick, and are necessarily employed in watching with them, and taking Care of them, are acting a part, that well accords with the Compassion which the Gospel teaches in such Cases. But then it is their Duty, to have frequent Thoughts of God and Religion, and to mind the secret Exercises of Dovotion so far as may be consistent with a due Care of their sick.

In like manner they who are employed in bealing the sick, are excused (when need so requires) from the religious Services of this Day. But it has been the Opinion of some very good Men, that Physicians and others, when thus employed, should not receive those Rewards on this Day, which they do on other Days; or, however, that they should not apply them to their own use, but to some religious and charitable Purposes; because the Services of ministring to the Necessities and Welfare of others on this Day, should be made Services of Religion and Charity. They should not be followed, as on the six Days, for Labour; that is, meerly in the way of an Occupation or Calling.

Some perhaps may make an ill use of this, to lessen the Regards paid to such as serve at God's Altar: I therefore add, that this cannot, without great Perverseness of Spirit, be turned upon the Ministers of Religion; because they are not allowed to follow any worldly Business on the six Days, but wholly to attend one or other religious Service, and then to prepare for the publick Worship of the Lord's Day. If such as are thus devoted Servants to the publick Good, and to the Honour of God, do not deserve a Maintenance, Men must make void all those Scriptures which require Provision should be made for them;

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and so of Necessity overthrow all regular Church.

es, and orderly Worship, in the World.

To proceed on the Head of Charity and Goodness: It was the Custom of the first Christians, to make an Offering of some part of their Sub-

stance to God, for pious and charitable Uses, every Lord's Day. Con.

cerning the Collection for the Saints, upon the first Day of the Week, let every one of you lay by him in Store as God hath prospered him. If no Occasion offered for laying out, something was to be laid in Store on that Day, out of the Gains of every Week, till there should be Occasion to apply it.

As the noblest part of Worship consists in imitating the Being we adore; so we are then acting like our Father who is in Heaven, when we are

devising to communicate, and to be merciful. With such Sacrifices, the Scripture tells us, God is well pleas-

ed. And it is remarkable, that as there is a remember set before the keeping Holy of Gon's Day; so the Apostle puts a forget not, before this particular Duty.

Our Churches are then little Emblems of Heaven, when every Heart is full of Love; and when a bountiful, kind, and communicative Disposition of Soul prevails, among all that call themselves

the Disciples and Members of CHRIST.

Our Saviour pleads for shewing Compassion to the brute Creatures, and taking care of them on this Day: Much more should we have Compassion on our own Flesh; as we have Ability doing Good to all, but especially to the Houshold of Faith. We sow a great deal to the Flesh, all the Week long; it is highly proper that we should sow something

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Cre the fomething to spiritual and religious Ends, on this Day. For he that sow- Gal. vi. 8, 10. eth to the Flesh, shall of the Flesh

reap Corruption: But he that soweth to the Spirit,

(ball of the Spirit reap Life everlasting.

To close this Chapter: The Lord's Day is then ballowed and santtified by us, when it is spent in holy Services for the Honour of God, and to promote boly and good Ends with Reference to our selves and others. Principally and chiefly we must have a Regard to all parts of publick Worship. And then, in private we must also attend to the Means appointed for our Improvement in Knowledge, Holiness, and Love: And out of Charity and Goodwill, we must do what we can to promote the same Knowledge, Holiness, and Goodness, in those about us, and under our Care. And as we have Ability, and are called to it by the Providence of God, we are to communicate and do Good to the Bodies, as well as the Souls of others.

In thus doing we are not denied any thing that may give Vigour to our Spirits, and excite Gratitude to Heaven, and promote Love to our fellow-Creatures, and may tend to enlarge our Souls in the Way of our Duty, and may endear the Service and Servants of our Lord to us.

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REASONS for keeping Holy the Sabbath Day.

T is of great Importance, not only to the well-being of a Christian, but even to the very being and keeping up of Religion in the World, that the feventh Day after every fix Days Labour should

therefore follow what has been faid of the Manner of keeping the Sabbath, with some proper Reasons and Motives to engage our religious Observance of it. And I may here venture to say with a learned Writer, "Let any Man shew me in this Law, either Weakness, or Unprofita-

bleness, I yield and bid it vanish: But it hath,

and will have, as much Strength and Force as any Law can have from the Author, Consent,

Multitude, Custom, and express Approbation of all Ages. Profit it hath too; and hath been

" preserved, without any Man's reasonable Complaint, for the thing to which it was designed.

These things I entreat the Reader to consider seriously, viz. The Force and Authority of this Law, concerning the Sabbath; the Reasonable ness and Equity of it; the Benefit and Advantage of observing it; with the many Blessings that arise from thence in the common Affairs of Life; and the Corruption and Misery of those who despite or neglect

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der MA meglect it; and then think of that eternal Rest to which these Sabbaths lead, and for which they are designed to prepare us. When these things are duly weighed, I am persuaded you will look upon this to be a Matter of as great Moment, as any other Branch of Piety; and will see that it lies at the Root and Foundation of all Religion.

The Law of the Sabbath was the first Institution of God, as soon as he had made the World. And upon this, all after Appointments of Worship, and all the Expressions of Homage and Regard to him, are founded.

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### SECTION I.

The Force of this Law argued from its being expresly appointed by GoD, and peculiarly insisted on.

IT is a Law of Nature, engraven upon our Hearts, that God is to be worshiped. And it is also naturally necessary, or moral, that some time be appointed and fixed for the Solemnities of divine Worship. And it is a part also of the Law of Nature, to take such time for the Worship of God, as He himself shall point out to us, and either by Words or Actions mark out for an acceptable Time.

Accordingly we find, that by certain Signals, as foon as God had created Man, he fixed upon the feventh Day after fix Days Work, to be a Day that he would have separated for his Honour and Praise; that he might be owned and served, under the Notion and Character of his being the Maker of all things. And that draws after it

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a Sense of his being Governor of all that he has made: From hence follows, his giving Laws, and Statutes, and Judgments, and indeed every thing

else in Religion.

Further; God wrote down this Law in express Words, upon a Table of Stone: And he ordered this to be preserved among those Laws, which should never be repealed: For the Reason \* of this Law never passeth away, but still obliges every Man, as truly, as the first Man that was made; and will have the same force in future Ages, that it had in the Ages preceding.

These several Things are proved before, and therefore need no more than a bare recital in this Place to form my Argument upon them; which lies thus. The fourth Commandment being of a moral Nature, as well as a positive Institution of God; this Law is to be accounted of as among the Number of those Commandments, concerning which it is said, if a Man break one, he is

The Text I refer to, guilty of all. James ii. 10. is this: Whosoever shall keep the whole Law, and yet offend in one Point, he is guilty of all. For he that said do not commit Adultery; said also, do not kill. Now if thou commit no Adultery, yet if thou kill, thou art become a Transgressor of the Law. The Apostle here instancing in two of those Commands which were written on the Tables of Stone, plainly shews that the whole Law of which he speaks in that Place, is the whole Decalogue, or ten Commandments. And for the same Reason that he mentions the fixth and feventh Commandments, and argues that if a Man keep one never so carefully, yet

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<sup>\*</sup> See the stating of this in the next Section.

if he break the other he is guilty of all; I may also mention the third or fourth Commandments, and say, if a Man commit no Murder nor Adultery, yet if he swear profanely, or despise and break God's Sabbaths, he is guilty of all. Because the Law does as effectually and truly bind in one Instance, as another. The Authority of the Law-giver is despised, and the Law loses its Credit, by Men's disgracing it in any one Point. And therefore the Displeasure of God must be incurr'd, and the threatned Penalties of his Law deserved, for the wilful, avowed Transgression of the fourth Commandment, as well as the fixth or seventh.

I pray you to dwell upon this of St. James a little, and confider it thoroughly; That whoso-ever shall offend in one Point, or allow himself in the Contempt and Breach of one Law, he is guilty of all. It is in vain for a Man to boast of his Justice, and doing no wrong to his Neighbour, if he will not give to his Maker what is due. We must give unto God the things that are God's, [that is the Time, and Services, and Offerings he requires,] as well as unto Men, the Things that belong to them. Little will it avail us to avoid doing a dishonourable and base Thing to our fellow-Creatures, if we allow our selves to dishonour and despise the Appointments of our great Creator.

This Law of the Sabbath being in part written on the Hearts of Men, and so far a Law of natural Reason; and in part revealed, and written by God himself in express Words, and in a very extraordinary Manner; it has as great Force and Authority, on account of its Author, as any Law whatsoever.

Yea, I must add, that this single Command hath, on some Accounts, a Stress laid upon it equal to that of the whole Law put together. It

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Ezek. xx. 11, 12.

is made the Sign and Token of Man's Obedience in general, and a standing Memorial of the Covenant betwixt God and his People. The

Children of Israel shall keep the Sab-Exo. xxxi. 16,17. bath, to observe the Sabbath through-

out their Generations for a perpetual Covenant; It is a Sign between me and them. As if it had been faid, This shall be a special Token of such a People's belonging to the God that made Heaven and Earth, and of their having a Regard to all his other Laws: And this shall be the Sign and Token of a perpetual Covenant. " I will be merci-"ful to them, and own and bless them, while they thus prove their Relation and Obedience to me. " The Prophet Ezekiel insists upon this, in a Style very remarkable: He speaks concerning the Observation of the Sabbath, as a Signal, and Means, of Mens observing all the other Statutes and Judgments of God. I

gave them my. Statutes, and shewed

them my Judgments, (saith God) which if a Man do he shall even live in them. Moreover I gave them my Sabbaths to be a Sign between me and them, that they might know that I am the Lord that sanctifie them. By keeping holy this Day, they were to be sanctified in other respects, and taught those Statutes and Judgments, in obferving which was their Life.

From hence it appears, that Gop made this to be the grand Signal of Men's Obedience, or Disobedience, to all other Declarations of his Will; which makes the Impiety doubly beinous, for any to despise this Law. They are looked upon as in Covenant with God, who hallow his Sabbaths: And his Covenant is, to pardon Iniquity, Transgression and Sin, and to give a new Heart and a new Spirit to them that thus feek him, and

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draw nigh to him: But to cast off a Regard to God's Day, is a Sign and Token of Mens breaking Amity with God, and despising their Covenant-Relation to him.

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# SECTION II.

The Equity and Reasonableness of the Law of the Sabbath, should engage Men to observe it.

T is not a Duty bound upon us by meer Authority, to keep holy the Sabbath-day; but it is an Institution supported by the strongest and best Reasons. To think of any thing being commanded by the Author of our Beings, the Sovereign of Life and Death, is enough to engage our Obedience: But it serves yet more to recommend our Duty, when it appears to be every way equitable and reasonable that we should comply with what

is required of us.

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The great Reason for observing the Sabbath mentioned in the Fourth Commandment, is, God's making Heaven, Earth, and Seas, with all that they contain, in fix Days, and then resting the seventh Day. And what in all the World more reasonable, than that we should remember our Creator? Or what so sure and effectual way of remembring him could be contrived as this, to be taught to imitate him, in fanctifying every feventh Day, after fix Days Labour: And at such time, religiously to meditate on all his Works and Ways, to adore and ferve him according to his own replied the way one are well and

Tho' this Reason of God's resting, does not (as one observes) carry such a "natural Evidence in "it as to have obliged us, unless it had been rewealed; yet being revealed, we may discern a 
certain Aptitude and Fitness in it, to oblige us 
to the Observation of the seventh Day rather 
than any other, since Piety and Religion require that we should imitate God in those 
things wherein he would have us to imitate 
him.

And is it not as equitable now, as ever it was, that one Day in feven should be allowed for the Worship of that God, who has given us fix Days for our worldly Employments? Had our Maker feen fit to appoint every fifth, or third Day, for his Work and Service, we could not have pretended that his Demands were unjust; how much more should we then be won upon, by this wife Provision of his, in which he has shewn such Respect both to the Life that now is, and that which is to come? He confiders our Frailty and Wants while in the Body, and therefore he allows us fix Days for the Concerns and Enjoyments of this Life: And he would have us mindful of Him the Father of Spirits, and of that World of Spirits whither we are hastning; therefore he reserves the seventh Day for Spiritual Exercises, that we may be prepared for that Life, and State of Rest, which holy Souls enter into at Death.

The Ease and Refreshment of Bodies is as needful as ever it was; and so is the Improvement and Sanctification of Souls. We are as much obliged to serve and please our Maker, as ever the Patriarchs and Jews were: And we have a Rest to hope for, and prepare for, as they had: And on these Accounts the Reason and Equity of this Command binds us, as much as it did them. It

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stands enforced by such Reasons as can never pass away till Heaven and Earth pass away, and all the People of God are brought to their eternal Rest. Of this more in the last Section.

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### SECTION III.

The Benefit and Advantage of observing the Lord's Day, should engage us to keep it holy.

WE are not only bound to imitate our Maker, in our religious resting on the seventh Day after our six Days Work, as he did; but we are encouraged to expect very great Blessings from him in so doing. He blessed the Day of Rest.

If we consider this only as a resting Day, it is a Blessing and Advantage to us. That we have so much Time every Week to disburthen ourselves of all the Cares and Business of this Life, and to lay aside irksome Toil and Labour, and those things that weary and discompose our bodily Frame; this must be allowed, of itself, to be a Blessing to the World.

But together with this bodily Rest and Restreshment, there is a Rest and Peace to the Souls of good Men in their Converses with God, that vastly exceeds all outward Ease and Quiet. A sincere and humble Spirit, rightly worshiping its God, and receiving the Tokens of Mercy and Acceptance from him, is sooth'd with a Peace which the World cannot give; and a Peace that by degrees, (as Faith and other Graces increase in us,) will become so firm and settled, as to render all the Attempts of the World inessectual to take it away. Some have attained to such a Peace and Hope

Hope in God by the religious Observation of this Day, as hath carried them thro', and raised them above, very great Temptations, Troubles and Difficulties, they have met with on other Days.

Farther; in bleffing the Sabbath-day, God mark'd it out for a Day of conferring very numerous and fignal Favours and Benefits on Sinners themselves. He gives the richest and noblest Gifts, yea, to the

Rebellious also, that the LORD GOD

may dwell among them. Many a lost Pfal. lxviii, 18. Soul has been found, and many a

dead Soul quickened, on this Day. Many a Heart has been conquered for God, as well as comforted by him. He gives his Son, and Spirit, and many excellent Gifts and Endowments of Men, that are qualified and fent to speak in his Name; Paul, and Apollos, and Cephas, by this means become yours, with all their natural and acquired

Abilities and Attainments.

The Grace of God, and his Love, and Life, and exceeding great and precious Promises of future and eternal Things, and facramental Seals to those Promises, and such Manifestations of himself as are not made unto the World, are the Gifts and Bleffings of this Day. Hence it is that the Prophet, speaking of such as keep this Commandment says, bleffed is the Man, or as it is in the Hebrew, the blessednesses (for they are many) of the Man that doth this, and the Son of Man that layeth hold of it; (firmly adhering to this Law;) that keepeth his Hand Ifai. lvi. 2.

from doing any Evil. If the Reader See Chap. 2. Secwill look back to those Bleffings betion 2. forementioned, with which our Lord

Jesus Christ has enriched this Day, he will find a great deal to employ his Thoughts upon, under this Head.

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But to proceed; those who have received Gists and Graces from God whereby they may be sanctified and saved, yet are in a Way to receive more Grace, and more abundant Blessings from above, by their religious Observation of the Lord's-day. Hereby they will gain further Measures of Wisdom and Knowledge, and will improve in Holiness and Goodness, and will go on unwearied, yea with new Strength and Vigour, in the Ways of God. In the ninety second Psalm, (that Psalm, or Song for the Sabbath Day,) what a beautiful Account have we of Men's encreasing and flourishing in all Grace and Goodness, while they are planted in the House of the Lord? Ver. 12, 13, 14.

The Righteous shall flourish like the

Palm-tree; [that is, in spite of outward Depressions and Afflictions; for it is the Motto of that Tree, Depressary, being press'd down I arise.] He shall grow like a Cedar in Lebanon. [He shall become diffusively good and useful, his Graces and Excellencies fragrant as the Cedar, and lasting too.] Those that be planted in the House of the Lord, shall flourish in the Courts of our God. They shall still bring forth Fruit in old Age, they shall be fat and flourishing. On the other hand, it ought to be observed, that He cannot be a thriving or comfortable Christian, who slights the Lord's Day.

Unspeakable Blessings are lost by the neglect and despising of this Day, but promised and secured to the religious Observance of it. God, that has pronounced it a blessed Day, can and will communicate those Blessings that shall make his People call it a blessed Day too, if they keep it according to the Commandment. Witness those affectionate Declarations, Psalm lxxxiv. throughout. Psalm lxiii. 2, 3. and xlii. 1, 2. and many other Places.

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### SECTION IV.

The Blessings that arise from the religious Observation of the Lord's-day, in the common Affairs of Life, considered as an Argument to keep boly the Sabbath-day.

Besides the Reasons mention'd in the fourth Commandment, of God's resting on the seventh Day, and blessing it, this Law is frequently enforced by the Prosperity which should arise from thence on other Days. I shall content my self in quoting one Place of Scripture, to prove this at present. It is a Place that promiseth Plenty and Success in Business, Honour and Advancement also, and great Security in the Enjoyment of what God bestows, to such as duly regard the Sabbath-day. If the Sabbath be a Delight, esteemed the holy of the Lord, and honourable; and other things are turned from, to honour God; in such a Case (says God by his Prophet) if thou devotest

the Day to me, so as not to do thine Isai, lviii. 13, 14. own Ways, nor find thine own Plea-

Sure, nor speak thine own Words: Then shalt thou delight thy self in the Lord, and I will cause thee to ride upon the high Places of the Earth, and feed thee with the Heritage of Jacob thy Father; for the Mouth of the Lord hath spoken it. The riding upon the high Places of the Earth, signifies Advancement and becoming conspicuous in the Eyes of others. They that honour God and his Sabbaths, shall be thus honour'd. And also great Security is hereby signified; such a one shall be set above many Fears and Calamities; so the Phrase is used elsewhere, he shall dwell on high. And he shall be fed with the Heritage of Iacob;

Jacob; that is, with the plentiful Productions of the Land of Canaan. Thus shall the Observation of God's Day, derive a Bleffing on other Days, and on the common Productions of the Earth, and

the Enjoyments of Life.

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This was not a Promise peculiar to the Jews, but has been made good to many in all Ages of the World. We have it from several in our own Nation, and some of great Business and high Employment, that the more carefully and pioufly they observed the Lord's-day, the better it has fared with them the Week after. Not that an Experiment or two of this kind will avail Men; but where it becomes habitual, and is constantly practifed, the Truth of this Observation will be found. A prevailing Care to please God on his Day, will make our Cares less, and our Comforts more, on our own Days.

It was observed of Queen Elizabeth, whose Reign in many Things became very glorious and happy, that upon Her coming to the Throne, the began her Government with a very strict Injunction for the holy Observation of the Lord's-DAY. The Words of that Injunction are worth " All the Queen's reciting, and are as follow. " faithful Subjects shall from henceforth cele-

" brate and keep holy this Day, according to

"Gon's holy Will and Pleasure; that is, in hear-" ing the Word read and taught, in private and

" publick Prayers, in Acknowledgment of their " Offences, and the Amendment of the same, in

" often receiving the Communion of the Body

" and Blood of CHRIST, using all Soberness and " godly Conversation." This did not a little contribute to the Success of that Princess in her

Administration afterward.

The Lord Chief Justice Hale is well known to have ascribed much of his Success and Renown to the Observation of the Lord's-day. fometimes form a Judgment how it should be with him the Week ensuing, by his spending of that Day. And some Instances I have known of Men in lower Stations, and among the trading part of the World who have been Witnesses to this, that a religious Observation of the Lord's-day has very much conduced to the good Order and Behaviour of those in their Families, and has produced many Bleffings on their fix Days Labour and Employments. And take it the other Way, some also have owned, that when they have grown careless and remiss in keeping this Day, then their Affairs have begun to decline and go backward.

Such Testimonies are not the Fruit of Fancy, or Imagination only; but may be supported by

most solid Reasons.

The good Impressions made on People's Spirits, and their becoming thoughtful, and growing in Wisdom and Goodness, by a right spending of this Day, tends to form their Minds to greater Sobriety, and to give them more Discretion in their whole Conduct. And therefore as far as God fees it good for them, they are put into a likely way to prosper. They shall either gain temporal Bleffings, or what is better, if they miss of them. I have heard some express themselves with great Thankfulness to God, for the merciful Appointment of such a Day as this, because hereby they were led to make proper Stands in Life, and so to review their past Course and Actions, and to order them more wifely for the time to come; which they had never done, (as themselves acknowledge) had

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In times of Danger and Distress, we find this particularly pleaded with God to obtain Mercy. Good Nehemiah having taken special Care, and given strict Command to the Levites and others, to santisfie the Sabbath-day, he thereupon prays to God in this manner; Remember me, O my God, concerning this also, and Nehem xiii. 22. spare me according to the greatness of thy Mercy.

### SECTION V.

The Corruption and Misery of many who despise or neglect this Day, is a further Argument for our religious Observation of it.

If there are any who refuse to be won upon, by the Blessings and Advantages that attend the Observation of the fourth Commandment, yet surely the Mischiess which follow upon the Contempt and Profanation of the Lord's-day, will awaken them to some Sense of the Obedience due to this Law.

How amazingly has the Contempt of the Sabbath perverted the Thoughts and Tempers of Men, and corrupted their Manners? Let Men once come to make this Day common, and we shall soon after find them using it to worse Purposes than other Days. Were it possible to describe all the Scenes of Riot and Debauchery, and all the impious Converses of Men to strengthen and cheer up one another in their Aversions to the Worship of God, and the Ordinances of this Day, after

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they have once learned to despise it; there could not be more odious and shocking, things set to view, than what are practised by many Profaners of the Lord's day. But I believe there are sew that need to have these things enlarged on. Too many Instances occur in our Times, every where both in Cities, and Villages, throughout this Land.

Many are by this very thing led to Deism, and to dispute against all revealed Religion, that they may set aside the Religion of this Day. Tho' they sin against the Law of Nature in part (as I have shewn) when they refuse to give so reasonable a Proportion of their Time to God, as well as against an express Law written by God himself.

Others fall into a Solitariness and Sullenness of Spirit, by forsaking the Assemblies of this Day; and are fit for it Society, nor for any useful parts

of Life.

Factious Meetings, and Assignations, and Intrigues that disorder States and Families, often arise from the Neglect of the Religion of this Day. For the better good Men are employ'd, the worse generally are impious and vicious Men employing themselves.

Frequent are the Acknowledgments of condemned Malefactors, that their Profanations of the Lord's-day first led them to those Courses, which bring them to an untimely and infamous Death.

How awful are these Warnings! And how much do they tend to credit the Law of the Sabbath, when the Neglect and despising of it is the occasion of so much Corruption, and Misery? How does it make one tremble to think of having a Portion at last, with such a miserable Crew?

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Yea, how many Judgments, at present, do Men expose themselves to, by profaning God's Sabbaths? Observe that Connection which there is betwixt this Sin, and the Executions of divine Vengeance in this World, as sometimes represented in Scripture. In one place it is faid, My Sabbaths they greatly pol- Ezek. xx. 13. luted; then, I faid, I would pour out my Fury upon them in the Wilderness to consume them. In another place it is written, If you will not bearken unto me Jet. xvii. 27. to hallow the Sabbath-day, then will I kindle a Fire in the Gates of Jerusalem, and it shall devour the Palaces, and not be quenched. All this we are called to confider, and to be humbled in a Sense of it, when publick Judgments come upon a City or Kingdom. And is it not a very good Argument, then, to correct those Profanations of God's Day which procure such Calamities?

The penitential Confessions of this City and Nation, in Times of general Calamity, declare that for this Iniquity they were punished. The Fire of London which began Sept. 2. 1666. began upon a Lord's-day. And then it was acknowledged, that whoever were the Chaldeans or Babylonians that kindled and spread those consuming Flames, yet the Displeasure of God was herein manifested against this City, for the despising of his Sabbaths. One of the Writers upon that Occasion says, "The Time shewed the Trespass." And he adds, "that furely one of London's foul-"est Scars was the Profanation of God's holy "Day: No Sin of later Years being more ge-"nerally and impudently acted." Also when H 2 the

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the Plague raged here, in the Orders See the Order of for publick Fasts it is particularly James I. and Charles L. mention'd, "That a not keeping ho-" ly the Lord's-day was one chief

" Cause, why such great and terrible Plagues brake

" in upon us.

It is of God's Mercy that the like Judgments have not reach'd us fince, and confumed us or our Substance, as it did our Fathers, when we are so shamefully repeating their Crimes. But if there was any Piety and Honesty in these Confessions, we should look to them (notwithstanding our prefent Safety) as greatly strengthening the Argument I am upon. Since the Profanation of the Lord's-day brings such Miseries, we ought to prevent these, as far as may be, by our careful religious observing it.

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## SECTION VI.

Our Day of Rest should now be kept holy, because of that Eternal Rest which it typifies, and for which it is defigned to prepare us.

TE are not only to commemorate the past Works of God, on his Day, and celebrate the Praises of our Creator, and Redeemer; but we are to look forward to that glorious State and

World of Reft, into which our Heb. iv. 10. Redeemer entered when he ceafed from his own Works, as God did

If it was an Argument with the Jews to keep their Sabbath, because of that Rest to which they were going, and which they then had

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in Promise from God; how much more should our Day of Rest be religiously solemniz'd, when it is a Type and Earnest of a Rest in its own Nature infinitely exceeding that of Canaan, and everlasting too?

In the first Ages of Christianity there was a general Tradition, that God's making the World in six Days and resting the seventh, had this Meaning; namely, that the World should abide six thousand Years; for one Day is with the Lord as a thousand Years, and a thousand Years as one Day: And then the Son of God shall come again from Heaven, to destroy the Empire of the wicked one, and to judge the wicked, and to change the Sun, Moon, and Stars, and to new make the World; and then the eighth Day shall be the Beginning of the other World; that is, of a new and happy State of Things, of which there shall be no End\*.

However that be, the Scripture expressly tells us, that it is according to the Promise of God, to look for new Heavens, 2 Pet iii. 13.

and a new Earth, wherein dwelleth

Righteousness. In a firm and assured Belief of this Renovation of all things by Jesus Christ, we commemorate his Resurrection, and keep holy the Day after the Jewish Sabbath: Hereby declaring, that we look for a new and better Rest then theirs, an eternal Rest with our Redeemer.

This future expected Rest is admirably shewed forth, and typissed, by a right Observation of the Lord's Day: A Day which should therefore be kept holy, because our eternal Sabbatism and State of Happiness will be very much according to this

<sup>\*</sup> Vid. Coteler. Annot. in Epift. S. Barnab.

Platform. We may confider this in four Reed as a bely City spects.

1. There will be a Ceffation from all earthly

Labours and Enjoyments.

In a State of everlasting Rest, there will be no farther Occasion to think what we shall eat, or what we shall drink, or wherewithal we shall be clothed: For we shall then have no Want of these Things, nor will there be any Croffes and Afflictions about them, nor any of those Sorrows and Distempers which are created by them; but this Mortal shall put on Immortality, and this natural earthly Body will be raised a spiritual Body, and we shall be as the Angels of God. All the Fruits and Products of Men's Labour about this Earth, shall be destroy'd; and the Works that are upon the Earth shall also be burnt up; (as the Earth it felf shall also be;) and then the Soul must needs be wholly taken off from every earthly Bufiness and Enjoyment.

Think feriously of this, and then fay, if our Day of Rest be not a fit Representation of such a State. He that believes the Gofpel, must furely discern the Agreeableness of our keeping a weekly Rest in laying aside those Labours, and Cares, and Pleasures, which must all be laid aside intirely when our final Rest comes. How admirably contrived are our Sabbaths now, to prepare us for quitting these earthly things, by inuring ourselves at such stated times to cease from them, and to turn our Thoughts quite another

way?

2. Our eternal Rest will be a State of perfect Holine's, and therefore we are now required to keep boly the Sabbath-day.

The Rest above, hath nothing to defile it, any more than it hath to disturb it. The Place

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where our Rest shall be, is described as a holy City: And there shall Rev. xxi. 2, 27. in no wife enter into it any thing that

defileth, neither whatfoever worketh Abomination. The God, in whole immediate Presence we are to dwell, is not to be feen without Holineis. The Society to which we must be joined are holy Angels, and an innumerable Company of those that have washed and purified their Robes in the Blood of the Lamb. How fit a Type of fuch a holy State is our Day of Rest, if it be kept boly as God

appoints?

On this Day we affemble in God's holy Place, and tread those Courts where all Profanencis, and Wickedness, stand condemned: Where we confess and lament our Sins, and vow against them, and renounce our corrupt Flesh, and the finful Customs and Vanities of the World, and all the Temptations of the Devil: Where we join our felves to those who are reputed holy Persons, and apply to Sacraments and to the Blood of Jesus to wash away all Sin. Is not our keeping holy a Day in this manner, a very instructive Figure and Draught of that everlasting holy Day we expect, when all God's holy People shall be gathered together, and when the Church of

Christ will be a glorious Church, not Eph. v. 27. having Spot, or Wrinkle, or any such

thing? The more free from Spot and Deadness we keep this Day, the more lively a Representation will it be, of that finless, and endless Rest, which remains hereafter to the People of GoD.

3. The Services and Employments of our eternal Sabbath, will be much the same with those of our Sabbaths now, and therefore they should be at-

tended to the more diligently. In the Rest above, every Soul is acquainting it

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it, Place here

felf with God; intently viewing his Glory, contemplating his Perfections, surveying his wonderful Works, and confidering the several Relations in which He stands to the various Orders of Beings throughout the Universe.

Hereupon, those well instructed Spirits are obediently yielding to all the Rights and Demands of the King of Kings; each of them chearfully executing the Divine Pleasure, according to their

differing Orders and Capacitics. Include the velocities

They are also joining in humble Adorations, and

in harmonious Songs of Praise.

There the Wonders of redeeming Love are loudly publish'd; and the Lamb that was slain has his peculiar Song, composed of finest Thoughts, and pronounc'd with sweetest Accents; and Love and Joy

inspire every Breast.

Among those blessed Spirits, there are all manner of friendly Offices to each other, and continual Discoveries of the tenderest Affections. Souls are telling what Almighty Grace has done for them, and communicating their Goodness and Happiness all the Ways they can to one another. This is the summary Account of the Employments of an eternal Sabbath.

How aptly is such a State as this represented, by our now going to the House of God, there to behold and hear of the Divine Glory, and to find the Knowledge of God? There also we read, and speak, and bear, of all God's wondrous Works; and learn his Rights, and our own Duty to him; and there we solemnly pay our Homage, and offer our Sacrifices of Prayer and Praise with the Multitude of them that keep holy Day. When we are thus engaged as we ought to be; and when we are also employed in Acts of Charity to the Souls, or Bodies of others; and are diffusing

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fine are of Light, and Love, and Goodness to all around us, as far as we can; and are calling upon others to magnify the Lord with us, and so to exalt his Name together; how fair a Resemblance have we, of what they are doing in the World of Rest above? The Thought of this should make our Lord's-days Employments the most delightful Employments of our Lives.

4. The future Rest of Christians is represented by our present Day of Rest, in the Splendour

and Blessings of it.

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The Book of the Revelation describes those who are at Rest with Jesus Christ, as beautifully clothed, well sed and conducted, nobly endowed, and fill'd with all manner of Blessings. They are said to be arrayed in white Robes, and to carry Palms in their Hands, and to wear Crowns on their Heads; Ensigns of Victory and Honour all splendid and august. And as to their Food and Conduct, the Lamb is said to feed them, and to lead them to living Fountains of Waters, and the Glory of God shines on them, and enlightens them. There God bestows upon them all spiritual Gifts and Endowments, and all outward Marks of Favour and Power; and, in one Word, they are said to inherit all things.

Now consider what Resemblance of all this we have, in our present Days of Rest. There is a great deal of outward Splendour on this Day. Whole Assemblies of People appearing, in their best, and most decent Attire; all Persons in general laying by their meanest and soulest Garments, such as are used in the lower Offices of Life, or that receive any Pollution by the Trades and Business of other Days. In some Assemblies there are the Ensigns of Regal Power, and other Marks of Honour, Dominion and State. Could we look

over a whole Nation on fuch a Day as this, and compare their Appearance then, with their Appearance at other times, there is something even in this outward Splendour of our Sabbaths, symbolical of that glorious Rest we expect hereafter.

On these Days the Lambals feasts his Followers with the Bread of Life, and with a living Stream that slowed from himself, and God shines into the Hearts and Souls of Men by his marvelous Light. He gives the most valuable Gifts, (as was shewn before in several Instances) and confers many Marks of Grace and Favour on his pious Worshipers; and here he engages, that no good thing shall be with-held from such as walk uprightly.

Gould we, with all this, look into the Souls of truly devout and pious Christians; and take Account of their beavenly Ardors, their godlike Thoughts and Dispositions, their Concern for the Interest of God and Christ in the World, and their good Will and charitable Inclinations to all about them; here we should discern a very near and noble Emblem of the heavenly State and Sab-

bath.

Can any Man that seriously considers these things, and that hopes for a future Rest with Christ, make light of our Days of Rest, when they are so plain and near a Pattern of that Sabbath which will be everlasting? How shall any Man be happy in quitting for ever, the Labours and Enjoyments of this World, if he cannot persuade himself to lay them aside one Day in seven? How shall we spend an Eternity in God's holy Presence, and in holy spiritual Exercises and Employments, if we cannot bring ourselves to observe one Day in a Week as a Day for Holiness and

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and Religion? Or what Joy can there be in the Splendour and Blessings of an endless Sabbath, to him, whose fullen or sensual Spirit is set against such things? The Thoughts of that eternal Rest now promised in the Gospel, and expected by all the People of God, should greatly enforce this Law, to remember the Sabbath-day to keep it boly.

But, to conclude; let those who are careful in observing the Lord's-day, comfort themselves with the Thought of that Difference there will be, betwist their present and their future Rest, as well as in thinking of those Things wherein they agree. Here, our Rest is but in part: hereafter, it will be full and perfectly free from Disturbance. Here, our Holiness is very imperfect; hereafter, it will be without Fault or Stain. Here, our Services are mean and contemptible, compared with what they will be hereafter, when our willing Spirits shall have greater Abilities, and all manner of Advantages for knowing, adoring, and ferving GoD. Here, our Blessings are but like Drops, compared with what they shall be hereafter, when they shall flow in upon us as from an ever living Fountain, or roll like plentiful Rivers in a continual Succession at God's right Hand. Here we see but little of GoD, and see thro' a Glass darkly, and fad Interruptions there are to our Thoughts and Enjoyments of beavenly and spiritual Things; but in the Rest that is beyond the Grave, our fight of God will be clear, and satisfying, and nothing shall interrupt our Communion with him. "In our heavenly Sabbath (as one expresseth it) " we shall see God so, as that all Masks shall " be removed, and all Veils rent, we shall be " filled with Light without Mixtures of Dark-" ness, with Wisdom without Error, with Right-

" eousness without Sin, with Joy without Grief,

" with Life without Decay or Death.

# 108 Reasons for keeping Holy, &c.

In this last Particular we have nothing in our Sabbaths now, to resemble that hereafter. These Days of Rest are sport and soon over; that Rest we shall have with Jeans will be ETERNAL. There will be no heavy Every linking Spirits, or weary Limbs, in Them that Rest; there will be no Frowns, Withdrawment, or Absence, of bim that fanctifies and bleffes their Rest. There will be nothing to forfeit it, or darken it, or break in upon it. It is a resting Day without a succeeding Night. For there shall Rev. xxi. 25. be no Night there. How amiable must a Day in God's Courts be, when we think of its leading to, and preparing us for a State of compleatly bleffed, and perfectly boly Rest above! A Rest that will be free from all painful Labour, Sorrow, and Sin; without Breaks, or Interruptions, and without END.

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# TESTIMONIES

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Need not quote any Passages to shew the bigh Regard, which Kings, Prophets, and righteous Men among the Jews had for their seventh Day. If any are minded to consult these, they

may turn to their Concordance, and under the Words [Day, and Sabbath] they will be directed to a great Variety of Things bistorical, perceptive, promissory, and threatning, with relation to this sacred Rest, all along the Old Testament.

The most material Passages in the New Testament, concerning the Observation of the Lord's-day, are inserted in the 2d Chapter of the foregoing Treatife.

In the Age immediately fucceeding that of the Apostles, we find the LORD's-DAY spoken of with the highest Veneration and Respect. Ignatius fays, "Let us not jewishly sabbatize, but let us " rest spiritually; and instead of the old Sabbath, " let every Lover of CHRIST celebrate the " LORD's-DAY t, the best, and most eminent " of Days, in which our Life arose." Another of the first Christian Writers, referring to what is written concerning the Sabbath in the Ten Commandments, and calling upon Men, in the Language of Moses, to Sanctifie the Sabbath of the LORD with pure Hands and with a clean Heart. applies this to the Rest appointed for Christians. \* When Isaiah says, your new Moons and your "Sabbaths I cannot bear them, confider what " he means by it: The Sabbaths you now keep " (fays God) are not acceptable to me, but those " which I have made, when resting from all "Things I shall begin the eighth Day, that is 56 the beginning of the other World. For which " cause we observe the eighth Day with Glad-" ness, in which Jesus rose from the Dead; and, " having manifested himself to his Disciples, af-" cended into Heaven.

Justin Martyr gives an Account, not only of the Observation of the Lorp's-Day, but of the parti

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<sup>1</sup> Epist. ad Magnesianos, Edit. Usser. Oxon. 4to, p. 57, 58.

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particular Services then perform'd by Christians. " \* On the Day which is call'd Sunday, those " who live in Towns, or in the Country, meet " together in one Place. And the Writings of " the Apostles, or of the Prophets, are read, as " the Time will allow. The Reader having fi-" nish'd, an Oration or Sermon is made by the " President, wherein he instructs the People, and " exhorts them to copy after the fair and amia-" ble Things laid before them. After which we " all rife up, and fend our Prayers to Heaven. " And then Bread, and Wine, and Water are of-" fered, and the President, according to his Abi-" lity, prays, and gives Thanks, and the People " joyfully conclude with an Amen." There is more added in that Place, to shew the Devotion, and Charity, in which they spent the LORD's-DAY.

Mr. Reeves observes upon this Passage, "That "Justin and Tertullian called this Day Sunday, because it happen'd upon that Day of the "Week which by the Heathens was dedicated to the Sun; and therefore being best known to them by that Name, the Fathers commonly made Use of it, in their Apologies to the Heathen Emperors. But the more proper and prevailing Name, was (Kuriani, or) the Lord's Day, as it is called by St. John himself, Rev. i. To. This Day was so strictly set apart by the Ancients for publick Devotion, that the Synod of Illiberis ordain'd, That if any Man dwelling in a City (where Churches were near at hand) should for three Lord's Days keep from

Church,

<sup>\*</sup> The The hale devouism husea, &c. Apol. II. pro Christianis. Vide etiam Clem. Alexand. Strom. 7. Orig. Contra Celsum I. 8. Iren. apud Author. Quest. &c Respons. Qu. 115.

logies of Justin, &c. translated with Notes, Vol. I. p. 123. Note c.

In the fourth Century, Eusebius tells us, that the famous Christian Emperor Constantine, issued a Precept \* or Edict, " obliging all the Roman " Empire to observe the Lord's-Day, in me- mory of those Things which were done by the common Saviour of all Men." And the Historian tells us " he counted that Day the best and bead of Days, truly the Lord's, and a Day of "Salvation. He then ordered his Army to offer up Prayers to God, and gave Direction that his Soldiers should have a Prayer delivered to them." He required that Men should every where apply themselves to religious Worship; and that no Impediments should be allowed to hinder their Prayers and Devotions on that Day.

It were easy to multiply Quotations from many of the most eminent Writers after that Christian Emperor. Athanasius † takes Occasion, from the great Day of Expiation among the Jews, to discourse on the Christian Sabbath. As that was esteemed the Sabbath of Sabbaths by the Jewish

Nation, so should Christians esteem the LORD's-DAY; "the Atonement being then made, and "the Renovation of the Creature then begin-

"ning, and Life from the Dead. In the Gospel Christ says, I come that I may perfect the Work: And the Works which the Father ap-

or pointed him to do, he did finish and perfect them.

"And he would have that Day consecrated, on

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<sup>\*</sup> De vita Conftant. Lib. iv. Cap. 18, 19, 20. † Athan. oper. Vol. L. Paris. 1627. p. 967.

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"which he rose to diffuse Light and Grace, and to renew, and recover the apostate Race of Adam.

Gregory Nyssen says, "\* This Day was ap"pointed that Men might cease from their La"bours, and from their Sins." Cyril of Alexandria speaks to the same Purpose, " + We spi"ritually celebrate the Sabbath in Christ, ab"staining from every Sin, and resting from all
"terrene Employments, and from the pursuit of
"Things corruptible and perishing.

But I will add only two Authorities more, from the Fathers. St. Chrysoftom fays, "That left " the Seventh Day should seem less considerable " than the other Days, which were made re-" markable for some great Work being done, or " fome Creatures produced on each of them, " therefore God dignified it with a more extra-" ordinary Bleffing, fanctifying it and setting it " apart for a Day of Rest. God taught Man " from the beginning, that he should separate " one whole Day in the Circle | or Revolution of " every Week, for spiritual Exercises, and Em" ployments." In another Place the same Au-"That the Jews esteemed their Sabthor fays, " baths to be given them for their Ease and Cel-" fation from Labour: Whereas this was not the " Caufe, but that they might be taken off from " the Things of this Life, and might turn their "Studies and Endeavours to Things spiritual."

<sup>\*</sup> Homil. VII. in Ecclef. T. I. p. 440.

<sup>†</sup> In cap. VI. Amos. p. 315.

And the same Writer expresly says, " \* That the First Day of the Week is to be observed by

"Christians, as the LORD's-DAY.

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St. Austin, speaking of the Lord's-DAY, being call'd sometimes the first Day, and sometimes the eighth Day from the Resurrection of Christ, gives this Account concerning the Observation of it. "There was a Rest to the Jews; but the "LORD's-DAY is the Christian Festival, declar-" ed such by the Resurrection of CHRIST. "Souls of holy Men are at Reft, before the Re-" furrection of their Bodies; but they are not in " fuch Action, and Employment, as when again united to them. That active State is fignified " by the eighth Day, and is called the first Day, " which does not take away from the former "Rest, but adds. Glory and Blessedness to it." Several Things are said upon this, and then it is added, " + that on Account of the Refurrection " of Christ the Head of the Church, and the " Hope hereby given to the whole Church, his Body, of a Resurrection at last, the Lord's-"Day, which is the eighth Day, and which is " also the first Day, came to be celebrated." In another Place the same Father tells us, " I That " the seven Days were compleated and finished " by the Burial of our LORD, and so the first C Day was returned to by his Resurrection. This "Revival of our Lord, promised to us an eternal " Day, and confecrated to us the LORD's-DAY.

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<sup>\*</sup> Τῆ δὲ μῖα τῶν Σαβθάσων τουτίς: τῆ κυμακῆ Homil. LXXXIV. in Cap. XIX. Evan. Joan.
+ August. Oper. secundum Edit. Benedict. Tom. II, p. 103.

<sup>11</sup> Finitur septimus, Dominus sepultus: reditur ad primum, Dominus resuscitatus. Domini enim Resuscitatio promisit nobis eternum diem, & consecravit nobis Dominicum diem. Tom. V. p. 463.

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# And the fine Writer expedly fays, the The Color of the Week is to be observed to the Color of the Week is to be observed to the color of the Week is to be observed.

Some Testimonies concerning the Lord's-Day, from several English Writers: Which are placed in such Order, as may give the Reader a clear and distinct View, both of the Importance, Meaning, and perpetual Obligation of the fourth Commandment; and also of the Reasons for changing the Day of Rest; and then the manner of sanctifying it, or keeping it holy:

I. IT may be proper to set down a Passage which shows the Regard due to the Sabbath above all other Holy Days. It is in Hooker's Ecclesi-

aftical Polity, Book V. Sect. 70. The Question being put, " Whether Festival "Days be observed, as what we are bound to by " Force of divine Law, or elfe by the only po-" fitive Ordinances of the Church?" It is thus answered; "That the very Law of Nature it " felf, which all Men confess to be Gon's Law, " requireth in general no less the Sanctification of " Times, than of Places, Persons, and Things " unto God's Honour. For which Cause it hath " pleased him heretofore, as of the rest, so of "Times likewise, to exact some Parts by way of " perpetual Homage, never to be dispensed with-" al nor remitted. Again to require some other " Parts of Time with as strict Exaction, but for " less Continuance: And of the rest which were " left arbitrary, to accept what the Church shall " in due Consideration consecrate voluntarily unto " like religious Uses. Of the first Kind, amongst

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the Heaven and Louis the Jews, was the Sabbath-day: of the second, " those Feasts which are appointed by the Law " of Moses; the Feast of Dedication, invented by " the Church, standeth in the Number of the " last Kind. The moral Law requiring therefore " a seventh Part throughout the Age of the whole "World to be that way employ'd, although " with us the Day be changed, in regard of a " new Revolution begun by our Saviour Christ; yet the same proportion of Time continueth which was before; because in Reference to the "Benefit of Creation, and now much more of 66 Renovation thereunto added by him who was " Prince of the World to come, we are bound to " account the Sanctification of one Day in Seven " a Duty, which God's immutable Law doth ex-" act For Ever.

II. We may next take the Testimony and Sense of some of our best Writers, concerning the Day

and Time of the Sabbath.

Mr. Joseph Mede, in his Discourse concerning the Observation of the Sabbath and Lord's-day, writes thus: " In fixing the Jewish Sabbath there "were two Respects of Time. First, the Quo-" tum, one Day of seven, or the seventh Day af-" ter fix Days Labour. Secondly, the Designa-" tion, or pitching the seventh Day, upon the "Day we call Saturday. In both, the fab-" batical Observation was a Sign, and Profes-" fion that Jehovah and no other was the God of " Ifrael; the first, according to his Attribute of " Creator, the second of Deliverer of Israel out of cc Egypt. "By fanctifying the seventh Day, after they

" had laboured fix, they professed themselves "Worshipers of that only God, who created

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" 66 " the Heaven and the Earth, and having fpent

" fix Days in that great Work, rested the seventh

"Day; and therefore commanded them to ob-

" serve this suitable Distribution of their Time, as a Badge or Livery that their religious Ser-

"vice was appropriate to him alone. And this

" is that which the fourth Commandment in the

" Reason given from the Creation intendeth, and

" no more but this.

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"Their observing Saturday for their seventh Day was, that they might profess themselves Servants of Jehovah their God, in a Relation and Respect peculiar and proper to themselves;

"to wit, that they were the Servants of that God, which redeemed Israel out of the Land

" of Egypt, and out of the House of Bondage;

" and upon the Morning Watch of that very "Day which they kept for their Sabbath, he o-

" verwhelmed Pharaoh and all his Host in the

" Red-Sea, and faved Ifrael that Day out of the

" hand of the Egyptians.

"But whether this Day were in order the fe-"venth from the Creation or not, the Scripture "is filent: For where it is called in the Com-

" mandment the seventh Day, that is in Respect

of the fix Days of Labour, and not other-

wife.

"The Ghristian, as well as the Jew, after six "Days spent in his own Works, is to sanctify the "Seventh, that he may profess himself thereby a Servant of God, the Creator of Heaven and

"Earth as well as the Jew. For the Quotum therefore, the Jew and Christian agree; but in

" Designation of the Day they differ." Of this, in following Quotations. See also a Quotation in the foregoing Treatise, from the Author now cited,

P. 542 55.

Bishop Patrick, in his Commentary on the xxth of Exodus, writes to the same Effect. After a long Quotation out of Maimonides, to explain the two different Causes which are mentioned for the observing of the Jewish Sabbath, (the one noted in that xxth of Exodus, the other in the vth of Deuteronomy,) the Bishop gives his own Sense thus: "In the beginning of the World God" blessed the seventh Day, Gen. ii. 3. and now particularly chose this seventh Day for a Sab-" bath which he order'd them (the People of Ismeel) to observe, in Memory of their coming out of Egypt on that Day." And here he refers us to his Commentary on Chap. xvi. Ver. 5, 23.

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Dr. Wallis, Professor of Geometry at Oxford, in his Defence of the Christian Sabbath against Mr. Thomas Bampsield, has with great Clearness stated and justified that Explication of the fourth Commandment, which is insisted on in the 18, 19, and 20 Pages of the foregoing Treatise.

He tells us particularly, that whereas Mr. Bampfield observes, " and would lay great Weight " upon it, that it is (hashebigni) the seventh (the "Article Ha answering to our The) not a Seventh. "It is very true, and very proper so to be." But he largely shews, "That the Commandment fays nothing of the seventh Day of the Week " in a continued Succession from the Creation; " but the seventh Day after fix Days Labour." And then he further shews that the fixing of the Jews seventh Day, was by their computing from the first raining of Manna. " The seventh Day " from the first falling of the Manna about their cc Camp, was the beginning of a new Day for " their Sabbath." This he proves from the xvith of Exodus, where it is evident from the courie

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course of the History, "that the seventh Day be"fore that solemniz'd in the 23<sup>d</sup> Verse, was not
"observed as a Sabbath. The Camp baving re"moved on that Day, and the whole Host travelled
"a very wearisome Journey; and that Evening the
"Quails came up and covered the Camp, which
"they were not then forbidden to gather, and to
"prepare for Food.

"Whether this new feventh Day from the first raining of Manna, be the same with that from the Creation, he does not go about to determine: For this, he adds, no Man can tell, but

"there is fix to one odds, that it is not.

If any think this a Matter of such Importance, as to make the Authority of the fourth Commandment depend upon it, I wish they would seriously and carefully read Dr. Wallis's two Defences of the Christian Sabbath. The first in Answer to Mr. Bampfield's Enquiry whether the Fourth Commandment be repealed or altered. The second, a very large and full Rejoinder to Mr. Bampfield's Reply to the Doctor's former Discourse on the Sabbath. One printed in the Year 1692, the other in 1694.

III. Concerning the Morality of the Sabbath, consider what is said by Bishop Hopkins in his Works as they are collected in Folio, pag. 134, 135, 136. The Heads there insisted on are these.

" First, Certain it is that a convenient Portion of our Time is due unto the Service and Wor-

" ship of God, by natural and moral Right.

"Secondly, The Law of Nature doth not dictate to us any particular stated Days to be set apart for the Worship of God, one more than another." But before this it is observed, That were it propounded to our selves how

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" much we would have allowed for Gon, we " could not without Shame and Blushing have

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" fet apart less Time for his Service from whom

" we have all, than himself hath done. The or gur

"Thirdly, That the seventh Day should be " especially consecrated to the Service and Wor-" flip of God, is from his positive Will and.

When our Savious would receive .. brammod." " Fourthly, This Declaration of the Will of " God concerning the Sanctification of the Sab-

" bath, is attended with a moral Reason, and

"therefore is not meerly and barely positive, as

" ceremonial Laws are.

"So that I account (fays the Bishop) this Com-" mand to be Moral-Positive. Moral, in that it

requires a due Portion of our Time to be de-" dicated to the Worship and Service of GoD:

" Positive, in that it prescribes the seventh Day

" (not a third, fifth, or any other) for that espe-

" cial Service, which the Light and Law of Na-

" ture did not prefix; and mixed of both, in that

" it gives a Reason of this Prescription, which " hath somewhat of natural Equity in it, but yet

" fuch as could not have been discovered with-

" out special and divine Revelation.

a When there is a great Equity in the thing "itself, enough to sway a rational and honest

"Man to the doing of it, that is to be account-

" ed moral, and authorized by the Law of Na-Address Sahhath

" ture.

Another of our Writers on the Sabbath fays, "That the moral Law is taken, by fome, for the

" Light or Instinct of Nature which Adam had

" in the State of Innocency: But as no Man

" knoweth by Nature the Extent of Adam's

" Light in all Particulars, therefore God has giv-

" en us the Substance of the Law of Nature in e written

written Precepts, that is in the Ten Command-

" ments, which are called moral, as they are not

" Ceremonial, but perpetually and universally bind-

all, than himself hath deal all ot gni " "Thirdly, That the feventh Day Mould be

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IV. Testimonies concerning the Lord's-DAY, or the First Day Sabbath of a a o o do

When our Saviour would rectify the Jewilb Notions concerning the Sabbath, " he does not " refer them to the Institution of it at the ga-" thering of Manna in the Wilderness, but to "the time of God's creating Man, saying, the " Sabbath was made for Man, and not Man for " the Sabbath. That is, the Sabbath was not " first made, and then Man for the sake of the " Sabbath; but Man was first created, and then " the Sabbath was fanctified for his Happiness, " as the Bleffing of it fignifieth. God's bare ceaf-" ing from Work, did not make it for Man, but " his fanctifying it, or fetting that Time apart " from the common Use of Man for the Service " and Worship of his Creator; and then, we " have reason to believe, he did immediately re-" veal the Knowledge of it to Adam, that he " might answer the Design of God in sanctify-

" ing the feventh Day for him, and to make it a " Pattern for after Ages." Mr. Isaac Marlow's

Tract on the Sabbath, p. 4.

The fame Author largely shews, that to follow the Pattern of Adam's Sabbath, is to keep the first Day of the Week, or the first of our Time. " After Adam's first Sleep (says he) when the hu-" man Nature was compleatly formed, and Eve " was brought to him at the end of the fixth Cre-" ation Day, their Sabbath began with the Morn-" ing Day-light of the seventh Day, and the first

" Day after the finishing of the Creation; which " feeing

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" feeing the Order of Goo's Work and Rest, and "the original moral Duty of Man to offer "the first of Time to the Praise of his Creator. " before he served himself, did first begin the "Sabbath with the Day-light unto Man; we "have then Reason to conclude that such a Sub-" bath is most morally to be observed by the "World, as no other Sabbath can more univer-" fally fuit with the Course of Nature in the "Day of Goo's Reft confite for Part Paragrams" "Indeed Go p can by his Prerogative, dif-" pense with the Alteration of the Sabbath from " this first Pattern, as he did by a Law to Israel; " (making their Sabbath to Follow their fix " Days gathering Manna and other Labours, "tho' Adam's Sabbath was kept BEFORE his fix "Days of common Work;) as also by the Pre-" cept of Divorcement, God did dispense with " the moral Pattern in Adam and Eve, that none " should put away his Wife; but this we find "did not at all destroy the moral Use and bind-"ing Quality of the Pattern in our first Parents, " after CHRIST was come: And so it is with the " first Pattern of the Sabbath. "The Practice of CHRIST'S Disciples, and the " Primitive Churches, shews us, that the first of "Time from the work of purchasing our Re-"demption, bearing the Image of the first of "Adam's and Eve's Time from the Creation, is "most acceptable to Gon." In another Place he observes, "That with Respect to the chief

"moral End for which the Sabbath was first made for Man, it might have properly been called the Finst-Day Sabbath throughout all Generations: But God calls it in his Law the feventh Day, because that would better answer

the Memorial of his finishing the Work of "Creation,

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" Creation, and carry the Honour of that to the "Creator, rather than to the Creature. The "Sabbath was appointed in the Name of the fe-" venth Day, not to deny Adam's moral Obedi-" ence, in keeping his first Day Sabbath before his " fix working Days, to be a Pattern to his Poste-" rity; (or that Adam's first Sabbath could not " properly be called afterwards fuccessively Man's " first Day Sabbath;) but because the seventh "Day of God's Rest considered from thence as " after Man's fix working Days, did better fuit " the Memorial of God's Creation and Rest, and " the Typical Uses of the Sabbath-day. The Sabbath was expresly fanctified in these " Words [the] seventh Day, and not [a] seventh " Day, to preserve the constant Order of our fix " working Days together, and that Men should " not, at their own Pleasure, alter the Sabbath " to any different Day; as, to the first Day in " one Week, and to the second or any other in " the Weeks following, so as they keep one Day " in seven in every Week. Moreover, it is not " faid [a] but [the] seventh Day, to prevent " Men's Alteration of it to any other Day, than " what we have a Pattern for in the Holy Scrip-" tures: That as it was to bind Adam and others " after him, to the Observation of the leventh " Day successively after his first Day Sabbath " without Alteration; to it was to oblige Ifrael " to keep [the ] feventh Day Sabbath successive-" ly after their first Sabbath in the Wilderness " without a Change; and to tye us, fince the " Jewish seventh Day Sabbath is abrogated, and " we have a Pattern left us to observe the first "Day of the Week, that from thence we should " keep the Christian Sabbath successively on [the] " feventh Day without Alteration, as Adam, and e the

the Israelites did, after their first Days Sabbath.

Had the Command been express d [a] seventh

Day, it might have occasioned Doubts and

Confusions; but it being expressy commanded

in these Words [the seventh Day] it does signify the Mind of God so clearly, as both to

prevent such Consusions, and to preserve the

moral Law in the fourth Commandment unvio.

Intellegent of the Sabbath.

Bishop Hopkins writing for the Christian Sabbath, (in the 137th Page of his Works in Folio;) and having quoted the several Texts in the New Testament, commonly referr'd to on this Subject, sums up the Evidence for the Observation of the

first Day of the Week thus: omide I small

"Put the Force of those Scriptures together, and they will certainly amount to the full Proof of the Institution of this first Day Sabbath. It is called the Lord's-Day; it was appointed and used for the Assemblies of the Saints; for the preaching and hearing of the Word, and Administration of the Sacrament; for the Collection of Alms for the Relief of the Poor; and this not in one Church only, but in other Churches of the Saints, and that likewise not at some more solemn times only, but weekly. Put these together, and what more plain and evident Proof can a thing of this Nature admit of?

"If we add to this likewise the unanimous "Consent of the most holy and spiritual Men, "who are generally found to be the most strict "Observers of the Lord's-Day; and lastly, the great Blessing that God hath poured out upon his People, in the plentiful Effusion of his "Grace and Spirit on them, in his holy Ordinances

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" nances celebrated on this Day, it will be past "all Question and Debate that this is the Day "the LORD hath made for himself, and therefore

" let us be glad and rejoice therein. W sharl at

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That of St. PAULI Cor. xvi. 2. render'd in our Translation upon the first Day of the Week, Dr. Whitby in his Annotations has shewn from several Instances of the Use of the Greek Word, [Kata,] may be rendered Every first Day of the Week. "On this Day, he adds, that from the Beginning the Christians did assemble to perform their religious Worship, called by them the Lord's-day.

V. Some Testimonies concerning the religious Observation of the Sabbath, or keeping it Holy.

Dr. Gibson, the present Bishop of London, (in his Codex Juris Ecclesiastici Anglicani Vol. 1. p. 267.) writing on the Holy keeping of the Lord's-Day, gives us two very good Passages for the Explication of that Expression. The one is from Lyndwood, in his Gloss upon one of Peccham's Constitutions; he describes the Sense of the Word Sanctifices, or thou shalt keep it Holy, in this manner: "Thou shalt reverence this Day, and keep " it clean and pure from all Profanations and De-" filements in general, by ceasing from all things " vicious; more especiali, by abstaining from all " bodily Labours and worldly Affairs that would " prevent thy being at leifure to attend on GoD; " and most specially, in giving up thy self whol-" ly to the Contemplation of divine Things. From which, and from the many Laws that were made in the Times of our Saxon Ancestors against profaning the Lord's-day, we have another Paflage quoted from Bishop Stilling fleet, which is this; That the religious Observation of the Lord's-Day Day is no Novelty, started by some Sects and Parties among us; but it hath been the general Sense of the best part of the Christian World, and is particularly enforced upon us of the Church of England, not only by the Homilies, but the most antient ecclescatical Laws among us it is the most antient eccle-

Dr. FRANCIS WHITE Bishop of Ely in 1635, has collected several Passages from the antient Laws and Synods of this Kingdom, which however applied by him, yet both the Rest and the Religion of the Lord's-Day are provided for by them, according to the Design of the foregoing Treatife. About the Year 688 he refers to a Law of King Ina, which strictly prohibits all kind of Work or Labour \*. In the Year 876 he refers to a Law of Alfred, and to the Laws made by Edward his Son in Conjunction with Gutbrun the Dane, + by which all fervile Works, and all kinds of Merchandise and Traffick, are forbidden upon very se-By a Law of Edgar || in 966 it vere Penaltics. was required that the Celebration of the Lord's-Day should begin from the ninth Hour on the Saturday. In the Reign of King Canute, about the Year 1026, a new Law was made to the same Effect with that of Edgar's t, more particularly and strictly forbidding all Trade, and all meetings of People for secular Affairs, or Converses, requi

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<sup>\*</sup> Ex Ina Regis Occid. Saxon. II. c. 3.

<sup>+</sup> In Il. Alluredi magni, Regis Angl. Cum Guthurno Danorum Rege primo editis, & in feedere Edovardi Regis filii Alaredi magni cum edem Guthurno postea confirmatis, circa An. Dom. 912.——Qui in die solis mercaturam escrit, mercem insem foris facito. & C.

suram egerit, mercem ipsam foris facito, &c.
|| In ll. Eadgari Regis Cap. 5. Unumquemque diem solis quisque festum telebrato ab hora nona diei Saturni, &c.

<sup>‡</sup> In Canut. Il. Ecclesiast. cap. 14. & cap. 15. Mercaturam etiam in die solis, & secularem quamlibet Concionem, (nist magna provocante necessitate) strictius inhibemus; & a Venatione, mundanisque omnibus operibus unnsquisque sedulus acquiescat.

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worldly Employment died is tad ask ground soil

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In a Council held by Archbishop Cuthbart in 747 \*, the Lord's-Day is appointed to be intirely devoted to the Worship of Gon, and to religious Conversation, and to a right forming and directing the Life and Manners according to the Word of God, abstaining from all secular Business, Conventions, and Journeyings, I sint to showed bins

In the Canons of Egbert Archbishop of York about the Year 784 under the Title of the Sabbath, the Lord's-Day is required to be observed as a Spiritual Rest from all Labour and Sin: And because none are wholly free from Sin, therefore it should be our Endeavour as much as may be to spend this Day in amending what is amis, and in being Examples of that which is good, and promoting this Amendment and Piety continually, both in our selves, and those that are subject to us T.

The same Author has collected many Authorities also from Imperial Laws, and Episcopal Synods in other Nations, that speak the very same Things concerning the Observation of the Lord's-Day.

In one Council | the Priests are required to be

|| Concil. Paris. I. cap. 50. Imp. Ludov. & Lothar. Specialiter & humiliter a Sacerdotibus Imperialis Majestas flagitanda est, & ejus a Deo ordinata pote-

<sup>\*</sup> In Concilio Cloveshovie sub Cuthbarto Archi-Epis. Dorobernia, cap. 14. De honore & observatione Dominici diei. Quarto decimo fiatuitur loco : ne Dominicus dies legitima Veneratione a cunctis celebretur, sieque divino culcui dedicatus, omissique exterioribus negotiis ac secularium Conventibus, atque Itineri-

<sup>†</sup> Dominica dies prima dies seculi est, & dies Resurrectionis Christi, & dies Pentecostes, & ideo sancta ost, & nos ipsi debemus spiritualiter Sabbatum sabbatizantes, id est vacantes ab operibus servitutis, a peccatis, quia qui facit peccatum Servus est peccati. Sed quia non possumus esse sine peccatis, caveamus in quantum poslumus & emendemus quicquid peccaverimus, demus bona Exempla subditis nobis, & corrigamus nosmet ipses & Subditos, & exhortemur ad meliora jugiter.

very careful in keeping holy this Day; and they are more especially to crave the Assistance of the Civil and Imperial Authority, to bring Men to honour and reverence it, and to keep them in fear, that on so holy and venerable a Day, none might follow their Merchandize or their Rural Works, or any Pleadings at Law, or execute any Punishments on any Sort or Condition of Men. By other Councils \*, all Strifes, and secular Affairs are forbidden, and the Yoaking of Cattle for any Labour; and all are required both in Body and Mind to attend the Worship of God, and spend the Day in his Praises. By other Councils + Sowing, and Reaping, and all Sale of things are exprefly prohibited; and all forts of Carriages are forbidden, || upon Penalty of the Cattle being forfeited, that are thus employed. And by some other Councils, all manner of Reverence is required for the Lord's-Day +; and fervile Works are

stas, ob bonorem & reverentiam tanti diei, cunctis metum incutiat, ne in hac sancia & venerabili die, mercatus, & placita, & ruralia quæque opera, nec non & quassibet corrigationes ullius conditionis homines facere præsumant.

\*\*Concil. Matiscon, II. Can. 1. Nullus vestrum litium formitibus vacet, 60,

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<sup>\*</sup>Concil. Matiscon, II. Can. 1. Nullus vestrum litium fomitibus vacet, &c., Nemo sibi talem necessitatem exhibeat quæ jugum jumentorum cervicibus imponat, Estote omnes hymnis & laudibus Dei, animo corporibusque intenti. Antisiod. Concil. cap. 16. Non licet die dominico boves jungere, vel alia opera exercere. Turonens. Synod. sub Carolo Mag. cap. 40. Interdicatur me mercata, &t placita usquam siant in die dominica, qua oportet omnes Christianos a servili opere, in laude Dei, & gratiarum actione usque ad vesperam perseverare.

peram perseverare.

† Cabilonens. Concil. cap. 18. Instituimus ut' in ipso dominico die ruralia opera, i. e. arare, messes metere, exactus facere, vel quicquid ad ruris culturam pertinet, nullus penitus præsumat.

ram pertinet, nullus penitus præsumat.

[| Concil. Dingfeld. apud Aventin. Annal. lib. 3. Qui hoc die vehiculariam aut hujusmodi operam facerit, jumenta ejus publica sunto, si contumas pertenerit.

<sup>†</sup> Mogantiac. Concil. Inb Car. M. cap. 37. Omnes dies dominicos cum omni veneratione decrevimus observari, &c. Areletenf. Concil. Inb Car. M.

Et penitus a rurali & servili opere cesseur, hiis solummodo peracus que ad Dei cultum & servitium pertinere noscuntur. Rhemens. Synod. cap. 35. Ut diebus dominicis, secundum Domini preceptum, &c. Concil. Paris. 2. Lib. III. cap. 5. Salubriter admonemus cunctos sideles, ut diei dominico debitum honorem & reverentiam exhibeant; quoniam hujus dehonoratio, & a religione Christiana valde abhorret, & suis violatoribus animarum perniciem proculdubio generat.

to be wholly laid afide for this end, viz. that Menmay attend to the Worship of God, and the Exercises of Religion: And to resuse thus to honour and keep it, is declared a Contradiction to the Christian Religion, and exceeding hurtful to the Souls of Men.

Bishop TAYLOR (in his Life of CHRIST, the feventh Edition, Page 243.) speaking of the Lord's-Day, tho' he makes it to be of Ecclefiaftical Institution, yet writes for the religious Obfervation of it, according to the several Particulars abovementioned. His Words are these following: "He who keeps the Day most strictly, " most religiously, he keeps it best, and most " consonant to the Design of the Church, and " the Ends of Religion, and the Opportunity " of the present Leisure, and the Interests of his "Soul. The Acts of Religion proper for the " Day are Prayers, Preaching, Catechizing, Acts " of Charity, visiting sick Persons, Acts of Eu-" charift to GoD, of Hospitality to our poor " Neighbours, of Friendship and Civility to all, " reconciling Differences; and after the publick " Assemblies are dissolved, any Act of direct Re-" ligion to God, or of Ease to Servants, or " whatfoever else is Good in Manners, or in Piety, " or in Mercy.

Dr. Wotton, (in his Miscellaneous Discourses. Page 316.) corrects several Disorders by which Men are led to neglect the Religion of this Day.

"We observe, says he, the Lord's-Day, be"cause the Apostles, who had the Power of bind"ing and looking given them by Fests Christ Set

"ing and loofing given them by Jesus Christ, set that Day apart for the weekly Remembrance of the Resurrection of Jesus Christ, and of the

"Effusion of the Gifts of the Holy Ghost.

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Christians then, that do their worldly Bufine s. that go on Journies, and that often to chuse on that Day that they may lose no Time, that stay at home upon that Day on pretence of their " private Devotions, of reading good Books, or any thing of that Nature, where Necessity or Charity do not require their Stay, are certainby guilty of a very grievous Sin. And they " yet rather, who stay at home because they have a Difgust to their lawful Minister. "Under this Head too, frivolous Pretences of want of Health, (which never keep them at home when Business or Pleasure are in their way) or of taking Physick purely because they will not spare another Day, (for of the real "want of Health there is no Controverfy) which are too too often made use of as Excuses to hide their Laziness or Avarice, of which, in the Case before us, one can hardly tell which is the most inexcusable, will justly come in. Nor will this Obligation of attending upon the publick Worship of God, on the Lord's-Day, make the Christian Sabbath burthensome to any Man that believes, and hopes to receive any " Advantage from serving God in the Assemblies of his Saints.

Dr. Whithy writing of the publick Collections, and other Contributions for Charity, which were appointed on the Lord's-Day (in his Annotations on 1 Cor. xvi. 2.) observes as follows: "That this Day was appointed for the Worship of our Lord, and so more fit for the Performance of those Duties, which concerned his distressed Members. For, as the Works of Charity and Mercy are proper Duties of this Day, so doth the Day contain a special Motive in it to en-

" large their Charity, as being the

Day in which they were begotten 1 Pet. 1. 3.

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enarge " surrection of Christ Jesus from the Dead, to an "Inheritance incorruptible: and in which they

constantly participated of his precious Body

" and Blood, and therefore having received spi-" ritual Things so plentifully from Christ, must

" be more ready to impart somewhat of their

" Temporals to his needy Servants.

Not that this was always to be done publickly, by putting something every Lord's-Day into a common Box for Charity: Because as that Author observes, the Words [Enasos παρ ἐαυδῶ τιθέτω] let every one place it with himself, imports a laying by something weekly to be kept in their own Power, for good Uses, that when their Contributions were called for they might always be ready.

VI. I shall close these Testimonies with an Account of the Acts of Parliament now in force, for observing the Lord's-Day: Which may probably go much further with some Persons, than any other Authorities that have been or could be mentioned.

#### 1 Car. I. Cap. I.

FORASMUCH as there is nothing more acceptable to God than the true and sincere Worship of him according to his holy Will, and that the holy keeping of the Lord's-Day is a principal part of the true Service of God, which in very many Places of this Realm hath been, and now is profaned and neglected by disorderly Sort of People; it is therefore enacted, that there shall be no Meetings, Assemblies,

or Concourse of People on the Lord's-Day for any Sports and Pastimes what soever. People's wandering abroad in order thereto, is expresly prohibited. And in what soever Parish any Persons are found in any unlawful Sports or Exercises, the chief Officer or Officers in such Parishes, and all Justices of the Peace, are required to punish the same. An Impeachment any time within a Month after such Disorders, is allowed and encouraged by that Act.

#### north the Advance and Confent of the Lords Streeting water and the Car. I. Cap. It have made both

The Act of Parliament then fays, Forasmuch as the Lord's-Day, commonly called Sunday, is much broken and profaned by Carriers, &c. to the great Dishonour of God, and Reproach of Religion, therefore it is enacted, that no Carrier, Carman, Wainman, nor Drover of Cattel, shall travel on the Lord's-Day. upon pain of forfeiting twenty Shillings. No Butcher is allowed to kill or fell Meat, but is subject to a Penalty by this Statute. The Impeachment in these Cases may be any time within fix Months after the Transgression. And not only a Justice of Peace or head Officer of a Parish may punish such, but any one may sue for the Forfeiture, and a third Part thereof is appointed as a Reward to the Profecutor.

#### 13 Car. II. Cap. IX.

There is an Act that provides for the due Obfervation of the Lord's-Day at Sea.

#### 29 Car. II. Cap. VII.

A Law is made, that requires a putting in Execution all former Laws relating to the Observati-

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ation on of the Lord's-Day, and several new enacting Clauses are added. That Statute is entituled, An Ast for the better Observation of the Lord's-Day, commonly called Sunday; some Parts of which it may be proper to recite in the Words of the Ast itself.

For the better Observation and keeping holy the Lord's-day, commonly called Sunday. Be it enacted by the King's most excellent Majesty, by and with the Advice and Consent of the Lords Spiritual and Temporal and of the Commons in this present Parliament affembled, and by the Authority of the same. That all the Laws enacted and in force concerning the Observation of the Lord's-Day, and repairing to the Church thereon, be carefully put in Execution: And that all and every Person and Persons what soever, shall on every Lord's-Day apply themselves to the Observation of the same, by exercising themselves thereon in the Duties of Picty and true Religion, publickly and privately: And that no Tradesman, Artificer, Workman, Labourer, or other Person what soever, shall do or exercise any worldly Labour, Business, or Work of their ordinary Callings upon the Lord's-day, or any Part thereof, (Works of Necessity and Charity only excepted;) And that every Person being of the Age of fourteen Years or upwards, offending in the Premisses, shall, for every such Offence, forfeit the Sum of five Shillings; And that no Person or Persons what soever shall publickly cry, shew forth, or expose to Sale, any Wares, Merchandizes, Fruit, Herbs, Goods or Chattels what soever, upon the Lord's-Day, or any Part thereof, upon Pain that every Person so offending, shall forfeit the same Goods so cried, or shewed forth, or exposed to Sale.

II. It is further enacted, That no Drover, Horfe-Courser, Waggoner, Butcher, Higler, their or any of their Servants, shall travel or come into his or their Inn or Lodging upon the Lord's-Day, or any Part thereof, upon Pain that each and every such Offender shall forfeit twenty Shillings for every such Offence. And if any other Person travels on the Lord's-day, and then should be robbed, the Hundred is not to be answerable for it; whatever the Person loses he is barr'd from bringing any Action for such Robberies. No Waterman is to be employed to travel, except as licens'd for some extraordinary Occasion. No Person is allowed to ferve or execute, or cause to be served or executed, any Writ, Process, Warrant, Order, Judgment, or Device, except in Cases of Treason, Felony, or Breach of the Peace. The Impeachment of Offenders is to be within ten Days; and a third Part of the Forfeitures is appointed to the Prosecutor, and Damages are recoverable where Writs, Warrants, &c: are served.

When buman Laws thus concur to give Weight and Force to a Divine Law, it is a great Aggravation of Men's Sin and Rebellion to live in Difobedience, and must sooner or later bring upon them the sorer Punishment.

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Seasonable Advice, Not to for sake the Publick Assemblies for Religious Worship.

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## SERMON

PREACH'D at

BLACK-FRYARS,

TOA

## SOCIETY

OF

YOUNG MEN.

By S. WRIGHT.

The SECOND EDITION.

#### LONDON:

Printed for J. CLARKE and R. HETT, at the Bible and Crown in the Poultrey; and E. MATTHEWS, at the Bible in Paternoster-row. MDCCXXVI.

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BY S. W. R. L. G. H. C.

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### ADVERTISEMENT.

HE following Discourse was intended not only as an Excitement to the publick Worship of God in general; but as a short Directory in our joining with that Way, and those several Parts of Worship, now in use among the moderate Dissenters.

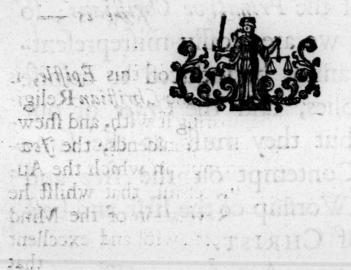
Those who have learn'd, of late, to speak against the Worship of the whole Body of the Dissenters, as confused and disorderly, may, from hence, if they please, observe their Conformity to the Worship of the Primitive Christians; so that, unless we are grossly misrepresented, Men cannot be induced to despise our Assemblies, and the Order of our Worship, but they must at the same time cast Contempt on the free and unadorned Worship of the first and best Churches of Christ.

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Whatever

#### ADVERTISEMENT.

Whatever some Men of more Heat than Light, or others of more Learning than Religion, may say of Us, and our Assemblies; I trust, we shall be found at last of that general Assembly and Church of the First-born, which are written in Heaven: And tho' we are excluded those stately Buildings for Divine Worship which others enjoy here on Earth; yet we are not without hope that when we shall appear before God, the Judge of all, we may have Mansions appointed us with the Spirits of just Men made perfect.



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### SERMON

PREACH'D to a

# SOCIETY

OF

### YOUNG MEN.

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HEB. X. 25. former Part.

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NE great Design of this Epistle, is to recommend the Christian Religion, by comparing it with, and shewing how far it transcends, the Jewish. An Attempt, in which the Author is so successful, that whilst he

makes the Old Testament Revelation of the Mind and Will of God the most awful and excellent

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that

that ever was in the World, before our Saviour; he yet makes the New Testament Dispensation every way out-shine and exceed it. The one was given by Angels and Servants; the other by the Son of God himself; who, in his divine Nature, is prov'd to be far above the Angels, fince they are all said to worship Him: And in his human Nature he is described, as far exalted above his Fellows; becoming a greater Prophet than Moles, a greater Priest than Aaron, and a greater King than Melchizedeck. So that from hence, the Jewish Religion appears to have been instituted only to subserve the Christian: All its Sacrifices and Institutions being so contrived, as to prefigure and prepare Men for a more spiritual and heavenly State of Things.

No wonder therefore the Apostle argues so warmly against Apostatizing to Judaism; and calls upon those who had embraced Christianity to adhere to their Profession, whatever Temptations or Sufferings might lie before them. Let any Man read the former part of this Epistle, with that Seriousness and Attention, so great and well contrived a Performance requires, and he must stand convinced that never was a surer, or better Foundation laid, than is there, for such Admonitions as these: Let us hold fast the Profession of our Faith without wavering. Let us consider one another to provoke unto Love, and to good Works; not for saking the af-

sembling of our selves together.

Now if the Christian Faith and Worship was not to be deserted on pretence of returning to the Jews; much less should any draw back to Atheism, and Immorality. It will also follow from hence, that to forsake a more spiritual Service, to fall in with a less perfect and ceremonious one, is a very great Evil. The Purity of the Gospel-

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Inflitutions, every Christian is, now, as much as ever, obliged to affert. And if Ceremonies of God's Appointment (as the Jewish were) must be renounced, one would think it should not be once called in question, whether the Inventions and Impositions of Men may be renounced or not; except the Authority of a Magistrate was proved equal to that of a Person certainly inspired and fent by God. Or that CHRIST had committed a Power to the ordinary and uninspired Governors of his Church, to make Canons, that should be as necessary and binding, as his own Laws, or those of his Apostles.

But as it might not be proper, so I persuade my self it is not needful I should pursue this Argument at present: I shall rather choose to enlarge

a little on the following general Heads.

I. Shew what kind of Assemblies these were, concerning which our Text speaks.

II. Confider what Obligations Christians were under to keep up such Assemblies.

III. Enquire on what Accounts fome are faid to forfake these Assemblies.

IV. Apply these things to our present Circumstances.

I. I would briefly explain the Nature of those Assemblies, concerning which, the Apostle is here And without doubt they were, ipeaking.

(1.) Religious Assemblies. Not called together with any political Views, to injure or alter the Kingdoms of this World; much less to serve any of those mean and base Purposes, which those, who were ignorant of them, and Enemies to them, maliciously suggested. But to worship their Gon, to commemorate their Redeemer, to obtain and

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exercise the Gifts and Graces of the Holy Spirit, and by the most solemn Vows and Exhortations to engage themselves, and one another, to every

good Work.

Of these Assemblies there were two sorts, such as were private, of their own arbitrary Appointment; and such as were publick, settled by Divine Authority. Their private Meetings were most frequent, according to antient Writers, on Wednesdays and Fridays: The one being the Day on which Christ was betrayed; the other the Day on which he was crucified. But we are more generally told, that on any Day, when their common Labour and Business was over, they would spend the Evening in Religious Exercises. And

the Scripture speaks of such as continued daily, with one accord in the

House to House; as also of exhorting one another daily. However this was, their more publick and stated Assemblies were gathered together but once a Week. These, a Divine Appointment had made it an indispensable Duty to join with, in the several Parts of religious Worship. And such Conscience did the first Christians generally make of appearing in these Assemblies, that nothing but Sickness, or absolute Necessity, could make them absent themselves.

Mr. Baxter, in his Paraphrase, has made the Words I am upon, take in both. For thus he explains them. "Not forsaking the more sull "Church-Assemblies, or any Christian Converse and Communion, by which you may excite and edify one another." Those of us who are us'd to meet on other Days, as well as Lord's-Days, will be very well pleas'd, I doubt not, to extend the Import of this Admonition so far,

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and to apply the exhorting one another, here spoken of, to such private Occasions. But we must take care at the same time, chiefly to fix our Thoughts on what is principally here intended \*, the more publick assembling ourselves with the Multitude of them that keep Holy Day. Taking this also along with us,

(2.) That they were orderly Assemblies, which the Apostle here speaks of, as well as religious. Not called together by such as were full of Pride and Self-conceit; or, in the Phrase of the Author just mention'd, such as had got a talkative Disease: But they were Assemblies under the Direction of Persons duly commission'd, and or-

dain'd publickly to exhort and teach Men.

The several parts of Worship, in which they statedly engaged, are expresly recorded in the Scripture; and from these we may infer their Order. Of these we have a Summary in Asts is. 42. They continued stedfastly in the Apostles Doctrine, and in Fellowship, and in breaking of Bread, and in Prayer. And St. Paul afterwards writing to the Church of Corinth, mentions also their having a Psalm, and 1 Cor. xiv. 20.

Interpretations of the Word of

God. And tho' at the same time there were some endowed with extraordinary Gifts; yet he requires that the Exercise of these should not break in upon the Order of their Worship, or confusedly interfere with one another; but strictly enjoins that all things be done decently, and in order.

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<sup>\*</sup> In Grzeo est tricompositum vocabulum intervação quod Erasmus transsulit Aggregationem.

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In the Ages immediately fucceeding that of the Apostles, we have very particular Accounts of their reading the Scriptures, Preaching, Praying, Singing, and Administration of the Sacraments in their publick Assemblies. If we would know what Scriptures were read, one of the first Apologists tells us, that they read the Writings, both of the Prophets and the Apostles. If we ask what Psalms were sung, we find sometimes those of David mention'd; and at other times Psalms composed for the Honour of CHRIST JESUS; of which Eusebius speaks in several Places of his History. If we enquire what Prayers they presented, we are told, that the Lord's Prayer was commonly used by them, but not always; and that other Prayers were offered up unto God, according to the Variety of Circumstances and Conditions: Tertullian argues for this very largely. If we ask what kind of Sermons were preach'd; we may judge from those that are extant, that they were generally no more than Expositions of the Scriptures that had been read; tho' at some times we meet also with Exhortations to some particular Grace or Virtue, and Dehortations from particular Vices.

And then also the Administration of the Sacraments were Parts of the publick Worship; Baptism being very frequently, and the Lord's Supper statedly celebrated in their weekly Assemblies. This is plainly intimated in the Asts of the Apostles, and more expresly declar'd by other Writers; \* Justin Martyr says, that after they had read, preach'd,

<sup>\*</sup> I had marked out several Passages in my late Course of Reading, which I should have transcribed, if the second Part of the Enquiry into the Constitution and Worship of the Primitive Church had not render'd it needless;

Publick Assemblies for Religious Worship. 11
preach'd, and prayed, then they proceeded to the Administration of the Eucharist. And these were the Assemblies, from which our Text forbids Men to withdraw themselves. To enforce which Prohibition,

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II. Let us consider what Obligations Christians were under to keep up such Assemblies; and we shall find those Obligations were too great to be set aside, if we carefully attend to such things as these.

(1.) They were obliged by the moral Law to consecrate a seventh part of their time to the Worship and Service of God. By Moral is meant that which is reasonable and fit to be done, altho' there was no express Command to enforce it; and which is therefore a never ceasing Law; equally binding to all Persons, throughout all Ages. In this Sense the Morality of the Fourth Commandment is evident. For as Reason tells us, if God is to be worshiped, there must be a set time for it; so also upon the very first mention of God's allowing fix Days for our own Work and Labour, it appears the most reasonable thing in the World, that the Seventh should be devoted to his more immediate Service. And tho' perhaps this had not been so easily found out, or so universally agreed upon, without Revelation; yet no fooner is it suggested to us, but it appears exceedingly fit and becoming; infomuch that the Reason of Mankind cannot but give into it in such a manner, as to make it a Law unto themselves. Thus much is evident from the very Arguings of

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which being lately reprinted, I presume will be more generally looked into; in which the most considerable Passages of antient Worship, that relate to any of the Particulars I have mentioned, are explained and laid together,

those that oppose the Morality of the Sabbath; since they do acknowledge it is fit to be made a Law by all civil Powers, whilst they say it has not the Force of a standing Law of God. What is allowed to be universally suitable to the Reason of Mankind, and for their Good, is a Law of God, whether it had been written or not \*.

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The Reason, it is true, which Moses alledges for the Jews observing a Sabbath, is not now the only or chief Reason of the Christians observing one. The Commemoration of the Work of our Redemption, has taken place of that of our Creation: And the Deliverance which the Fews obtain'd from their Slavery in Egypt, with that Rest to which they were brought in the Land of Canaan, were but typical of the Gospel Rest and Deliverance; and therefore it is fit that their Day should give way to ours: Namely, to that keeping of a Sabbath, which the Apostle tells the Hebrews remain'd unto the People of God. But altho' in the first Writing of the fourth Command, the Circumstance of time was affixed so as to become alterable; yet the Substance of the Command remains unalterable, and will continue in full Force to the end of the World.

Christ the Son of Man, is faid to be Lord of the Sabbath; as having not only a Power to dispense with the ceremonial Observance of it, according to some Customs of the Jews, but also to alter the time of it, provided there be still referved one Day in seven to be spent in publick and private Exercises of Devotion, and in the Service of God. So that as the Jews were oblig-

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<sup>\*</sup> Ratio profecta à rerum natura non hinc denique incipit Lex esse cum scripta est, sed tum cum orta. Orta autem simul est cum mente Divina. Cicero.

ed to affemble themselves together on their Sabbath, to join in the Observance of the Mosaic Institutions; Christians were also obliged to asfemble themselves in the like publick manner, on the Day Christ had chosen for them to join in the Observance of his Ordinances and Institutions. From hence I would therefore take occasithe Francobleming a

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(2.) This was further made a Duty by our Saviour's owning such Assemblies with his special Presence and Blessing. That very first Day of the Week in which CHRIST rose from the Dead, he join'd himself to the two Disciples that were walking to Emmaus, expounding to them the Scriptures, and at last making himself known in the breaking of Bread. This was, I say, on the Resurrection Day; for so these Disciples, in their speaking of the condemning and crucifying of CHRIST, immediately add, To Day is the third Day, fince thefe things were done.

Afterward he appear'd likewise, on this first Day of the Week, to his Apostles, when they were gather'd together; and bleffeth them with that fo lately bequeathed Bleffing, Peace be unto you. He now corrects their Errors, removes their Fears, thews them his Hands and his Feet, and makes himself known to them in such a manner, as fill'd

them with Joy and Wonder.

And in eight Days after this, when the Day of the Week on which he rose return'd again, he came, and flood in the midst of the Disciples, as before, and repeated his former Bleffing. He now also in a particular manner indulges the Weakness of Thomas, who till this time remain'd an Unbeliever, allowing him to put his Finger into the Print of the Nails, and to thrust his Hand into his Side; but withal, reproving him for his want of Faith,

prove more ready Believers.

From hence the Apostles might judge they had sufficient Encouragement; tho' besides this, I believe they had special Commandment and Direction, for the suture, to assemble on this Day. And when they afterwards acted and spoke under the extraordinary Inspiration of the holy Spirit, it became a settled Point with them, to meet together for the Performance of all Parts of the

Christian Worship, on the Day of Christ's Resurrection. Upon the

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First Day of the Week, when the Disciples came together to break Bread, Paul preached unto them. And hence in the 1 Revel. 10. this is call'd the Lord's-Day: A Name, that I wonder Christians don't much rather choose to make use of, than either the heathenish Name of Sunday, or the Jewish of Sabbath; especially since our own Laws and Acts of Parliament have also

given it that Name.

Acts xx. 7.

(3.) The keeping up of stated Assemblies for Religious Worship was necessary to maintain the Christian Faith, and to promote Christian Piety and Love. If there had been no fuch publick Assemblies, there had been no proper Way of conveying the Articles of the Christian Faith from one Generation to another; or however, no sufficient Security that they were kept pure and entire. The Scriptures would have been little regarded, and no doubt greatly corrupted, if they had lain only in private Hands. But when these facred Records were committed to Societies and Bodies of Men in the several Quarters of the World; when they were weekly read, and explain'd; and when by publick and solemn Actions the most important

important and confiderable things were visibly represented; here was enough both to maintain,

and propagate this Faith in the World.

Again, if there had been no Assemblies for Christians to meet together, as we have described, they had wanted many useful Instructions in Matters of practical Religion; they had wanted also those warm Exhortations and frequent Remembrancers, that were needful to excite and quicken them in the way of their Duty, and to

encourage their Perseverance.

It is also exceedingly apparent, that Love and Charity must die away, if it was not reinforced by fuch Affociations as these. The publick Ordinances and Institutions of the Gospel are such as constrain Men to Love one another. God and CHRIST's forgiving and manifesting such amazing Grace and Love to poor Sinners; and the Spirit of Love breathing upon and filling these Assemblies, must certainly overcome all their little Distaftes and Differences among themselves. The uniting Principles, Motives, and Prospects, which the Gospel lays before Men, could not be attended to in their worshiping together as they ought to be, without a great deal of Love and Charity. But upon Mens forfaking the publick Assemblies, they foon grow estranged; and foon after that prejudiced against one another: More ready to offend, but more hard to forgive; and fo they become continual Exercises and Enemies to each

All these things the Apostle plainly leads us to argue from in the Context. In the two Verses preceding that I am upon, he requires the believing Hebrews to hold fast the Profession of their Faith, and then to provoke one another to Love and to good Works; upon which he immediately

subjoins, not for saking the affembling of your selves together; which plainly implies, that in this way they might promife themselves Establishment in the Faith, and Improvement in Love and good Works; but if they deserted these Assemblies,

that it would be quite otherwise.

Thus in fact it has always been. Those who have most conscientiously adher'd to the publick Worship and Ordinances of the Gospel, have been most eminent for their Faith, Piety and Love; whilst those, who have turn'd away from the solemn Assemblies, have fallen into all manner of

Errors, Vices, and Mischiefs.

The observing or disregarding the fourth Commandment has a mighty Influence as to all the rest; and on this account may very well have a REMEMBER set before it; which no other Commandment has to introduce it. But now to prevent our breaking thro' all these Obligations, as some spoken of in our Text did, I shall for your Warning, He & 31 11-11-1

III. Enquire on what accounts Men might then be led to forfake the publick Assemblies. And as far as the same Evils may at any time endanger our standing, they ought to be carefully avoided

and watch'd against.

1. There seems to have been, amongst some of these first Christians, a prevailing Sloth and Security, thro' a Disregard to the Promises and Threatnings of the Gospel. The Day of Christ's coming to destroy those that disobeyed and despis'd him, and to reward those that faithfully worshiped and served him, was not enough thought on, or believed, to give Weight and Efficacy to his Ordinances and Institutions. Thus much is plainly intimated by the Apostle's calling upon them to stir

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qui al bus I View of which could not but provoke them to shake off a lazy Indifference, and base Sluggishness of Temper, and excite an Emulation of exceeding one another, in Love and good Works.

A Description of that Servant, who says in his unbelieving Heart, the Lord delays his Coming, you may read in the xxiv. Matth. latter End. He is one that falls into all manner of Disorders, both in the Conduct of himself, and the Usage of his Fellow-Servants.

When Men lose a serious Apprehension of the Certainty, Awfulness and Nearness of a suture Judgment, it is not to be expected, that either their Hopes or their Fears of any thing else, should be powerful enough to keep up a just and lasting

Attention to the Exercises of Religion.

(2.) Some might prove Deserters thro' spiritual Pride, thinking themselves so much better than others, that they were above the common and ordinary Ways of Worship. Calvin charges the Separation from the Assemblies here spoken of, to such a Conceit as this \*, without so much as mentioning any other Occasion of it. From hence arguing, that we have no Reason to be disturbed or perplexed about it, if Men should act thus in our Days, when even the Apostolical Age was not free from such unruly Persons †. Some I know there are, who pretend to take shelter un-

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<sup>\*</sup> Hinc apparet, primam schismatum omnium originem hanc suisse, quod superbi homines cum aliorum contemptu sibi plus justo placuerint. Comment. Tom. 7. Amst. p. 566.

<sup>†</sup> Sed quum audimus jam à seculo Apostolorum suisse persidos Homines qui ab Ecclesia discederent: minus percelli nos ac turbari convenit similibus Desessionum exemplis que hodie cernere licet. Ibid.

der this venerable Name, in all their Pretences to a greater Spirituality than others; and for their fakes I therefore thought it most proper to insist on his Judgment and Censure.

We find this Sin of spiritual Pride frequently caution'd against in Scripture, as a most danger-

ous and destructive Evil. St. Paul tells his Corinthians, that if any Man think he knoweth any thing, i. e. so

as to be proud and conceited of it, he knoweth nothing as he ought to know. And the Apostle James

requires that Men should be swift

Jam. i. 19, &c. to hear, flow to speak; that they should receive the Word with Meek-ness, and that they should always act

Jam. iv. 6. as those that consider; God resisteth the Proud, but giveth Grace to the

Humble. We have two Instances of this mighty Pretence to Spirituality, which it

from the Faith. And there is nothing which more plainly tends to the breaking in upon all the Order and Comfort of our religious Assemblies, or the breaking off from them,

than this Temper of Mind. But there is another kind of Pride, which some Men are more in danger of being led by, than this; to which, very likely, the Delinquency of such as are pointed at in our Text, may in a great measure be charged. For,

3. Worldly Pride, as well as Spiritual, might lead Men to for sake the Christian Assemblies. This, Estius thinks most fit to be insisted on: That some Persons of morose and disdainful Tempers, who were a little better provided for in the World than others, thought it a Disgrace to them to appear with a Company of mean and poor People,

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as the Christians generally then were \*. And he refers us to James ii. \$\foralle{\psi}\$. 2, 3. as an undoubted Proof of the Prevalency of this Evil amongst the first Christians.

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Too great a Distinction was made betwixt the Rich and Poor; and those who thought themfelves not enough distinguish'd, withdrew from them. Some might begin to think there was not outward Pomp and Grandeur enough in the plain Institutions and Worship of the Gospel, and so desert Christianity itself. Others might possibly think it their Duty to maintain their Profession, but yet grew shy of appearing with the common fort of Christians in so doing. And indeed so many are the Inconveniencies, or pretended Indecencies, that a worldly Pride will find out; so many Contentions about Preheminence, and so much censuring and despising others; and withal so much Impatience of every thing that is thought disagreeable; it is not to be expected such Persons should keep to, or be pleased with any Assemblies long; and least of all with those that are made up of the Poor, and despis'd.

4. It is probable that some forsook the Assemblies, thro' Fear of Trouble and Persecution: And as this whole Epistle was written to establish the lieving Hebrews in the Profession of Christianity, and to arm them against all Trials and Sufferings they might be call'd to go thro'; So the Passage I am now considering, may particularly refer to the approaching of such Evils and Calamities: In the Apprehension of which, instead of cowardly and distrustfully withdrawing from the Places of

<sup>\*</sup> Vel potius ad homines morosos & sastuosos, præsertim Divites, qui cum fratribus humilioris conditionis, ut erant inter Christianos multi, congregari dedignabantur, &c.

publick Worship; they should have been engage ed to frequent them the more, for the mutual Encouragement and Establishmenny of each other. Chrysoftom connecting the Words of our Text with those in the 22d Verse, [Let us draw near with a true Heart, ] cries out \*, Wo to the fearful Heart, and to the Hands that grow feeble and remiss. Those who on this Account forsake the asfembling of themselves together, plainly prove

that they are such as have no Root in themselves, and therefore when Tri-Matth. xiii. 21. bulation or Persecution ariseth, be0

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cause of the Word, they are offended. Thus our Saviour himself foretold it would be, and thus in

all Ages it has been to the second support

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Let us take care that none of these things move us; but the more we see and hear of their prevailing upon others, the more let us watch and pray against them; and if by this means we hold fast our Integrity till we die, happy are we. But I shall reserve the farther urging of this for the close of this Discourse; to which I shall now hasten, eace or confiner and a class on men spariance of refusers . Some see a

IV. By applying what has been faid to our own Conduct and Behaviour.

1. We should be engaged not to absent ourselves from the publick Assemblies on any of the stated and fet times, in which they are gather'd together. To come only now and then, as some extraordinary Occasion invites, or obliges Men; or to join in the publick Worship one part of the Day, whilst the other is neglected, is to be guilty Luc abligations to seep up and rate allembers

on the therefore them are us

<sup>\*</sup> Ovar yag nagoia deixi nai xeper waperpuhrais. Hom. xix. in Epist. ad at of thefe Helps and Advantages as counter of

of a very criminal, tho' not a total forfaking of the affembling ourselves together. Some thro' Idleness in the Morning lose the first part of the Lord's-Day; others by Entertainments or Company in the Afternoons, lose the latter part of it. And many thro' Profaneness, and an utter Contempt of the Gospel-Ordinances, lose the whole of it, spending the Day in journeying or visiting, in Business or Diversion. Some People think it a sufficient Reason to vindicate the frequent abfenting themselves from the Church, that they are not well enough to go thither; tho' they can go much farther, and thro' more Inconveniencies, to follow their Business or their Pleasures in the World. Sometimes the Badness of the Weather is a Pretence for staying at home; which at one Season of the Year is too hot, at another too cold, and frequently wet and flormy; and a Multitude of little trifling Excuses People frame to themselves, which, as they are hearken'd to, grow more and more powerful, till the Heart is quite estranged to the publick Worship, and to all Societies of Christians, and so at last they are quite abandoned and forfaken. Some choose to spend their time in the Fields, in converling with Brutes and inanimate Creatures there, instead of conversing with God, and with the Worshipers of him: Others choose to spend their time with Companions worse than Brutes, in the vilest Conversations, and the vilett of Actions.

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But I speak not this to accuse you; it is only designed to warn you of such Evils as these; that as they do not, so they may not prevail upon you. The Obligations to keep up Christian Assemblies, and to frequent them, are as great as ever; and I hope you are sensible, that you stand as much in need of these Helps and Advantages as others

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have

have done. Yea many of you, by a voluntary Subscription, have engaged your selves to be very diligent in attending the publick Worship, and very careful in observing the Lord's-day; so that a Constancy and Care, which shall render you exemplately, may justly be expected from you, in this Particular. Let not the Enmity which the present Age discovers to all regular Piety and Religion, be a Discouragement to you, but rather an Excitement to greater Stedsastness and Zeal in your

frequenting the House of God.

And fince there are some other Occasions of meeting together for religious Worship, besides those which are fix'd and determin'd by the Command of GoD; such, I mean, as the Practice of good People, and the Custom of all the Churches of God, as well as the Reason of the Things themselves, have made requisite to be observed; I would take this Opportunity to bespeak your serious Regard to these; namely, Days of publick Fasting and Humiliation, Days of Thanksgiving alfo, and Commemoration of extraordinary Mercies and Deliverances, together with our Preparation Days for facramental Solemnities. I wish that none would forfake or make light of these Opportunities of joining with the publick Assemblies.

2. From what has been said, we should be engag'd not to absent ourselves from any part of the Christian Worship. As we should not neglect any appointed Time of appearing before God, so we should not neglect any appointed Duty in his Service. You have heard that the Assemblies, the Apostle here requires Men not to forsake, were orderly Assemblies, and such should ours be: Such, I may venture to say, according to the foregoing Account, ours are.

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"We first address Almighty God for his Grace and Assistance; then we read his Word; and after that follows Prayer, Preaching, Singing,

" and the frequent Administration of the Sacra-"ments." All which must be attended to, if

we would have our Worship compleat. We should always endeavour to be present at the first beginning, and to bear a part to the Conclusion of the

publick Solemnities.

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When the first Petitions are offer'd up to God for his Grace and Affistance, at our Entrance upon Divine Service, we should be there ready to This has been thought so nejoin in with them. cessary a part of Worship, that you see many Perfons, especially those who have been instructed in the Way of the Church of England, let them come never fo late into a publick Assembly, first put up a secret and mental Prayer to God, to be with them, before they join with the Congregation: And tho' I cannot but think they act upon a Mistake, to imagine, that falling upon their Knees, or covering their Faces for a little time, whilst they offer up a short Prayer to God, in the middle of the publick Worship, will serve instead of doing this before, and at the beginning of the Service: And tho' it feems also very unfuitable to that Decency and Uniformity which is pretended, for one to be praying whilst others are finging, or reading, or otherwise employed; yet thus much I think may fairly be argued from this Custom, that we ought to look up to Gon for his Spirit and Bleffing, upon the Services before us, in order to our engaging in them: And therefore Persons ought to be present at that time, when the first Prayer is offer'd to this Effect.

Again, the reading of the Scriptures should be constantly attended to; for this, no doubt, is a

part of the publick Worship, however neglected by some Congregations amongst us. Asts xiii. 27. The Law and the Prophets were read in the Jewish Synagogues every Sabbath-day. Ard our Saviour himself first stood up to read, as the manner of the Jews was, and then Luke iy. 16. proceeded afterwards to preach to them. This was undoubtedly the Custom of the first Christians, and has generally been kept up to this Day. The Church established, besides their two Lessons, have a Number of Psalms, and their Portions of Scripture, which are call'd the Epiftles and Gospels, that are read in their Assemblies every LORD'S DAY: And I am fure we have no reason to diffent from them in the Use of the Bible, tho' we may refuse the Use of another Book, which is set upon a Level with this. It is true you may read your Bibles at home; Thanks be to God we can do fo, and I wish all Men did fo: But may you not also read many excellent Sermons that have been publish'd for this end? And at this rate of talking, may not every part of publick Worship be neglected? Because the Word of GoD is written for private Instruction, must it not therefore be read and preach'd for publick Instruction and Benefit? Have you the same Influences of the bleffed Spirit to depend upon in private that you have in publick Duties? Or do we find the Effetts equally powerful, and confiderable? Or may we not yet fay, that God loves the Gates of Zion more than all the Dwellings of Jacob? It is a Promise made to the Christian Assemblies, that whereever they are gathered together in a Redeemer's Name, he will be, in a more peculiar manner, in the midst of them, and will bless them.

Again, when the Assembly engages in longer and more continued Prayer to Gon, than at first;

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we should take care not only to worship with our Bodies, but to fee that our Hearts do not forfake the Place and Work, in which we feem to be present: And certainly whatever may serve to engage our Reverence and Attention, is here to be pleaded for. The very Postures of our Bodies, Kneeling or Standing, should not be neglected by us; nor should we forfake a Custom, which all pious and ferious Persons, by their own Practice, have recommended to us. It is a shame to see Persons sitting in our Religious Assemblies at the time of Prayer, excepting very great Weakness and Infirmity requires it: And it is yet a greater Indecency to fee Men bowing to one another, and passing unseasonable Compliments at a time when every Eye should be lift up to God, and every Thought fix'd upon him. The Primitive Chriflians are represented as looking up with greatest Intenseness toward Heaven all the time of their Prayers, or else as closing their Eyes, that they might not be diverted by any external Objects.

But whatever Care we have, not to forfake any pious and commendable Customs, as to our outward Behaviour, it is certain we ought especially to watch our Hearts and Spirits, that they do not withdraw from any Branch of Prayer. An inward Awe of the Divine Majesty should accompany our Invocations; great Humility and Contrition, our Confessions; a prevailing Faith and Earnestness, our Petitions, more especially when we pray for spiritual Mercies. In our Thanksgivings the tenderest Sense of Gratitude should possess our Souls: And the very Conclusion of Prayer should be pronounced with Composedness and Deliberation; not with a hurrying or cuftomary Inconfiderateness, but so as that we may be able to add an Understanding, and serious Amen.

Further: In our hearing Sermons, we should take care that our Minds be not abient thro' Sloth or Distractions. For my own part, I had rather at any time see a Person go out of an Assembly, than set bimself to sleep in it: Let him rather forsake it by his bodily Presence, than sit there to lose all Thought, and to discourage all about him. And as to those whose Hearts are running after their Covetousness and worldly Concerns, or after Pleasures and Trifles; what is this but to forsake the Assemblies, whilst they would be thought at-tending them? Where there is a religious Care and Concern to prepare Sermons, I am fure there ought to be a ferious and fuitable Attention to them. But I have no Reason to reproach this Assembly with the want of this: It is with Pleasure that I have heard Strangers take Notice of the serious Attention, and the decent Appearance of our stated Audience. And I wish the same might always be observ'd of those who come occasionally among us.

But to proceed; the finging of Psalms is a Branch of Worship, that should not be neglected by us. All who are capable of bearing a part, should list up their Voices with the Assembly, and not content themselves to sit silent, and as Hearers only in this Exercise. It was not intended meerly to engage Masters of Musick, but for every Christian to make Melody in his Heart to the Lord. And as in this Place of Worship it is thought most proper (undoubtedly it is most antient) to sing without reading the Psalm audibly, Line by Line; so none who are acquainted with our Custom, should satisfy themselves statedly to attend without providing Books, whereby they may be able

to join in this Service.

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There is one thing more, which it may be proper distinctly to mention to you, and that is, not to for sake the Affembly till the Benediction be pronounced, with which our stated Worship is thut up. Some there are, who neither come at first to beg God's Bleffing on them, nor stay at last to receive it; but rudely make their Advances in the middle of Divine Service, and as rudely rush away before the end of it; as if pronouncing the Bleffing was only a Form of Words for dismissing an Assembly, and not a part of their Worship. Whereas a true Spirit of Devotion would teach Men, timely to make their Approaches to God, and patiently to wait till they had receiv'd the Bleffing from him. That Apostolical Benediction, which is commonly used among us, The Grace of our Lord Jesus Christ, the Love of God the Father, and the Communion and Fellowship of the Holy Ghost be with you if seriously consider'd and understood, is certainly what every Person would defire to carry away with him.

Finally, As to the Administration of the Sacraments, I wish that Baptism was more frequently made a part of publick Worship, than at present it is: However, sometimes we have it administred in our Assembly; and I hope Persons will more and more be convinced of the Reasonableness and

Fitness of its being so.

I heartily wish also that those who think it their Duty to attend all the other Parts of Worship, might become sensible of the Evil, of turning away from the Lord's-Supper. I would be far from encouraging a rash and unprepar'd Approach to a sacramental Table; but I am verily persuaded, that this Ordinance has been set at too great a Distance from the other Institutions of the Gospel. And by this Means some have been tempted

to neglect it, till they have grown into a Contempt of it, or a Humour of disputing against it; and others, till they have been quite overpower'd with Fears and Terrors about it. The Apostle fays, Let a Man examine bimself, and so let bim eat, &c. And if this be feriously done according to the Word of God, and those excellent Helps, which none that are inclined to use them need to want, there can be no just Reason for Persons abfenting themselves from the Assemblies of Communicants, any more than from that of common Worshipers. And I must add, the forsaking of these is in a great measure forsaking the Christian Assemblies, as peculiarly call'd such: And that we cannot be faid compleatly to join with them, till we frequent this Ordinance, which must be done as oft as we have Opportunity, upon a Return of the stated times for its Celebration.

These Things I beg you would keep in mind, as a short Directory, to the behaving your selves right in the assembling your selves together.

3. Let what has been faid engage you to watch against every thing, that might occasion your forsaking the publick Worship. Beware of an Acediousness, and slothful Stupidity of Temper: Let the realizing Views of future and invisible things, keep you always wakeful and attentive. Beware of every Degree of spiritual Pride; that is, of thinking that you either excel in Grace or Sense, fo as to despise others, or to think yourselves qualified to alter and over-rule the publick Worship. Beware also of worldly Pride, that would at any time raise Contentions and Uneasinesses about your outward Accommodations, or civil Respect in the Place of Worship. And withal beware of a timorous and cowardly Spirit, that would make you shrink from your Duty, and either asham'd

or afraid of that Worship, in which you acknowledge you have had a great deal of the Presence of Gop. Let not the Fear of Man, and of some. Inconveniencies or Sufferings in the World, pre-

vail above your Fear of God.

Here let me also caution you against that Company and Conversation, that would discourage you in your stated Worship. Some there are who have made such a Proficiency in Atheism and Profaneness, that they take a Pride in speaking contemptibly of all religious Assemblies: These I know are an Abomination to you, and need nothing more to render them such, than their own manner of Conversation and Behaviour. Others there are who have learn'd to condemn all Assemblies but their own; and every way of Worship, but that of a particular Party. There are Persons of this make, of all Denominations among us, whose Tempers may possibly give you some Trouble and Concern, but whose Reasonings are never like to afford any Light or Satisfaction. alfo I would choose to avoid.

The Singularity which is affected on the one hand, and the Uniformity which is cried up on the other, are both Enemies to the scriptural and most profitable way of Worship. And I see no Bounds that can be fet to either, when they are carried to fuch a Degree, as the Superstitious on both fides, in their Zeal against one another, con-

tend for.

think vour I have sometimes thought the Case of the moderate Dissenters very hard, in having such Oppofers both ways to deal with: That whilst they are cast out by those who carry the Particulars of Decency and Order too far, they are affaulted by others, who are for throwing off every thing of that kind. For my own part, I fee no Reafen, I am sure (whatever Men may pretend) there is no Religion in running to Extreams either way. Those are the happy Persons, those the happy Societies that avoid both these; and among such I

would always defire to be found.

These Differences, however, are not such as will justify Men's withdrawing from all our religious Assemblies, as the manner of some is: They should hereby the rather be provok'd to enquire seriously which are most agreeable to the Word of God, and in which they may expect the most of his Presence, and according to the best Information and Light they can get, should statedly join with one or other of them.

To forfake All, is certainly to forfake a most plain and necessary Duty, as we have already prov'd.

And it is to forsake our own greatest Mercy, both with respect to Time and Eternity. Such is the real Pleasure and Satisfaction of Attendance in God's House at present, that David could say, A Day in thy Courts is better than a thousand. And when he is speaking of all his Wishes as summ'd

up in one, it is this: One thing have
Pfal. xxvii. 4. I defired of the Lord, that will I feek
after, that I may dwell in the House
of the Lord all the Days of my Life, to behold the
Beauty of the Lord, and to enquire in his Temple:
So that to forsake this, is to forsake the most
valuable and desirable Blessing in the whole

World.

Again: It is to forsake your chief Support in a Time of Danger and Trouble. There is nothing in the Universe a Man can look to with Hope or Comfort, in a Time of prevailing Calamities, if he is a Stranger to the Worship of God. But if we can say with the Psalmist in the Place just quoted, that to dwell in the House

of God, to contemplate his Perfections, and enquire after our own Duty, is the prevailing Defire of our Souls, we may then add as he does there, in the Time of Trouble he shall hide me in his Pavilion; in the Secret of his Tabernacle shall he hide me.

Further, to forsake the worshiping Assemblies, is to forsake that Company we shall hereaster wish to be gathered with. Let me die the Death of the Righteous, and let my latter End be like his, is the dying Language of some of the worst of Men. But alas! whilst Men forsake those Means that are necessary to prepare for such a Death, and for a blissful Eternity consequent thereupon, what Folly and Distraction is it to promise themselves this Happiness. To forsake the assembling of yourselves together, is, in all these respects, to

forfake your own greatest Mercy.

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Yea, what is more, it is to draw down Judgments on yourselves, and to aggravate your final Condemnation and Misery. Temporal Judgments do often follow upon this Departure from GoD; especially when despising his Worship, his Sabbaths, and folemn Assemblies, becomes a national Sin, we have Abundance of Reason to fear national Calamities. The Writings of the Prophets are full of Threatnings of this kind; and as this is one of the crying Sins of the present Age, we may well tremble for fear of God, and be afraid of his Judgments. Indeed we commonly see, that whilst Men forfake the Assemblies of them that worship God, they fall in with those that difhonour him, and many times are carried on to the most notorious Wickedness, and at last brought to a Prison and an ignominious Death.

But however it may fare with Men as to their present Circumstances, we are assured that such

as fin thus wilfully, in departing from God and his Assemblies, after they have received the Knowledge of the Truth, have a certain fearful looking for of future Judgment, and of fiery Indignation, which shall devour the Adversaries. Thus some of our best Expositors have interpreted the Words following our Text: And undoubtedly very dreadful must be the Misery and Condemnation of those, who after they have received the Communion of the Body and Blood of Christ, turn their Backs upon all that is facred; and by Infidelity, or ill Lives, trample under Foot the Son of God, and the Blood of the Covenant. Thus for Men to forfake the folemn Assemblies, is to bring upon themselves, sooner or later, the forest Punishment and Condemnation.

And fince he that once begins to desert does not know where he shall stop, we should from these Considerations be excited to the greatest

Watchfulness and Care over ourselves.

To close all; let our facred Time, for the future, be always esteem'd the most precious and valuable; and the Tabernacles of God, the most

amiable, and delightful Places to us.

From these we may promise our selves the greatest Happiness and Comfort, if our outward Peace and Tranquillity should be continued to us: And if Calamities should overtake us, yet still it will be our Interest to fly to the Horns of the Altar, and to take Refuge in the Sanctuary. And if Christ himself should come, or summon us to appear before him by Death; Blessed is that Servant whom his Lord, when he comes, shall find so doing: That is, not for saking the solemn Assemblies, as the manner of some is, but doubling our Diligence in attending upon these, the nearer we see such a Day approaching.

